

Anytime Fitness is pleased to announce it has signed a lease for space in the Providence Public Shopping Center. Working with True Line Construction Company, Anytime Fitness will develop a 4,500 sq. ft. exercise facility. With construction half complete, the club will be open for business within the next 21 days.

“Anytime Fitness offers a convenient and affordable exercise option for the area,” said Carey Shinneman, club owner. “We believe our 24-hour co-ed fitness club will be a great addition to the Mt. Juliet community.”

At Anytime Fitness, members can workout any time of the day or night, every day of the year. They use a security-access key to enter the club, even when it is not staffed. Once inside, members have full use of state-of-the-art strength training and cardiovascular equipment. Anytime Fitness also offers 24-hour tanning, personal showers and membership reciprocity among its clubs, which allows members to use any of the more than 2000+ clubs that are currently open in the United States and 12 other countries.

To reserve an Anytime Fitness membership or to find out more about the club, please call Carey Shinneman at 615-686-9427, or visit www.anytimefitness.com.

About Anytime Fitness

Open 24 hours a day, 365 days a year, Anytime Fitness prides itself on providing nearly 1,000,000 members with convenient and affordable fitness options in friendly, well-maintained facilities which feature top-quality exercise equipment. State-of-the-art security and surveillance systems ensure member safety at the clubs, even during unstaffed hours. Members enjoy the benefit of being able to use any of more than 2000+ Anytime Fitness clubs now open in all 50 states and 12 countries. AnytimeHealth.com, the fitness industry’s premier health and wellness website, provides members with a wealth of online support, including diet and fitness trackers, meal planners, instructional videos and much more. For more information about Anytime Fitness, or to find the club nearest you, visit www.anytimefitness.com.