MJ High School evacuated after delivery of suspicious package

By Kimberly Allen
Managing Editor

A suspicious package containing white powder led to a school evacuation.

According to Lt. Scott Moore of the Wilson County Sheriff’s Office, shortly after 8 a.m. on Monday April 10, the Wilson County Sheriff’s Office received a phone call that Mt. Juliet High School had received a suspicious package. The package arrived from Nevada and contained an unidentified white powder substance. The school is located just outside of the city limits, so Wilson County EMA and the Wilson County Sheriff’s Office handled the situation. “It was a very rapid quick response, in situations like this our number one goal is to evacuate the school and ensure everyone’s safety” Moore said, “it can be isolated to one area of the school, but if it gets into the ventilation system it could be spread throughout the whole school.”

Students and staff were immediately evacuated and classes were dismissed for the day, while hazmat teams continued their investigation of the scene. The package has been sent off for further testing.

No injuries have been reported, although an MJHS employee who came in contact with the substance reported some skin irritation. Anyone who came in contact with the substance was taken to a local hospital to be examined as a precautionary measure.

The school was cleared for classes to resume their normal schedules on Tuesday.

Drugs, guns and cash seized during raid

By Kimberly Allen
Managing Editor

On Wednesday morning, April 5, Narcotic Detectives and Special Response Team (SRT) members with the Wilson County Sheriff’s Office executed a search warrant at a home near the Wilson/Trousdale County line. The WCSO located over 15 pounds of marijuana, numerous guns and over $12 thousand in cash. Three suspects that were a part of a marijuana distribution investigation worked found at the home. “Our detectives have worked hard on this case as it is still an ongoing investigation,” said Sheriff Robert Bryan. “Our goal is to continue investigations, such as this, that are drug related in nature and to be diligent in keeping these violators off the streets.”

The three suspects will be facing charges that include Possession of Schedule VI (Marijuana) with Intent for Resale, Possession of Firearm(s) during the Commission of a Dangerous Felony and Possession of Drug Paraphernalia pending a Grand Jury investigation.

Community Calendar

APRIL 15
Easter Egg Hunt
4580 Rachel’s Lane

APRIL 16
Life Church Easter Celebration
3688 Highway 109

APRIL 29
Rock N Roll Marathon and A Toast to Tennessee Wine Festival
Christian Motorcyclists Association
14346 Lebanon Rd

Additional information
Page 2

Studio offers new kind of workout

By Kimberly Allen
Managing Editor

Barre Company has opened a studio in Mt. Juliet, bringing a new kind of workout to the area. The studio opened on April 1, and uses a technique based on the Lotte Berk Method, which incorporates elements of pilates, ballet and yoga to create a unique experience, “It's small isolated movements, low impact and high intensity,” said Whitney Pfeiffer, owner and instructor.

Pfeiffer’s friend owns the Barre Co. located in Bowling Green, which led to her interest in opening a studio. “I started taking barre classes about two years ago and fell in love with it,” Pfeiffer said, “I wanted to open up my own business and I loved doing this so much that my husband and I got together and talked and decided to open one up ourselves.”

Clients receive a full-body workout, targeted at lengthening and toning the muscles, while promot-
**Easter at Providence Church**


7:00 | 8:00 | 9:15 | 10:45

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**COMMUNITY CALENDAR**

**APRIL 15**

**Easter Egg Hunt**
Andrew Jackson’s Hermitage will host Easter egg hunts on the historic Tulip Grove Mansion lawn across from the seventh president’s home at 4580 Rachel’s Lane, Nashville, on April 15. Visitors will have two opportunities to participate in egg hunts that will begin at 10 a.m. and 1 p.m. At both hunts, children will be divided by age group, 1-6 and 7-12.

Over four thousand eggs, with toys and treats will be hidden at each egg hunt. Following the egg hunts, attendees can take photos with the Easter Bunny, decorate cookies, make spring-themed arts and crafts, play 19th-century games, and enjoy story time with Usborne Books.

Tickets are $10 for children, $5 for adults and free for infants. Tickets include admission to one of the egg hunts and do not include general admission to The Hermitage.

**APRIL 16**

**Life Church Easter Celebration**
Free Professional Photos with the Easter Bunny, Free Petting Zoo, Glow in the Dark Egg Hunt, Regular Outdoor Egg Hunt, Great Music, Ministry from God’s Crew Dance Team, and a New Sermon Series on how to Up-grade your Life. This all happens on Easter Sunday at 10:30 a.m. at Life Church 3668 Highway 109 Lebanon. TN. 37087. For more information visit, www.LifeChurchFamily.com.

**APRIL 25**

The Board of Directors of the Joint Economic and Community Development Board of Wilson County will meet on Tuesday, April 25, 2017, at 7:30 a.m. at the County will meet on Tuesday, April 25, 2017, at 7:30 a.m. at the Development Board office located at 115 N. Castle Heights Avenue, Lebanon. TN. 37087. For more information visit, www.travel.state.gov or filled out a complete, unsigned DS-11 application (forms can be printed at www.travel.state.gov or filled out on-site), Proof of U.S. Citizenship, Valid photo ID, one color passport photo. Photos can also be taken on-site for a fee. For more information call, 615-444-0314 or visit The Wilson County Clerk office at 228 E. Main St. Rm 101, Lebanon, TN.

**MAY 5**

**Into The Woods**
Mt. Juliet Middle School’s drama team is presenting Into The Woods on Friday, May 5, at 7 p.m., Saturday, May 6, at 3 p.m. and 7 p.m. Show will be held at 3565 N Mt. Juliet Road. Call (615) 754-6688 for more information.

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**The Goat comes to Mt. Juliet**

By Kimberly Allen
Managing Editor

New bar and restaurant, The Goat, is now open in Mt. Juliet.

The Goat offers handcrafted dishes and various beer and cocktails, including their most popular drink the Blueberry Mule. The food is described as nouveau cuisine. “It’s a little bit of southwest, it’s a little bit of southern, it’s a little bit of everything,” said chef Laura Braga, “I call it a very interesting Americana.”

Besides food and drinks, there are many other activities to do at The Goat. The venue features live music on Monday through Friday and competitive euchre leagues. With the weather warming up, The Goat has many outdoor activities to keep you entertained.

Volleyball leagues at The Goat last between six and nine weeks and cater to all skill levels. You will even have an opportunity to win the Champ of Champs title. If you would rather take it easy, poolside service is another feature at The Goat.

Regardless of what you choose to do, the staff makes it their priority to provide a good experience. “We’re not trying to turn tables and move you out of here, I want you to sit down. I want you to relax,” Braga said, “we want to make sure we are creating a community and not just a restaurant.” The bar and restaurant is open to all ages until 10 p.m., when service switches to the 21 and over crowd.

The Goat opened on February 2, and is located at 1127 Westwood Blvd. in Mt. Juliet.
First Freedom Bank Promotes Michelle Johnson

Michelle Johnson has been promoted to Senior Loan Specialist at First Freedom Bank, announced John Bradshaw, President and Chief Operating Officer. Johnson previously served as a Loan Operations Clerk. Johnson will be responsible for the process and completion of Consumer Real Estate Loans and HMDA Reportable loans, as well as other lending operation assignments.

“We are excited to promote Michelle into this key position and are confident that her dedication and attention to detail will positively impact First Freedom Bank customers,” Bradshaw said.

Johnson joined First Freedom Bank in May of 2008, bringing with her extensive banking experience. She was previously employed with First Tennessee where she served as a Branch Manager for 21 years.

Johnson has been an active volunteer in her community. She served on the First Freedom Relay for Life Committee in 2014 and 2015 and co-hosted the 2015 Survivor’s Brunch. Additionally, she is a Sunday School Teacher at Linwood Pentecostal Church.

Currently Johnson resides in her hometown of Lebanon with her husband Vincent. She is a member of Linwood Pentecostal Church.

Teacher of the Year winner announced

Melissa Granstaff received the Wilson County Teacher of the Year Award. She has taught physical education at South Side for 22 years. She is described as being dedicated, hardworking, humble and always ready to help anyone at her school or in the community. Granstaff stated, “I am fortunate to do what I love and love what I do.” Pictured is W.P. Bone, Melissa Granstaff and Bob McDonald.

Southern Bank of Tennessee offers first time home buyers conventional loans, FHA loans, VA Loans and THDA* loans. Buying a new home has never been easier. Our mortgage team understands your needs and is ready to serve you. You’ll find this true every step of the way. Our business philosophy consists of providing a high level of customer service with experienced community bankers and local decision making. Check out our mortgage rates to see how we can help you save money or buy a new home. We look forward to serving you!

Call us at 758.6600 or stop by our Mt. Juliet branch, located at 1499 N. Mt. Juliet Road, today to experience mortgage loans with a southern touch!
Wilson County Mayor Randall Hutto is a long-time supporter of commuter rail, particularly the Music City Star that services many of his county’s residents who commute between Lebanon and Nashville. The mayor also has quite the affinity for running and philanthropy. Therefore it’s no surprise that Mayor Hutto has used the Music City Star as a way to bring runners to the St. Jude Rock ‘n’ Roll Nashville Marathon and Half for the past two years. Thanks to this year’s sponsor, Famous Footwear, this year’s train is expected to be better than ever.

“In Wilson County, we are always looking for ways to utilize the train not only taking people into Nashville but also bringing people out of Nashville, and this just seemed to be like a perfect marriage. It has been such a success over the past two years, we knew it was a tradition we had to continue,” Hutto said.

It’s not just a win, win— it’s a win, win, win. The train excursion to the Marathon is a collaborative effort between Regional Transportation Authority (RTA), St. Jude Children’s Research Hospital and Wilson County to bring awareness to the Music City Star while also giving to St. Jude. All proceeds from $12-per-rider ticket sales will benefit St. Jude since Hutto, who is vice chair of the RTA, recruited Famous Footwear as this year’s corporate sponsor. Famous Footwear is a global company that just so happens to have a distribution center in Lebanon, TN. Mr. Hollie Baker at the Lebanon Famous Footwear distribution center jumped at the opportunity to sponsor this service in support of St. Jude Children’s Hospital. Mr. Hollie Baker stated “Famous Footwear has a long tradition of supporting children in need. We knew we had to be a part of this wonderful community event that also supported a cause so dear to our company’s core values.”

Marathon participants and their supporters like the idea of being able to directly support St. Jude by riding the train on race day and Wilson County is proud to offer the service. Scheduling of the Marathon train accommodates runners of both the full marathon and the half marathon, because it departs for Lebanon at noon when most participants are expected to be done. Hutto has an even broader vision for what he thinks the special marathon train service can do for residents who live east of Music City.

“I always have something in mind for the Music City Star because it’s unique to our county and helps alleviate some of that traffic that we fight going in early in the morning,” he said. “There’s also an opportunity for people to understand that you can have the convenience of the Music City Star every day at work if you want to. It’s an easy ride in and an easy ride home. You don’t have to fight traffic, you don’t have to waste gas, and you don’t have to worry about parking. It’s a good ride.”

On April 29, the St. Jude Rock ‘n’ Roll Marathon Train will depart Lebanon Station at 5 a.m., get to the Martha station at 5:15 a.m., the Mt. Juliet station at 5:25 a.m., the Hermitage stop at 5:35 a.m., the Donelson stop at 5:50 a.m. and arrive at Riverfront Station at 6 a.m. The return train will leave Riverfront at noon and stop at all those stations on the way back to Lebanon.

Tickets can be purchased online through the RTA website or at ticketsnashville.com and will be on sale until 24 hours prior to the morning’s departure or until tickets are sold out, whichever comes first. Children age 4 and younger will not need a ticket to board; however, they are required to sit in a parent or guardian’s lap. Anyone needing special accommodations to board should call (615) 862-5925 prior to their trip.
Looking for an Affordable Medicare Plan?

Get a $0 premium plan now.

For more information contact this licensed insurance agent. If you prefer, you can contact BlueCross BlueShield of Tennessee directly for more information at 1-800-292-5146, TTY: 711. Or visit our website at bcbstmedicare.com.

From Oct. 1 to Feb. 14, you can call us 7 days a week from 8 a.m. to 9 p.m. ET. From Feb. 15 to Sept. 30, you can call us Monday through Friday from 8 a.m. to 9 p.m. ET. Our automated phone system may answer your call outside of these hours and during holidays.

CALL TODAY TO LEARN MORE

Insurance Management Services
Jaime Hager
615-403-2081
8:00am – 9:00pm M-F
jhager@imsbenefits.com

BlueCross BlueShield of Tennessee, Inc. and BlueChoice Tennessee, Independent Licensees of the BlueCross BlueShield Association. BlueCross BlueShield of Tennessee, Inc. is a PPO plan with a Medicare contract. Enrollment in BlueCross BlueShield of Tennessee, Inc. depends on contract renewal. Premium may change on January 1 of each year. You must continue to pay your Medicare Part B premium. BlueCross BlueShield of Tennessee complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCION: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-831-BLUE (2583); (TTY: 711).

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BARRE PAGE 1

From BARRE PAGE 1

ing good posture. Lots of stretching means you obtain a long lean look, without the bulk. “It’s great for men and women it’s great for all ages, whether you’re 16 or 64,” Pfeiffer said. Since the workouts are low impact, they are suitable for people of any fitness level from beginner to advanced, even those who are pregnant can participate.

Pfeiffer decided against choosing a property in Providence because although it’s a popular area, it can be easy to get lost in the crowd. The studio is located in a more relaxed side of town, at 1738 N. Mt. Juliet Rd. “We thought this would be the perfect area,” Pfeiffer said. Classes are one hour long, and are inclusive of all skill levels. There are modifications for the exercises so that everyone gets the maximum benefit from their workout. One modification is slightly easier for the less advanced person, to ensure they do not feel overwhelmed or intimidated by the moves. Another modification for the more athletically advanced, allows them to still feel challenged by their workout. There is also an express class that is 30 minutes long, to allow those with busier schedules to fit a workout into their day.

Attention to detail and the intensity level, is what sets them apart from other workout facilities. “I’m going to put you in the position, but I’m also going to correct you,” Pfeiffer said. “I’m pushing you and getting you excited, but I’m also bringing you back down and relaxing you,” Pfeiffer said.

Barre Co. will have an open house this May, date to be determined.
when I was eight or nine years old. We were sitting on our front porch in old wood rocking chairs. It's an interesting memory for me because I have very few of the front porch; it wasn't a common place for us to spend our time. But on this day it was just me and Dad on the front porch. I had been trying to find the courage to tell my dad something that I thought he would tell me was foolish or childish. On the front porch that day, I mustered up the courage to tell him something that I thought made me weird, something I would never have told my friends. I figured he could tell me how to stop, how to grow up.

"Dad, I feel like my life is a movie or a great story. I pretend. A lot. I pretend that I am the hero of my story and there are bad guys and good guys, and I fight for the good side, of course. Even at school or Cub Scouts or wherever, I'm pretending it is part of my adventure, my story, of which I am the star." I didn't tell him anything about my thoughts of dangers in distress, or my deep fear of the enemy. I didn't tell him everything. I told him a little and waited for him to reason with me. I waited for him to share logic with me to help me get out of my fairy tale.

Staring out into the field across from our house, never looking at me, my dad replied, "Yeah, me too." G.K. Chesterton said, "I had always felt life first as a story: and if there is a story there is a story-teller." My dad's affirmation that day would grow into my belief today that I am indeed a part of a greater story, a story with good guys and bad guys, adventure and romance, intrigue and suspense.

I am a part of the God Story and you are too. It can be easy to look at the Bible as a haphazard collection of sixty-six books from different eras, with

Jacob Armstrong
Providence Church

I remember a conversation I had with my dad

**The God Story**

Church of the Epiphany
Jehovah’s Witness
Kingdom Hall of Jehovah’s Witnesses
Lutheran
Celebration Lutheran
Methodist
Cook’s United Methodist
Gladeville United Methodist
Grace United Methodist
Church
Mt. Juliet African Methodist Episcopal Church
Pleasant Grove United Methodist
Providence United Methodist
Church
Scott’s Chapel African Methodist Episcopal Church
Williamson Chapel CME Church
Nazarene
Covenant Fellowship Church of the Nazarene
Pentecostal
Church Alive
Presbyterian
Clyods Cumberland Presbyterian

Church of God
Living Water Fellowship
Mt. Juliet Church of God
The Pointe Church
Church of Jesus Christ
The Church of Jesus Christ of Latter Day Saints Episcopal

Assembly of God
Lighthouse Assembly of God
Life Assembly

Baptist
Baker’s Grove Baptist
Beckwith Baptist
Cedar Grove Baptist
Corona Baptist Church
Faith Church
Fellowship Baptist
The Fellowship at Mt. Juliet*
First Baptist Church of Mt. Juliet*
The Glade Church
Grace Baptist Church
Green Hill Church*
Hickory Hills Baptist
The LightHouse Fellowship
Mays Chapel
Mt. Juliet Missionary Baptist
Mt. Olivet Baptist
Music City Baptist Church
New Life Baptist Church
Rutland Baptist Church
Silver Springs Baptist

Truth and Grace Free Will Baptist Church
Victoria Baptist Church
Catholic
Holy Comforter Anglican (ACC)
St. Stephen Catholic Community

Church of Christ
Beckwith Church of Christ
Belinda Parkway Church of Christ
Center Chapel Church of Christ
Corinth Church of Christ
Gladeville Church of Christ
Green Hill Church of Christ
Leeville Church of Christ
Mt. Juliet Church of Christ
Nonaville Church of Christ
Vesta Church of Christ

Church of God
Living Water Fellowship
Mt. Juliet Church of God
The Pointe Church

Church of Jesus Christ
The Church of Jesus Christ of Latter Day Saints Episcopal

Hickory Grove Church
Suggs Creek Cumberland Presbyterian

Unity
Unity of Music City
Non-Denominational
Abundant Life*
The BARN Church
Bridge Fellowship Church
Cedar Ridge Church
Connect Church
Faith is the Victory Church
Cross Point Church
Friendship Community Church
Gateway of Hope
Generation Changers Church

Global Vision Bible Church
Grace Bible Fellowship
Grace Fellowship Ministries
Greater True Faith Community Church
Holy Temple Church
The Journey Church
Joy Church International
LifeChurch of Mt. Juliet
Living Hope Church
Mending Fences Cowboy Church
New Heart Christian Church
New Tribe Church
Our Father’s House Community Church
The Rock of Nashville
Royal Life International

ABUNDANT LIFE CHURCH
1000 Woodridge Place
Mt. Juliet, TN 37122
(across from MJ Middle School)
Sunday Morning Gathering
9:30 a.m.
Wednesday Youth Ministry
7:00 p.m.
615-754-7035
alcmjuliet.com

FAITH & MESSAGE

CHURCH DIRECTORY
REFLECTIONS FROM AN OLD FRIEND

MJ Tennessee AKA Blossomville TN

I wanted to take a moment to thank all the wonderful residents of the great City of Mt. Juliet, Tennessee for your efforts in making our city one of the finest in the nation.

I have watched our city blossom from a small rural community to a cutting edge city. Not a day of the week goes by that I don't find more and more reasons to love our great city and its residents. Watching the residents of Mt. Juliet and their commitment to this community and their neighbors is awesome. It truly shows the power of teamwork, love for community, your neighbors, our country and passion for doing for others before yourself. Doing the right thing is always the right thing to do. I have fortunately been a part of this city for many years now and couldn't be more proud to call it my home.

Sure, we have our own share of issues, but the way we handle our issues is yet another reason why we are unique. During tough times our city and residents have stood strong and looked for ways to prosper and grow.

They say attitude is a big part of what makes a person or community stand the test of time and prosper. Well, I think our attitude speaks for itself. Our attitude is hard work, dedication, teamwork, diligence, love for your neighbor and taking pride in your country and community.

Call this article cheesy, over the top or mushy if you will, but it's true. I think there is good in giving credit where credit is due and I wanted to take time to tell each of you how proud I am of you and our community. With that in mind please keep up the great work. We will need to stay diligent in our efforts.

So please continue to support your neighbors, your local businesses, Mt. Juliet and all of Wilson County. Also when you look in the mirror next time please know your efforts in making our country and community a better place is working and without you we couldn't do it. Keep up the great work my friends and neighbors.
Mayor Bernie Ash, of the City of Lebanon and Wonder Porcelain LLC, along with other local officials, had the ribbon cutting ceremony for the new American Wonder Porcelain plant on Tuesday, April 11, 2017 in Lebanon, TN. The state-of-the-art manufacturing complex, located on 150 acres in the Cherry Farm Industrial Park represents a $150 million investment and will create 200+ manufacturing jobs in the area.

Dozens of people gathered for the St. Jude Dream Home Giveaway floor signing event on Tuesday, to dedicate the house. The house is located in the Jack­son Hills subdivision, in Mt. Juliet. All proceeds from ticket sales for the giveaway go toward helping children at St. Jude Research Hospital. Visit www.stjude.org for full details. Photos by Kimberly Allen.

Pastor Daryl Crouch of Green Hill Church and Kenny Martin, MJ City Manager, discussed how the Mt. Juliet churches can support the City at a luncheon on April 11.

Students from Mt. Juliet Elementary Drama Club performed on stage presenting The Magical Land of Oz on March 24 and 25. Photo submitted.
Tap ‘N Dolls to perform in Mt. Juliet

By Kimberly Allen
Managing Editor

The Nashville Tap ‘N Dolls will be performing in Mt. Juliet next month.

The Broadway-style tap dance group performs yearly at TPAC with Artistry-In-Motion, their award-winning home studio located in Hermitage. They also perform at assisted living facilities, church socials, community meetings, and the Wilson County Fair, where they have won first-place, twice.

The group was founded in 2008 by former Radio City Music Hall Rockette and Julian School graduate, Darlene Meyer. After Meyer retired earlier this year, her dance captain, Jane Saunders took over the group as director. Saunders has been teaching dance for 40 years. “Naturally when someone takes over, things change,” Saunders said, “I’m now calling them the Nashville Tap ‘N Dolls, because I want them to be a jewel in Nashville. I have plans for them.”

What makes the group unique is that they currently have members aging from around 40 to 80 years old. “It’s hard to find an adult tap around here,” Saunders said.

They are looking to expand their group, but everyone is welcome to try out the classes. “We have classes for all levels. If you don’t want to be a Tap ‘N Doll, you just want to go there for the exercise then there is a place for you,” Saunders said.

The Tap ‘N Dolls will be performing on Saturday, May 20, at Providence Place, at 2 p.m. The next local show is on Thursday, May 25, at 2 p.m. at Carick Glen Senior Living.

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OBITUARIES

CAVE, Brian Shaun

Brian Shaun Cave, age 51, of Mt. Juliet passed away April 8, 2017. He was born May 5, 1965 in Rome, GA. Mr. Cave graduated from Antioch High School in 1983 and worked for SE Freight. He was an avid Georgia Bulldawg & Atlanta Braves fan. He was preceded in death by grandparents, Mary Kate & Bryan and Joseph & Sarah Cave. He is survived by wife, Janemarie Cave; mother, Edith Rueda; father Michael (Lorrie) Cave; brother, Christopher Cave; step-children, Nicki (Luke) Romaine, Jennifer (Ben) Chworowski, and Vic Bogie; grandchildren, Audry, Logan and Garrett; and nephews, Jacob, Tyler and Maddux.

Funeral service will be held Saturday, April 8, 2017 at 2 p.m. at Sellars Funeral Home at Mt. Juliet. Interment will be at Rome Memorial Gardens, Rome, GA on Friday, April 14, at 1 p.m. EST. Visitation Arrangements by Sellars Funeral Home at Mt. Juliet, 2229 N. Mt. Juliet Road, Mt. Juliet, TN 37122, 615-758-5459, obituary line 615-758-8818, www.sellarsfuneralservices.com

COLLINS, David Allen

David Collins, age 52, passed away on April 3, 2017. The family will receive friends at 1-2 p.m. on Tuesday, April 4, 2017 at Sellars Funeral Home at Mt. Juliet, 2229 N. Mt. Juliet Road, Mt. Juliet, TN 37122, 615-758-5459, obituary line 615-758-8818, www.sellarsfuneralservices.com

GRVES, William Lee

William Graves, age 62, passed away on April 3, 2017. The family will be receiving friends at Sellars Funeral Home at Mt. Juliet, 2229 N. Mt. Juliet Road, Mt. Juliet, TN 37122, 615-758-5459, obituary line 615-758-8818, www.sellarsfuneralservices.com

DAVIS, Robert Allen

Robert Allen Davis, of Mt. Juliet, TN, passed away April 8, 2017. Mr. Davis was a member of Providence United Methodist Church. He was a veteran of the U.S. Marine Corps. Mr. Davis was preceded in death by wife, Ruby Batey Davis. He was also preceded in death by his wife, Margaret Earline Davis.

Funeral services will be conducted 10 a.m. Wednesday, April 12, 2017 at Bond Memorial Chapel with Pastor Jacob Armstrong, Pastor Mark Youngman and Pastor Gary Hughes officiating. In lieu of flowers, memorials may be made to the Building Fund at Providence United Methodist Church, 2293 S. Rutland Road, Mt. Juliet, TN 37122.

McCAULEY, Darrell Parker

Darrell Parker McCauley, age 74, went to be with his Lord Jesus on April 1, 2017. A native of Chattanooga, TN, he was a 1960 graduate of Chattanooga Central High School and graduated with a Bachelor of Science degree in Music Education from the University of Tennessee at Chattanooga. He attended the Cincinnati College Conservatory of Music, University of Louisville, KY, and graduated with a Masters in Church Music. Darrell was ordained to the gospel ministry and served as minister of music, education, youth, singles, senior adults and associate pastor for several Baptist churches for over 35 years in Tennessee, Kentucky and Georgia before retiring in 2004 to Mt. Juliet, TN. He was a member of the Hamilton County Tennessee Baptist Association, Southern Baptist Convention’s Property and Evangelism committees; the Tennessee Baptist Convention, serving as music festival adjudicator for children, youth and adult choirs, Tennessee Baptist Chorale and active participant in the Concord Baptist Association of Christian Educators, Georgia Baptist Religious Education Association, Southern Baptist Church Music Conference, Georgia Baptist Church Music Conference and the Baptist Historical Society. He is preceded in death by his parents, Kenneth and intimates McCauley and twin brother, Dwight Stephen McCauley. He is survived by his wife of 54 years, Carolyn Downs McCauley; his children, Andretta McCauley Gregory (Jason); grandson, Jeremy Andrew McCauley; granddaughter, Allision Elise Day; and several nieces, nephews and cousins.

A service of celebration of Darrell’s life will be held on Saturday, April 8, 2017 at 3 p.m. at Sellars Funeral Home at Mt. Juliet with Rev. Jim Cross and Rev. Jack Barron officiating. The family will receive friends on Friday, April 7, 2017 from 5 p.m. – 8 p.m. and from 2 p.m. until time of service on April 8, 2017. In lieu of flowers, please make a memorial contribution to the Darrell McCauley Scholarship Fund for the Gideon’s Bible Society.

PARRISH, Iva Mae

Iva Mae Parrish to the world, but “Peggy” to the family, passed away April 4, 2017 at the age of 77. The family will be receiving friends on Thursday, April 6, 2017 at Sellars Funeral Home at Mt. Juliet, 2229 N. Mt. Juliet Road, Mt. Juliet, TN 37122, 615-758-5459, obituary line 615-758-8818, www.sellarsfuneralservices.com

WALLING, Karen Lee

Karen Lee Walling, age 66, of Nashville, TN, died April 3, 2017. Karen was the daughter of the late, Orville Chester and Patricia Swenson Walling. She was also preceded in death by her husband, John Lane Walling.

She was survived by: Children – Jeff Walling (Chantelle) Walling, Laurie (Kevin) Warren and Zachary (Abbey) Walling; Siblings – Ronnie Walling; Karen was a 911 Dispatcher with WEMA. She loved the Florida Gators, NASCAR, the beach, cats, and working with WEMA. She is survived by son Austin Garrett, brothers Terry Johnson and Tad Raines, and nephew Ty J Raines. She is preceded in death by parents Robert J and D.J. Raines. Sellars Funeral Home, Lebanon TN 615.444.9393.

See OBITIS, PAGE 11
TDEC protects water quality from household pharmaceutical disposal

Staff Reports

The Tennessee Department of Environment and Conservation (TDEC) continues to expand its efforts to protect water quality in Tennessee by working with statewide partners to provide more options for the disposal of unwanted medications. Collection programs reduce the amount of pharmaceutical products being flushed, poured down drains or sent to landfills.

“Prescription drugs can pose a serious threat to the environment and the health of the community,” said Dr. Darren Foster, D.D.S., TDEC commissioner. “Our goal is to help Tennesseans dispose of their unused prescription medication in an environmentally safe manner.”

Through TDEC’s Unwanted Household Pharmaceutical Collection Program, there are now 224 permanent collection bins for expired, unused or unwanted household medications across all of Tennessee’s 95 counties. In 2016, more than 80,000 lbs. of medication was collected – almost seven times more than during the program’s first year in 2012. In 2017, more than 11,000 lbs. of unwanted pharmaceuticals has already been recovered and prevented from entering Tennessee’s waterways.

Flushing or washing drugs down the sink allows chemicals to enter the watershed or groundwater, where they can affect drinking water and stream ecosystems. Wastewater treatment plants are not designed to adequately remove chemicals found in drugs and drugs that end up landfilled as trash also end up in the watershed. Unwanted prescription medications that are easily accessible can also result in other negative consequences.

“Prescription drugs can create a risk in every household where they are present, and state and local agencies have been eagerly working together with public and private partners to provide Tennesseans with a simple solution for proper disposal of unused, expired and unwanted drugs to help reduce the risks of accidental overdose and death,” said Tennessee Department of Health Commissioner John Dreyzehner, MD, MPH. “We know approximately 95 percent of drug overdoses are accidental, and many but not all are a result of intentional misuse. Reducing the amount of prescription drugs in the community helps lower the risk of poisoning from any cause and will save lives.”

Since 2012, TDEC has been working to expand collection sites with partners including: local law enforcement agencies; the Drug Enforcement Agency (DEA); the U.S. Department of Agriculture (USDA); the Tennessee Department of Health; the Tennessee Department of Mental Health and Substance Abuse Services (TDMHAS); the Tennessee Bureau of Investigation (TBI); and the Tennessee Department of Safety and Homeland Security.

To ensure all 95 counties had access to at least one collection bin, TDEC partnered with the United States Department of Agriculture (USDA) to secure funding for the remaining counties. Grant funding from the USDA covered almost 75 percent of the expansion’s total cost.

“The importance of these collection bins cannot be understated given the fact that we know approximately 70 percent of first-time prescription opioid users get them from a family member or friend,” said TDMHAS Commissioner Marie Williams. “Every unused prescription properly disposed of could save a loved one’s life.”

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www.tcomj.com
MJCA at Ezell Harding

Staff Reports

Mount Juliet Christian Academy played at Ezell Harding Christian School Friday night in a Double header.

First game was a rain delay continuation that picked up in the bottom of the first.

Game 1

3-2 MJCA

Pitching
Dylan Boehm #16 pitched 6 innings and gave up 3 hits 2 runs but only 1 earned run. He walked 3 batters and had 14 K’s.

Christian Link #7 pitched 1 inning had 3 K’s and 2 walks.

Christian got the save!

Hitting
Dylan #16 went 2/3 with 2 singles and 1 RBI. Christian Link #7 went 1/2 with a single and a walk scored once.

Evon Davis #24 went 1/3 with a walk off single. Ribi Eli Wilson #8 scored the winning run.

Game 2 (ended by shop)

6-2 MJCA

Pitching
Christian Link #7 pitched 2 innings had 4 K’s and 2 walks. Russell Prater #12 pitched 1 inning had 2 K’s. Russell Prater gets the save!

Hitting
Christian Link #7 went 2/2 with 2 singles and 1 Ribi. Russell Prater #12 went 2/2 with a single and a double 1 Ribi and 2 runs scored.

Christian Taylor #9 went 1/2 with a single. Dylan Boehm #16 went 1/2 with a single and 1 run scored Seth Belew #2 went 1/2 with a single and a Ribi. Evan Davis #24 went 1/2 with a single Tanner Hollingsworth #21. Christian Link #7 and Eli Wilson #8 all scored 1 run.

MJCA moves to 6-3 on season with 4 games next week starting with West Wilson Middle School on Monday.

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Graduation is almost upon us. That said, I’m pulling one of my favorite columns out of the vault. Having written this article almost two years ago, I now know that our kids survive when they leave us and so do we. And that is a true lesson learned.

A feeling of both melancholy and excitement prevails in the Kane household as letter after letter arrives for our eldest, from colleges near and far. As I watch her open each one, I distinctly remember being her age, knowing very little about life, yet believing I knew everything.

As she readies for her journey into this big, wide open world, there is so much I want to be sure I say to her, teach her, show her before she takes off, while deep down I know the real lessons in life will come from figuring it out on her own.

And yet, if she were to indulge me, I’d write it all down for her, place a copy in her suitcase and hope that when she came to that fork in the road, she’d pull out my map of lessons learned and they’d help guide her home.

1. SAY YES! This is your time, say yes to it. Say yes, to staying up all night, eating fattening foods and laughing with friends until tears stream down your face. Say yes, to unknown places, unknown people, unknown ways of thinking. Say yes to opportunities that make no sense, jobs you may not think you’ll like, invitations to events you’d rather not attend. Take in all the Yes moments, as those are the ones that’ll teach who you are and who you’re not.

2. SAY NO! Follow your instincts and if you feel the word No deep within your gut, then be sure to shout it out, as loudly as you can! You’ll be amazed how strong that word can make you feel. Never do anything that feels wrong, hurts others or hurts yourself. There is no shame in not joining with the crowd but there is no greater shame than knowing you did something your parent’s can’t be proud of. The word No can be the loneliest word in the world and yet you will grow to be the person you are meant to be, more so in the No moments, than even in the Yes moments.

3. MISTAKES HAPPEN. No one is perfect and those who profess to be are usually the most flawed. I’ve made many mistakes in my life, the kind that still make me cringe. Don’t dwell on them though. So you said it, did it, meant it at the time and now know to never do it again. Admit it, accept it and move on. Believe me, there is always someone that will follow, that’ll earn an even bigger headline than you did.

4. SAY I’M SORRY. I’ve learned this little gem after almost two decades of practicing law. I see it every day. People can save themselves so many headaches and heartaches by saying two simple words - I’m sorry. Say it and mean it. If the person doesn’t accept it, then show them you mean it. If they still can’t forgive you then know that some things can’t be forgiven but forgive yourself and do better next time.

5. MARRY THE NICE GUY. Boys, boys boys! There are lots out there and you will meet many. Some will have the better cars and country club credentials, others will be cocky and crazed, but the nice guy will respect your worth, listen to your thoughts, and see the person you are. He’ll love you, respect you, honor you and you will be the best you can be for him.

By Angel Kane
Wilson Living Magazine

See TALES, PAGE 16
Dozens of local vendors featured in Taste of Mt. Juliet

Two year old Aiden Vantrease gets a hug from the Culver’s Custard Cone at the Taste of Mt Juliet. Photos submitted by Elaine Spence.

A large crowd gathered Friday night in the atrium at Mt Juliet High School to sample the tasty food offerings at the annual Taste of Mt Juliet.
some will be stupid and mean but look past all of them and find the nice guy sitting back, taking it all in. Your friends will all like him, your Mother will adore him, your Dad will respect him, he’ll love you even on your meanest, fattest, ugliest of days because he only sees the you, you are meant to be. Marrying a nice guy means a life filled with very few worries. He will always treat you as his equal, he will always work just as hard as you will to make your dreams come true, he will always be as kind to you as he is to others.

6. NEVER SAY THE WORDS - I WANT TO MARRY A DOCTOR OR LAWYER. Instead be the lawyer, doctor, teacher, social worker or x-ray tech! If I’ve taught you anything, I hope it’s been that girls can do anything! You are smart, composed and brave. Education is more than just learning, it’s the power to create your own destiny.

7. THE ANSWER IS ALWAYS NO, UNLESS YOU ASK. Believe me, I know it’s hard to ask people for a job, a favor, a piece of advice but you’ll be amazed by what you will learn if you just ask. And then never forget to pay it forward. People are going to help you along the way which means that one day you will be tasked with returning those favors, two-fold, to someone less fortunate.

8. PICK YOUR TEAM. Nothing gets your old Mom more worked up than people who don’t pick their team. Not everyone will be on your team and not everyone will pick you for their team, but don’t ever sit on the fence. Pick your team and then fight for that team. Stay loyal, have their back, stay informed, this is your world and if you don’t take a stand for it, then you can’t complain about it.

9. BE KIND, WORK HARD, LAUGH OFTEN. If you remember nothing else please remember these three things. Be kind to everyone you meet, even your enemies because that really wigs them out. Be kind to people from all walks of life, because but for a few wrong choices or a few unlucky breaks, you could be them. Work hard. Nothing in life comes easy. You have to work for it, you have to work sometimes till the words on the paper become blurry and your bones become sore. You will come to find, however, that there is no better feeling than accomplishing a goal you earned on your own. Then Laugh. Enjoy this world, laugh out loud, smile, giggle, be funny and have fun. A good laugh can make even the worst of days, worst of experiences, worst of situations, 1000 times better.

10. GOOD GUYS FINISH FIRST. I promise you they do! Yes, there are awful, untrustworthy people in this world and sometimes it seems they rule the roost. No doubt, mean girl clicks and good ole’ boy networks do exist. So what? Create your own. There are always more of us than them. Find those others, stand together, and you’ll be amazed what good people can do when they join forces.

And above all else, close your eyes and jump! You may tumble and fall but eventually you’ll stand on your own two feet and those same feet will carry you home.

To read more of Angel and Becky’s columns go to www.wilsonlivingmagazine.com.

From TALES, PAGE 14

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