Pedestrian struck by car near Providence

By Sarah Tate
Managing Editor
On Monday night, Oct. 14, an adult male was struck by a vehicle while crossing South Mt. Juliet Road in a crosswalk. Mt. Juliet Police said a motorist, who was turning from Providence Way to South Mt. Juliet Road, did not see the pedestrian and struck him. The pedestrian’s injuries were non-life threatening.

Candidate petitions now available

Staff Reports
Candidates for General Session Judge Division III, Wilson County Property Assessor, District 17 County Commissioner and 15th Judicial District Public Defender can now pick up petitions to run for offices. The qualifying deadline will be Thursday, Dec. 12, 2019, at noon.
Candidates are required to have a minimum of 25 voters that are eligible to vote for them sign their petition. The Wilson County Election Commission posts all petitions picked up and filed on their website, www.WilsonElections.com.

County Archives receives development grant

Staff Reports
State Senator Mark Pody (R-Lebanon) and Representatives Clark Boyd (R-Lebanon) and Susan Lynn (R-Mt. Juliet) were recently informed by Tennessee Secretary of State Tre Hargett that the Wilson County Archives will receive an Archives Development Grant. The $1,500 grant will be used for archival folders and archival boxes.

“The preservation of our county’s proud history is an important cause, and I am pleased to have supported efforts to secure these grant dollars,” added Rep. Lynn. “I want to research their heritage and look at the historical identity of our communities. The next generations won’t know the history of the county unless we preserve it. These funds help in that effort. I congratulate our local officials for their work on helping secure these funds and was happy to support their application.”

“Having the most current information available on our website allows our office to keep voters informed in a timely and convenient way,” said Phillip Warren, Administrator of Elections. Republican candidates that quality will be included on the March 3, 2020, County Republican Primary ballot. The winner of the Wilson County Republican primary will be on the Aug. 6, 2020, Wilson County General ballot along with any Independent candidates that qualify in December.

Three teens charged after robbery, pursuit

Staff Reports
On Oct. 9, Metro Nashville Central Precinct detectives charged three teenagers with aggravated robbery for an overnight armed hold-up of a 19-year-old Ft. Campbell soldier who was walking downtown at 1st Avenue North and Union Street.
Charged are Kamdyn Cates, 18 of Columbia, Tennessee; Diego Solis, 18, of Jemison, Alabama; and Equandrice Deans, 15, of Nashville.
The victim reported that a dark colored car stopped near him at 3:45 a.m. as he was walking, and that four individuals, three armed with pistols, one armed with a shotgun, confronted him. The victim, who himself was armed, went for his pistol, but was immediately warned that he would be killed if he did not put his hands up. The four persons removed him of his pistol, wallet and phone. Before fleeing, they removed the money from the wallet and threw the wallet and phone back at the victim.
Officers responded to the victim quickly and spotted the getaway car a short time later. They refused to stop for police, and led officers on a 25 minute pursuit on the interstate system around Nashville, including on I-65, I-40, and I-440. They ultimately exited at Old Hickory Boulevard in the Hermitage area.

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From ELECTION, PAGE 1

The March 3, 2020, election will be the Republican and Democratic Presidential Preference Primary along with the Wilson County Republican Primary. The Presidential Preference Primary is held every four years to allow the Tennessee Republican and Democratic Parties an election to choose the candidates and delegates for their national conventions. These conventions choose the candidates for U.S. President that will appear on the Nov. 3, 2020, General Election ballot. These elections are administered by the county election commissions with all expenses being reimbursed to the county by the State of Tennessee.

Primary elections are nominating elections held by the Republican and Democratic parties. Voters that participate in a Primary Election consider themselves Republicans or Democrats — there are no Independent canidates. To participate in the primary, voters are required to choose which party primary they intend to vote in. Tennessee is an “Open Primary” state and has two recognized parties — the Republican Party and the Democratic Party. Voters are not registered as a member of any party and may vote as their current party allegiance dictates.

State law states that, “A registered voter is entitled to vote in a primary election for offices for which the voter is qualified to vote at the polling place where the voter is registered if: 1. The voter is a bona fide member of and affiliated with the political party in whose primary the voter seeks to vote; or 2. At the time the voter seeks to vote, the voter declares allegiance to the political party in whose primary the voter seeks to vote and states that the voter intends to affiliate with that party.”

Voters who are not affiliated with one of these parties may choose to only vote in the general election held in August and November 2020. Winning the party's nomination in a Primary Election is the first step in the election process. It narrows the field in a political party to one individual for a specific office.

“The staff of the Wilson County Election Commission is always available to answer questions and provide information concerning the procedures and legal requirements involved with seeking elected office, voting, voter registration and any other election related issue in Wilson County,” said Tammy Smith, assistant administrator of elections. “We encourage you to visit our website www.WilsonElections.com or to contact our office.”

To learn more about elections, voting and how you can be involved with Wilson County elections contact the Wilson County Election Commission at 615-444-0216 or online at www.WilsonElections.com.

From ELECTION, PAGE 1

Local newspaper carrier position available in the Mt. Juliet area. Must have own car & furnish proof of insurance. Must be available to deliver papers every Wednesday during the day.
Call Phyllis at 754-6111

HELP WANTED

HEALING MEETINGS

Thursday through Sunday, October 17th - 20th, 2019
Thursday, Friday and Saturday: 7:00pm | Sunday: 10:30am
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Guest Minister: Pastor David & Tammy Gray

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Childhood immunizations • Accept most insurance plans

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COMMUNITY CALENDAR

OCT 18
Spaghetti Dinner Fundraiser
The Mt. Juliet Senior Activity Center is having its annual Spaghetti Lunch and Dinner on Friday, Oct. 18. Tickets are available at the Center, located at 2034 N. Mt. Juliet Road.

OCT 19
Princess Character Breakfast
The annual Future Business Leaders of America “Princess Character Breakfast” is Oct. 19 from 9-11 a.m. at Lebanon High School. Presale tickets are $5 per person until Oct. 10 and can be found online at the Lebanon High School website.

OCT 22
JECDB
The Board of Directors of the Joint Economic and Community Development Board of Wilson County will meet on Tuesday, Oct. 22, 2019, at 7:30 a.m. at 200 Aviation Way, Suite 207, Lebanon.

OCT 22
Free Fitness Class
Free Fitness Class every Tuesday evening 6:30 p.m. at Life Church in the youth center. Life Church is located at 3688 Highway 109, Lebanon, Tn. Right across the street from the Dollar General Store. This is a great class for all ages and all fitness levels. For more information you can email info@LifeChurchFamily.com

OCT 26
Chili Cook-Off
Mt. Juliet Police will host a community appreciation day, community chili cook-off, and open house from 11 a.m. to 2 p.m. Saturday, Oct. 26, at Police Headquarters on Charlie Daniels Parkway. For more details about participating in the chili cook-off, visit www.mjpdnews.org/chili-cookoff/.

OCT 29
Wilson County HiSET
The Wilson County Adult Education program will be giving the high school equivalency test (HiSET formerly known as GED) on Oct. 29, 2019, at the Tennessee College of Applied Technology in Lebanon. For more information on taking the test, call 615-443-8731.

NOV 4
Wilson County BOE
The Wilson County Board of Education will meet in a Regular Scheduled Board Meeting on Nov. 4, 2019, at 6 p.m. at the Wilson County BOE Administrative and Training Complex, 415 Harding Drive, Lebanon. The purpose of the meeting will be to discuss any matters legally brought before the Board.
and then got back onto I-40, this time traveling west in the eastbound lanes. Due to that very dangerous action, the active pursuit was discontinued.

The suspects crashed their car on I-40 and fled on foot near the Davidson/Wilson County line. MNPD officers, a police helicopter and canine teams searched a wooded area and the surrounding neighborhood for the robbers, with the assistance of the Wilson County Sheriff’s Office and Mt. Juliet Police. Cates, Solis and Deans were apprehended during the search; Solis just before 8 a.m., the other two just before 10 a.m. Central Precinct detectives are working to confirm the identities of at least one, possibly two, other persons who fled from the car but were not located.

From PURSUIT, PAGE 1

Friendship Christian to celebrate homecoming against MJCA

On Friday, Oct. 18, 2019, Friendship Christian School will celebrate its homecoming. The homecoming court will be presented at 6:30 p.m. followed by the game against Mt. Juliet Christian School at 7 p.m.

The homecoming parade will take place on Friday morning and will depart at 9 a.m. from the First Baptist Church parking lot located East Main Street in Lebanon. The parade will travel west through the town square and continue down West Main Street two miles to Hartmann Drive and continue to Coles Ferry Pike until back on the Friendship campus.

The 2019 Homecoming Queen is Gracie Mae Farris, daughter of Ray and Christy Farris of Lebanon. The senior attendant is Amber Logan Agee, daughter of Eddie and Amy Agee of Lebanon. The junior attendant is Paige Huckaby, daughter of Jake and Kristi Huckaby of Lebanon. The sophomore attendant is Aisy Dixner, daughter of Gary and Susan Dixner of Lebanon. The freshman attendant is Taylor Caroline Dean, daughter of Jennifer Dean and Charley Dean of Lebanon. Assisting with the ceremony will be Hannah Elmore, daughter of Aaron and Kristy Elmore of Lebanon and Wyatt Johnson, son of Ben and Becky Johnson of Lebanon.

Pictured left to right: Aisy Dixner, Paige Huckaby, Gracie Farris, Amber Agee, Taylor Dean. | Photo submitted

Staff Reports

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Wildcats fall to 4-4 after loss against LaVergne

By Jake Hood
The Chronicle Contributor

Wilson Central drops to 4-4 after a 14-12 loss to LaVergne High School on Friday.

Following a 30-9 loss to Hendersonville, the Wildcats looked to snap a three-game losing streak against a Wolverine team that was much improved from 2018. LaVergne was rolling after a 42-14 victory over John Overton, who the Wildcats narrowly defeated earlier in the year. The game was set to be the best game between the two teams in recent history, and Wilson Central owned the match-up record 9-3.

The first quarter kept both teams silent, as neither team put together a scoring drive. The first few possessions for both teams resulted in punts.

About halfway through the first quarter, Justin Smith snatched LaVergne quarterback LaVandrea Webb’s pass out of the air. This led the Wolverines back on their own 5-yard line. LaVergne managed to spark this drive with a 39-yard rush-into-the-goal-line on the first two plays of the drive. A few snaps after, Webb found Kristen Lainez for a 41-yard connection through the air, connecting with Xavier Ali for a 29-yard touchdown reception. The snap on the PAT was botched due to the drenched weather conditions, and Lewis was forced to scramble at an attempt for a 2-point conversion. The attempt proved unsuccessful, and the Wildcats trailed 7-6 going into halftime.

Rain continued to pour during halftime, and both offenses had to take this into consideration. LaVergne took their first drive in the second half and ran almost half of the third quarter off the clock. Samuel punted the ball to the Wildcat 44, and Wilson Central searched for a comeback. The Wildcats ended up giving the ball back to the Wolverines, and they took off on another lengthy drive. It was an all-out rushing attack from Banner and Tavarious Battle that lasted nearly five minutes. Finally, Battle shoveled his way into the end zone from 3 yards out. LaVergne extended their lead to 14-6 moving into the fourth quarter.

The fourth quarter gave the Wildcats 12 minutes for a comeback. Wilson Central’s offense took no time to start scoring, as they did on their opening drive in the fourth. Ali was also responsible for this touchdown, diving across the goal line from 5 yards away. The Wildcats attempted to convert the 2-point attempt, but they were unsuccessful, and LaVergne boasted a 14-12 lead. Lewis marched his offense down to the LaVergne 38-yard line, but he was unable to convert on 4th-and-two. This gave LaVergne the ball with just over a minute to go, and the Wolverines pulled out a 14-12 victory.


The Wildcats drop to 4-4 after loss against LaVergne. Their next game will be senior night against Lebanon on Friday, Oct. 25. Kickoff is scheduled for 7 p.m., and the game will be broadcast by WCSN.

Eric Gooch interception for LaVergne. Fortunately for the Wildcats, this drive ended in a Dagem Samuel punt. Lewis needed to find the scoreboard before the half, and that he did. Hayden Schults headed up the ground attack that marched the Wildcats into the red zone. Five seconds before the half, Lewis connected with Xavier Ali for a 29-yard touchdown reception. The snap on the PAT was botched due to the drenched weather conditions, and Lewis was forced to scramble at an attempt for a 2-point conversion. The attempt proved unsuccessful, and the Wildcats trailed 7-6 going into halftime.

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Embracing the mystery of God

What are you going to be when you grow up?
I used to hear this question through the lens of “you can be anything you want!” which I think is a beautiful thing for little kids to hear because it sparks creativity and dreaming. I dreamed of becoming many things — like a professional soccer player or a jazz musician.

What are you going to be when you grow up? is a great question, but I think there’s a better question we could be asking one another — no matter our age.

What are you becoming? It’s an active question and assumes that no matter how old we are or how much we have accomplished, we are all becoming SOMETHING!

Jesus had yet another way of asking “What do you want to be when you grow up?” He put out this question: “James and John, the sons of Zebedee, came to him. ‘Teacher,’ they said, ‘we want you to do for us whatever we ask.’”

36 ‘What do you want me to do for you?’ he asked.” Mark 10.35-36

Jesus had just announced to his disciples that he was going to be taken into custody, beaten and killed — and that after three days he would raise from the dead defeating death for everyone forever. And these two guys who were really close to Jesus said, “Do something for us...”

See F & M, PAGE 10
Do you believe the world could be a better place if everyone performed more random acts of kindness for others? I truly believe so. Think about it, when was the last time someone did something nice for you when you least expected it?

Random acts of kindness can come in many forms. You can hold the door open for someone, buy someone lunch, help a senior citizen with yard maintenance, say have a good day to someone or just do anything nice. As we all know, the last thing most people expect to happen for no reason at all is something nice. Not that it doesn’t happen every once and a while but probably not as often as we would like.

Simply saying have a great day can have a major effect on most people on a given day. Now just imagine doing something way outside the box like telling the restaurant manager how good your waitress or waiter was or sending a nice complimentary letter to the company headquarters. There are many opportunities for participating in random acts of kindness. You can visit your local nursing home, a sick friend in the hospital, the children’s hospital or just do anything nice for no reason.

Trust me, it’s addictive. Once you’ve done it once, you can’t stop and that’s the purpose. If we can convince more people to perform random acts of kindness, then the world and communities we live in can and will be a better place to live. Niceness comes in many forms, some expected and some unexpected. Either way, kindness is kindness and most of us appreciate and enjoy kindness. As a matter of fact, I can’t remember the last time I heard someone say, please quit being so kind and nice to me, it’s starting to get on my nerves; it just doesn’t happen.

Anyway, random acts of kindness can be given and received by anyone, especially family and friends. But to those who aren’t expecting it, it’s an awesome feeling and sight to behold. Random acts of kindness work both ways for the giver, it brings joy and happiness for the receiver and joy, happiness and fulfillment for the giver.

In closing, it never hurts to be kind, courteous, respectful, nice and sincere. We could all benefit from random acts of kindness.
to thank Secretary Hargett for investing in our community, and I know this funding will provide important resources that will greatly benefit the Wilson County Archives.”

“I appreciate Secretary Hargett and his staff for their investment in our community and our local archives,” said Rep. Boyd. “This funding will help us better protect our important historical information and improve access to it so our citizens will always be able to learn about the important events that shaped the rich narrative of Wilson County.”

**October recognized as National Substance Abuse Prevention Month**

Staff Reports

Volunteer Behavioral Health is joining with other communities nationwide to recognize October as National Substance Abuse Prevention Month.

Nathan Miller of Cumberland Mental Health, an agency of the nonprofit Volunteer Behavioral Health, said information gathered from a number of federal and state agencies including the Centers for Disease Control and Prevention notes that a significant portion of the nation’s population is challenged by substance dependence or abuse. He said the issues affecting the local community are no different than what is being realized nationwide.

The data published by the CDC, while national in its scope, is gathered from a collection of both urban areas and small communities. The CDC data addresses all age groups and all relative demographics.

In recent years Tennessee has been ranked as high as third in the country for prescription drug abuse across all demographics. About 38,000 teenagers in Tennessee, approximately 7.4% of the teen population, have reported using illicit drugs. In Tennessee, 80% of the crimes committed have some relationship to drug use and 50% of the juveniles in state custody are there because of parental drug use.

“Substance abuse and addiction destroys families, is a leading cause of crime, reduces productivity in the workplace, and most importantly is claiming hundreds of lives each year in our state,” said Miller.

October was first declared National Substance Abuse Prevention Month in 2011 with the purpose being to call attention to the number of people being impacted by substance abuse nationwide and to remember those who lost individual battles with addiction and substance abuse and as a result forfeited their lives.

As recently as 2016, an estimated 48.5 million persons in the U.S., or almost 20% of the population of those 12 years old and older, reported using illicit drugs or the misuse of prescription drugs during the previous 12 months.

This data included the use of marijuana, cocaine, heroin, hallucinogens, inhalants, and methamphetamine and the misuse of prescription drugs.

It is estimated by authorities that by 2020 mental health and substance use disorders will surpass all physical diseases as a major cause of disability worldwide.

Historical data, Miller noted, which tracks individuals in treatment over extended periods, holds that most people who get into and remain in treatment stop using drugs, decrease criminal activity if relevant, and improve occupational, social, and psychological functioning.

Treatment and support for those struggling with mental health or substance abuse issues are available through services provided by Volunteer Behavioral Health Care, a nonprofit agency serving some 21 counties in Middle and Southeast Tennessee and the Upper Cumberland Region including this local county.

For more information about recovery, substance abuse, mental illness or related topics call Volunteer Behavioral Health at 1-877-567-6051 or visit www.vbhs.org.

**Burroughs named Physician of the Quarter at TriStar Summit**

Jory Burroughs, MD, OB Hospitalist, was recently named Physician of the Quarter (Q3 of 2019) by Summit’s Employee Advisory Group (EAG).

Dr. Burroughs was recognized for the care he demonstrates to patients and staff along with his commitment to improving the quality of care to those in the community.

“We are extremely proud to recognize Dr. Burroughs for his exemplary work on behalf of our patients and our community. Dr. Burroughs is highly regarded by our nursing and fellow medical staff members and this award is representative of that honor,” said Brian Marger, CEO, TriStar Summit Medical Center. “TriStar Summit is committed to delivering quality patient care and we are proud and fortunate to have him as a member of our medical staff.

“Dr. Burroughs is a member of TriStar Summit’s OB (Obstetrics Emergency Room) medical team which provides 24-hour OB emergency care. TriStar Summit Medical Center began offering OBER services to patients in 2018. The Physician of the Quarter honor is given to those physicians who exemplify the hospital’s mission statement, known as I SERVE: Integrity, Selfless, Exceptional quality, Respect, Visionary, Excellence. Criteria for nomination include:

• Shows concern and is an active listener
• Shows sensitivity to staff, patients and families
• Open to views and opinions of others
• Respectful and honest in interactions with others

At the end of the year, TriStar Summit employees will name a Physician of the Year, choosing from the four Physician of the Quarter recipients.

For more information about TriStar Summit or a free physician referral, please call TriStar MedLine at (615) 342-1919 or visit TriStarSummit.com.
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DID YOU KNOW THAT WEDNESDAY, OCTOBER 16TH IS “WORLD SPINE DAY”?!

We want to help you keep an healthy spine.

FRIENDS AND FAMILY SPECIAL - Bring a friend or family member and both will receive a free adjustment.

You’re back, Baby.

American Celebration Tour coming to Lebanon

By Sarah Tate
Managing Editor

A new event will bring a dose of music and patriotism to the Wilson County Fairgrounds on Saturday, Oct. 26.

Starting Saturday at 2 p.m., the American Celebration Tour will feature a variety of musical genres such as gospel, country, rock, blues and more.

The event will include performances by Kenny Lee, Irlene Mandrell, Adam and Amy Pope, and more, as well as feature many speakers, such as David Sumrall, Mark Sutherland, and Matt Couch, among others.

Attendees also have the opportunity to browse exhibits from local vendors and food trucks.

General admission is $47, and attendees are encouraged to bring chairs or blankets to use during the event. VIP tickets also will be available for $97 and include upfront seating, a meet and greet be...
OBITUARIES

BURTON, Mark Edmund
Mark Edmund “Eddie” Burton, age 58 of Mt. Juliet, passed away Oct. 9, 2019. A Celebration of Life was held Oct. 12 at Sellars Funeral Home in Mt. Juliet. Eddie was preceded in death by parents, Leslie L. and Bernice Nokes Burton, Sr.; brother, John T. Burton. He is survived by loving wife of 26 years, Toni Tubb Burton; brother, Leslie L. (Shirley) Burton; father and mother-in-law, Jack and Alice Tubb; sisters-in-law, Tammy (Mike) Hobbs, Jackie (Jerry) Harris, and Vickie Knight; nieces and nephews, Lesley (Beth) Hester, Beth Cobb, Jenny Hester, Sarah Cobb, Robin Hester, Heather (Darrell) Tidwell, Clint Harris, and Connor Harris; cousin, Sam Burton; and special pet, Prissy Girl; several great-nieces and nephews and numerous other family members also survive.


CLYMER, Lawrence Franklin
Lawrence Franklin Clymer, age 79 of Mt. Juliet, died Oct. 13, 2019. Mr. Clymer was the son of the late Ferris and Effie Arlene Parris Clymer. He was also preceded in death by his siblings, Phillip Ray Clymer and Mary Jean Rugland.

He is survived by: Wife of 58 years – Norma Collins Clymer; Sons – Larry (Julie Larson) Clymer and Troy (Lisa) Clymer; Sister – Helen Hibdon; Grandchildren – Sean (Lisbeth) Clymer and Brandon Lee Clymer; Great-grandchildren – Sean (Lisbeth) Clymer and Brandon Lee Clymer; devout Christian; member of the Mt. Juliet Church of Christ; former member of the Mt. Juliet Police Department; a United States Army veteran; a postmaster in the City of Mt. Juliet; and a lifetime member of the Republican party. He was preceded in death by his loving wife of 60 years, Virginia Lee; and parents, Walter and Carrie Bullard Lee.


CURRY, Gloria Jean
Gloria Jean Curry, age 66 of Lebanon, went to be with her Lord and Savior Jesus Christ on Oct. 11, 2019, while surrounded by her loving family.

She was joyfully met at Heaven’s Gate by her grandmother Irene Taylor, her mother Marilyn Taylor, her fathers Bill Preston and Gerald Hodge, and many aunts and uncles. Her siblings include Lisa Swanson, Robert Preston, Russ Preston, Diane Wurzburg-Gary (Gene Bingham) and Debra (Randy) Houziencik. Gloria was blessed to meet and marry her best friend and soulmate, Robert Curry, where her family circle grew to include her new-in-laws, Kenny Curry, Sue (Kenny) Jackson, and Ronnie (Renee) Curry. The couple welcomed their children Christina Lynn and Michael (Tammy) Curry into this world.

Funeral services will be held 10 a.m. Sunday, Oct. 20, at Bond Memorial Chapel, and interment will follow at Mt. Juliet Memorial Gardens. A Celebration of Life service will be held in Galesburg, Illinois at a later date.

Flowers accepted or memorials may be made to the Wounded Warrior Project, PO Box 758516, Topeka, KS 66675-8516. Visitations will be 1-3 p.m. Monday at Bond Memorial Chapel. Flowers accepted or memorials may be made to the Mt. Juliet Memorial Gardens. Flowers accepted or memorials may be made to the Mt. Juliet Memorial Gardens. The family will receive friends on Thursday from 11 a.m. until service time.

He is survived by: Daughters – Susan (Billy) Clark and Carol Humphrey; Siblings – Dorothy Kyllo, Roberta Ryder, Dean Hester and Charlene Boyd; Grandchildren – Angéla Kaye McHone, Stephanie Clark and Stacy Clark; Great-granddaughter – Kahlan McHone.

Funeral services will be conducted 3 p.m. Monday, Oct. 21 at Bond Memorial Chapel. Flowers accepted or memorials may be made to the Mt. Juliet Memorial Gardens. The family will receive friends on Thursday from 11 a.m. until service time.

HESTER, Clarence Everett “Corky”
Clarence Everett “Corky” Hester, age 83 of Lebanon, died Sept. 26, 2019. Mr. Hester was the son of the late Archie and Iva May Young Hester. He was also preceded in death by his wife of 88 years, Sally Anne White Hester; brother, David Hester, and sister, Ellen Lucille Hester.

He is survived by: Daughters – Susan (Billy) Clark and Carol Humphrey; Siblings – Dorothy Kyllo, Roberta Ryder, Dean Hester and Charlene Boyd; Grandchildren – Angéla Kaye McHone, Stephanie Clark and Stacy Clark; Great-granddaughter – Kahlan McHone.

Funeral services will be conducted 3 p.m. Monday, Oct. 21 at Bond Memorial Chapel. Flowers accepted or memorials may be made to the Mt. Juliet Memorial Gardens. The family will receive friends on Thursday from 11 a.m. until service time.

He is survived by sons, James Alan (Kate) Lee and Brian Scott (Paige) Lee; grandchildren, Jacqueline Danielle Lee, Tristan Scott Lee, and Mallory Reese Lee; brother, Jack (Jerley) Lee; and sister-in-law, Emogene King. He was preceded in death by wife of 60 years, Virginia Lee; and parents, Walter and Carrie Bullard Lee.

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He is survived by sons, James Alan (Kate) Lee and Brian Scott (Paige) Lee; grandchildren, Jacqueline Danielle Lee, Tristan Scott Lee, and Mallory Reese Lee; brother, Jack (Jerley) Lee; and sister-in-law, Emogene King. He was preceded in death by wife of 60 years, Virginia Lee; and parents, Walter and Carrie Bullard Lee.


LEWIS, Paul T.
Paul Lewis passed away Oct. 13, 2019, at age 90. The family will be receiving friends at Sellars Funeral Home, Lebanon, on Friday, Oct. 18, from 9 a.m. until the private Memorial Service at 10 a.m.

Mr. Lewis is survived by sons Jeff Thomas (Joy) Lewis and Perry (Jennifer) Lewis; grandchildren Jeremy (Becca) Lewis, Justin (Erica) Lewis, Jonathan Lewis, Chandler Lewis, and Meghan (Paul) Pearson; and great-grandchildren Camden, Callie, and Conleigh. He is preceded in death by his loving wife of 66 years and faithful partner in ministry, Barbara June Lewis, and parents Leslie and Johnnie Black Lewis. In lieu of flowers, please make Memorial Donations to the camp started by Pastor and Mrs. Lewis, wwwAUTHORIZEDLink, in the Get Involved section. Sellars Funeral Home, Lebanon TN, 615.444.9393.

ROBINSON, Thelma Marie McCord
Thelma Marie McCord Robinson, entered her Heavenly home on Oct. 8, 2019 at the age of 79. She was preceded in death parents, Arthur Lee and Dorothy Smith McCord; husband, James Haggard "Jimmy" Robinson; and brother, Paul McCord. She is survived by children, Pam (Bob) Bolen, Jeff (Brenda) Robinson, and Jennifer (Jimmy) Davis; grandchildren, Randi Frost, Chad Robinson, Marissa Bolen, Zachary Bolen, Blaine Robinson, and Nicholas Davis; great-grandchildren, Bentley, Makenzie, and Kenzie; sister, Patricia (Robert) Bullington; and brothers-in-law, Joe (Mary Ann) Robinson and Ricky (Sharon) Robinson.

A Celebration of Life was held Oct. 15 at Sellars Funeral Home in Mt. Juliet, and interment followed at Hermitage Memorial Gardens. In lieu of flowers, the family respectfully requests memorial donations be addressed to the Alzheimer’s Association (225 N. Michigan Ave., Fl. 17, Chicago, IL 60601).


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What is Iridology?
Iridology is an alternative medicine practice in which the iridologist looks into the eye using a light and magnifier to view colors, patterns, depth, and different markings inside the eye. Iridology focuses mostly on the iris but your iridologist should also take into consideration the pupil, the sclera, and the eye as a whole. Iridology teaches that each section of the eye correlates with a specific organ or area of the body. By using this technique, Iridologists are able to express to you what the eye says about your health (past, present, or future). Although many consider these practitioners “witch doctors” or “psychics,” Iridology is neither and is done by a specific science. Iridology is meant to provide the client a more enlightened view of one’s body; how it works synergistically, and what one can do to improve health or stay healthy. Iridology should be used along with healthy habits, clean eating, and exercise and is not meant to replace any doctors or medications that you are on - unless you so choose.

Betty Russell, certified Iridologist, will be at Corn Crib Health Store November 11th - November 16th. $35 for a 30-minute session. Call 615-444-1143 to schedule an appointment. Remember, the eyes are the windows to your soul!

My coping around my pool is cracked and pulling away from my concrete deck. Is there anything I can do about my situation?

Of course. The best solution is to cut back into your concrete approximately 1 foot, remove your original coping, attach a new receiver for your liner and add a stone or travertine coping. The ideal time to do this renovation is when you replace your existing liner. Contact your pool service provider or someone who specializes in this type of work for further information.

As always, feel free to email us your questions for a personal response! Send those to davidwcowan@poolkrafters.com

What is stem cell therapy treatment good at helping with?
Stem cell therapy is considered part of regenerative medicine. We use it at our clinic Tennessee Spine and Disc to help prevent unnecessary surgery on knees, hips, and shoulders. After a patient is accepted for stem cell therapy the success in relieving pain from those joints is quite spectacular. At our clinic we only utilize day 0 mesenchymal stem cells harvested from whartons jelly found in donated umbilical cords where the mothers donate them to help others through medical science. Stem cells have a unique ability to differentiate into muscle, ligament and cartilage once injected into those joints where significant degeneration is found. We find that patients start feeling better within just a few days and as the stem cells replicate the improvements continue to build until they peak at around a year after the injection. For more information please feel free to call Dr. Joseph Kanan at 615.583.5883 for a complimentary consultation or attend one of his informative workshops on either stem cell therapy or spinal degeneration being held at the Mt. Juliet chamber of commerce please call 615.583.5883 to register.
There are all sorts of parenting styles.

When you first have children, you read all the books on parenting, get all sorts of advice and try to put into practice all you’ve learned.

But then life gets in the way.

And by the time you are on to baby number two, you just close your eyes and hope for the best!

If I had to describe my parenting style after three kids and 22 years of mothering, I’d say I’ve evolved to the point of having two solid beliefs on what it takes to raise a decent child.

1. We can talk about gluten free and organic foods until all the grass-fed cows come home ... but if all else fails, nothing saves the day like a hormone filled, partially hydrogenated, chicken nugget. Take a “don’t ask, don’t tell” approach to what they’re really made of and just when you think you’re about to lose your parenting card, pop a few chicken-like nuggets into the oven, serve them up to your child with a glass of organic milk, and give yourself a pat on the back. You are once again a parent in good standing! And tomorrow, you’ll do better and if you don’t, chicken nuggets five days in a row never killed anybody!

2. Be THE crazy parents. There are all sorts of parents: strict ones, easy going ones and in-between ones. And then there are the crazy ones! My advice is, of all your children’s friends parents, be the craziest! My parents didn’t read parenting books. But my brother and I never snuck out of the house, never brought home a C, and never even considered a body piercing! Why? Because my parents were THE crazy parents. As in, the first time my brother didn’t get home by curfew, my parents literally called the police to find him. Be that crazy! Embarrassingly crazy! Yes my brother was mortified but he never missed curfew again and after witnessing his embarrassment, I never did either. I’m a card carrying crazy parent and my kids stay either terrified or mortified.

And that’s it when it comes to parenting.

Chicken nuggets with a side of crazy. Works like a charm!
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