Mt. Juliet project up for statewide award

A project completed in Mt. Juliet at the Beckwith North Distribution Center by S&ME, Inc., is among those being considered in the 2018 Engineering Excellence Awards competition, presented by the American Council of Engineering Companies of Tennessee (ACEC Tennessee). The award is one of the highest.

See AWARD, PAGE 4

Lebanon shooting leaves two dead

By Sarah Tate
Managing Editor

Two men are dead after a shooting in Lebanon Monday night. Around 7:15 p.m. Sept. 17, Wilson County Sheriff deputies responded to a shooting in progress in the 250 block of Bartons Creek Road.

According to the Sheriff’s Office, deputies noticed two male subjects with visible gunshot wounds. The men were pronounced dead at the scene. WCSO assured the public there was no additional threat and that the situation was contained.

The identities of the men were released yesterday: Freeman Fisher Coles (73) and Richard David Harris (52).

Lt. Scott Moore said deputies responded to the scene after a 911 call. “Upon arrival, a deputy observed a witness kneeling beside a male subject, identified as Harris, who appeared to have been shot in the abdomen area,” said Moore. “The deputy began immediately to render aid until the Wilson Emergency... See WCSO, PAGE 3

Wilson County Tourism awarded marketing grant

Tennessee Department of Tourist Development announced $1 million in grant funds awarded to 84 organizations for tourism marketing.

The Wilson County Tourism Department (Wilson County CVB) was awarded $18,000 for upcoming Marketing projects including a Tennessee Titans Yearbook advertisement, a marketing campaign to increase bookings at the Wilson County Expo Center, as well as a marketing campaign to increase the family and leisure travel market seeking affordable travel in the Nashville market.

The marketing award is a 50 percent reimbursable match grant which provides tourism organizations such as CVBs, chambers of commerce or regional tourism organizations a way to expand their marketing message. The partnership is designed to increase visitation to a community and increase travel-generated revenue, while leveraging TDTD’s brand “The Soundtrack of America. Made in Tennessee.” through marketing initiatives. Partnerships... See TOURISM, PAGE 10
Wilson Habitat for Humanity builds home for family of five

Staff Reports

Wilson Habitat for Humanity started its 76th build season for a family of five who needs the stability of a mortgage payment that won’t go up like rent every year, said Tory Tredway, director, Wilson Habitat for Humanity.

“As we begin our fall build season, we are excited to provide another affordable homeownership opportunity for a special family,” said Tredway. “Purchasing their home through Habitat will be life-changing for John and Lauren in multiple ways. Primarily, they will be saving considerable, hard-earned money each month as their mortgage payment for a new home will be significantly less than the rent they have been paying. In addition, they will be providing a safer, healthier environment in which to raise their three boys. Plus, Lauren will save gas money by being much closer to her job.”

Future Habitat homeowners John and Lauren live in a rental house that is old. The cracked windows are covered with packing tape because they are so drafty. The result is high electric and gas bills. That money is needed elsewhere since they are the parents of three children ages 1 to 13. Some of the electric outlets don’t work and there are signs of mold in several rooms.

The couple moved to Tennessee from California because John had a job offer to work with a good friend as a truck driver. He has since hurt his back, so he

Pictured left to right: John and Lauren, future homeowners, with sponsors Karen and Danny Dugan.

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Supports

Opportunities

Wilson Habitat for Humanity is a ministry of Childcare Worldwide, which has been dedicated to empowering children in the developing world since 1981. Through child sponsorship, Childcare Worldwide brings hope to children in need by providing them with an education that will set them up for future employment and break the cycle of poverty in their lives.

By coming to this event, you will enjoy traditional African song and dance, as well as help children in need all around the world. Love’s Way Church is located at 310 Coles Ferry Pike, Lebanon, TN. The choir will perform at both the morning and evening Sunday services on Sept. 30, 2018, at 10 a.m. and 6 p.m.

Don’t miss this once in a lifetime unique and authentic performance by the children of the Ugandan Kids Choir. For more information, visit livelifelovesway.com.
Rivalry games often are heavy on emotion, and that can lead to a defensive battle.

That was true of Mt. Juliet and Wilson Central Friday, as the Bears were able to do enough to come away with a 21-7 victory.

It started well for Mt. Juliet as a big pass play, 47 yards from Alvin Mixon to Malik Bowen, flipped the field in the Bears’ favor. Three plays later, Mixon would take care of it himself, scrambling for 19 yards and the first score of the night.

The game then turned over to the defenses, as neither would let the other get anything established. It looked like Central was about to break through when Ladarius Stewart got a big gain into Bear territory, but the ball was stripped and Connor Ruzek scooped it up and ran it back to the 42 of the Wildcats. Six plays later Mixon found Bowen again near the sideline and the big receiver muscled his way into the end zone with just eight seconds left in the half. At the break, the Bears led 14-0.

Mt. Juliet picked up where they left off in the second half, taking the opening drive for the score. The Bears went 58 yards in seven plays, and Mixon threw another touchdown pass for the score. He found tight end Sage Brawner for the 18-yard score and a 21-0 Mt. Juliet lead.

Wilson Central’s Stewart looked poised to make a big play all night, and he finally got it in the fourth quarter. The Wildcats reached into their bag of tricks and Dylan Carpenter found the speedy back on a 45-yard bomb for the Wilson Central score.

Mt. Juliet needed to stop the rally of the Wildcats and eat up clock, and they did that on the next drive. They put together a 12-play drive that didn’t end in points, but took more than six minutes off the clock, leaving Central just under two minutes and needing two scores.

Mt. Juliet comes back home next week to face Clarksville Northwest. Central will go on the road to face Gallatin. Both games will kick off at 7 p.m.
Celebrate National Public Lands Day at State Parks

Staff Reports

In honor of National Public Lands Day, Tennessee State Parks, Friends Groups and Tennessee State Natural Areas are hosting a variety of volunteer stewardship projects, and free hikes and interpretive programs on Saturday, Sept. 22.

““We invite Tennesseans of all ages to join us in showing respect and appreciation for the beautiful public lands we call home,” said TDEC Deputy Commissioner for Parks and Conservation Brock Hill. “We’re grateful to Gov. Haslam for declaring Oct. 1 a State Public Lands Day.”

This year, a variety of events and service projects are planned, including a list of hikes and events statewide, including a list of hikes and events statewide, including a list of hikes and events statewide, including a list of hikes and events statewide, including a list of hikes and events statewide.

From AWARD, PAGE 1

honors an engineering firm that can receive and is considered the “Academy Awards of the engineering industry.”

Panattoni, Inc. contracted S&ME, Inc. to provide permitting, design, and construction period support services for the restoration of approximately 800 feet of an unnamed tributary to Cedar Creek. Property owners had moved the grass to the water’s edge and installed a driveway culvert crossing. No other vegetation was present near the bedrock-lined channel. These combined conditions created a stream channel that was over-widened and lacked habitat diversity. Also, wetlands adjacent to the stream reach needed to be avoided during construction.

To address these challenges, S&ME used square Bio-D block coir blocks anchored to the bedrock with wooden stakes installed in holes drilled into the rock. This approach avoided wetland impacts, enabled channel restoration to appropriate dimensions, and stabilized the banks using soil behind the Bio-D block for a cost-effective project. Construction was completed in August 2017. The restoration of the unnamed tributary to Cedar Creek helps to improve water quality by providing improved physical habitat for aquatic organisms and eventually providing shading of the stream to avoid elevated temperatures during the summer as the streamside vegetation matures. This streamside vegetation (trees and shrubs) will also provide a source of nutrients for aquatic macroinvertebrates from leaf fall into the stream.

Project entries from across the state are up for consideration. The winners of the 2018 Engineering Excellence Awards will be announced during an awards gala at the Omni Hotel in Nashville on the evening of Oct. 26, where ACEC/Tennessee will also celebrate its 50th Anniversary.

Additional information about the Awards can be found at www.acecTN.org. In 2017, the TDOT Diverging Diamond Interchange at SR-66: Exit 407 project, completed by engineering firm Gresham, Smith and Partners, won the top prize.

Founded in 1968, ACEC Tennessee is a statewide organization that represents more than 100 Tennessee engineering firms. ACEC Tennessee has chapters in Nashville, East Tennessee, Southeast Tennessee, and Memphis.

Changes coming to Music City Star by end of 2018

Staff Reports

The Regional Transportation Authority of Middle Tennessee will have an open public comment period between Sept. 12 and Oct. 15, 2018, to bring new schedule options for the Music City Star commuter rail service to the public for feedback.

Customers can attend a meeting in person at one of the three upcoming meeting dates to learn more about the potential schedule changes.

Information is also available by going to the RTA website at musiccitystar.org and clicking on the service change banner at the bottom of the page.

The first meeting will be held at 4:30 p.m. Sept. 27 at FiftyForward Donelson Conference Room, 108 Donelson Pike, Nashville. The second meeting will be at 4:30 p.m. Oct. 2 at the Mt. Juliet Chamber of Commerce, 2055 N. Mt. Juliet Rd., Ste. 200. The final meeting will be 5:30 p.m. Oct. 4 at Lebanon City Hall, 200 N. Castle Heights Ave., Lebanon.

If interested parties are unable to attend one of the public meetings, feedback can still be provided by:

• Submitting comments online at www.surveymonkey.com/r/StarSurvey
• Providing customer comment at musiccitystar.org
• Emailing rta.planning@nashville.gov
• Calling 615-862-5625
A toolbox filled with life’s lessons

As human beings, we’re all supposed to be good to one another.

As we all know, life is short and can seem even shorter when a large part of it is spent complaining about nothing. The hectic stresses of life can make some days seem somewhat miserable and unbearable, but when you put things into perspective, you suddenly realize your day and life could be so very, very different.

There are things we do in our lifetime because of personal gain, personal satisfaction or just because we have to. But the things we do for others because we yearn or want to always seem to bring us as humans the most joy.

In other words, there are sincere and genuine things we do in our lives that make us feel better and teach us lessons about life in a positive way, all while being blessed in the process and wanting and expecting nothing in return. We do it because it’s what we want to do and it’s the right thing to do.

There are teachable and learnable life lesson opportunities each and every day if we all just look and listen for what’s really important. And that’s the lessons of life.

Spending time looking out for one another and being kinder to one another surely can’t or couldn’t hurt. I’ve always had a hard time being mean to someone I love or someone who was being nice to me. It’s a whole lot easier being nice and considerate when the process goes both ways. Plus it’s simply the right thing to do and makes you feel better when you do it.

In closing, please be on the lookout for those positive life lessons.

COMMUNITY CALENDAR

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>SEPT 22</td>
<td>Community Health Fair at Cooks UMC.</td>
</tr>
<tr>
<td>SEPT 25</td>
<td>HSET exam at Joy Church.</td>
</tr>
<tr>
<td>OCT 1</td>
<td>Board of Education meeting at Wilson County Administrative &amp; Training Complex.</td>
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<tr>
<td>OCT 5-6</td>
<td>Treasure Hunt/Yard Sale at Mt. Juliet Republican Club.</td>
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</tbody>
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PUBLIC NOTICES - PAGE 12

WHY ELITE?

When I needed hearing aids I asked friends where they bought theirs and two strongly recommended Elite. I took their advice and I am happy I did. I was able to try different options and Dr. McGlothlin was very patient while I made my decision.

- Peter Fechheimer

Your hearing aids come with a Doctor!

www.eliteaud.com
615-758-7118
Joy in the Garden

One of my favorite hymns is the Charles Austin Miles song “In the Garden.” The lyrics speak of a time when we are alone with the Lord and “He walks with me and He talks with me.” Miles continues by revealing “the joy we share as we tarry there, none other has ever known.”

Have you ever met someone who has lost their joy? They offer an accurate impersonation of the folks on Hee Haw who would sing, “Gloom, despair, and agony on me; Deep, dark depression, excessive misery.” I will stop right there before I depress you so much you can’t even finish this article.

When I encounter miserable people, I wonder where along their way they lost or forfeited their joy. It is no secret that it is in the garden with the Lord Jesus that we find our joy.

Jesus spoke to His disciples in John 15 about Him being the True Vine and we his followers are the branches. He calls us to fruitfulness and lets us know that if the branch isn’t bearing fruit, it’s because it is not attached. He repeatedly appeals to us to abide in Him and He will thusly abide in us.

He describes what this looks like when He proclaims “If you abide in me, and My words abide in you, ask whatever you wish, and it will be done for you.” He goes one step further when He points out that if we keep His commandments, our families will be “our family serving your family.” Hermitage Memorial 615-889-0361 www.hermitagememorial.com

ABUNDANT LIFE CHURCH
1000 Woodridge Place
Mt. Juliet, TN 37122
(across from M.J. Middle School)
Sunday Morning Gathering
9:30 a.m.
Wednesday Youth Ministry
7:00 p.m.
615-754-7035
akm.tj@gmail.com

Faith is the Victory Church
1491 N. Mt. Juliet Rd.
Mt. Juliet, TN 37122
in the Rainbow Place
Shopping center

SUNDAY WORSHIP | 10 a.m.
Join us for worship!

10:45 Traditional Worship
10:45 Sunday School
10:45 Modern Worship

the Fellowship
MT. JULIET

Sunday Worship | 10 a.m.
Join us this Sunday!

10 a.m. Small Study Groups
11 a.m. Worship Services
595 W Division, Mt. Juliet | cloydspsc.org | facebook.com/cloydspsc
Vol State, Hawkins family renew tornado connection

The boys are presented with the scholarships in 2006 by the Vol State College Foundation. Left to right: Warren Nichols, Buddy Shaw, Amy, Jerrod, Jair, Cole, Ed Mayberry and Stan Cole.

Staff Reports

Many kids want to be firefighters. They may play rescue with their friends or push around toy fire engines. Jair Hawkins took it to a whole different level.

“Every Halloween Jair dressed up as a firefighter,” said his dad, Jerrod Hawkins. “Every year. When he was 10 years old, he would ask me questions when I got home from work. How many calls did you get? How long did it take you to get out of the bay? Really specific questions.”

Jerrod has enjoyed a 20-year career as an EMT with the Brentwood Fire Department. He watched his son go from imagining fire scene responses as a child, to actively serving with a department.

“I begged him to let me be a volunteer firefighter. Finally, at age 15, he let me,” said Jair.

Jair is now a student in the Emergency Medical Technician (EMT) Basic program at Volunteer State Community College. It’s his first semester at the school. And it’s here that the story takes on a new meaning. The family has a stormy connection with Vol State that goes back 12 years.

“I don’t remember a whole lot from that day,” Jair said. “We went down to the basement and the next thing I knew the whole house is coming in on me.”

“I was working that day and I gave my wife a call to let her know about the storms,” Jerrod said. “I was talking to Amy on the phone and she said ‘I know it’s here’ and I lost the call. Ten minutes later I got a phone call from my neighbor. He said the boys were okay and were going to the hospital, but Amy was really hurt.”

That was April 7, 2006. An F-3 tornado ripped across Middle Tennessee and blasted into the Hawkins family home in Hendersonville. Amy covered up the kids with her body. She was found beneath bricks and rubble from the wreckage of the house. Amy survived but with major injuries.

“I just remember her being gone a long time, two or three months,” said Jair. Amy had many surgeries and went through extensive rehabilitation. She was left paralyzed from the waist down.

The Sumner County community rallied around the Hawkins family. They were even stars on the ABC TV show “Extreme Makeover: Home Edition.” The episode is often referred to as an audience favorite by the producers. The family received a brand new house during the show, a home specially designed for Amy and her wheelchair.

Former Vol State president, Warren Nichols, understood the devastation of that tornado. He was on campus when the twister moved north and hit Vol State that day, tearing up buildings, and causing $7 million in damage. That connection with the Hawkins family moved him to set up Vol State scholarships for the two boys, Jair and Cole, in 2006. Twelve years later, Jair is walking the Vol State campus as a new student this fall. While he didn’t need the tuition part of the scholarship, thanks to the TN Promise program, he did receive a book scholarship worth $1,000 each year.

“I didn’t know how it would work after so long,” Jerrod said. “So, I contacted Karen Mitchell in the College Foundation and she was wonderful.”

Jerrod says that his son Cole will also be using the Vol State scholarship in a few years. “Right now he wants to go into the Air Force and be a pilot. He wants to do two years at

Leedy named American Legion president

Kathleen Leedy of Mt. Juliet was recently elected president of the American Legion Auxiliary Department of Tennessee. This is first time in the organization’s history that a Wilson County resident was elected president. Kathy has been post No. 281 President since November 2010.

As newly elected president, Kathy has chosen her fundraising project to be “Healing Waters Fly Fishing.” This provides their service members with disorders such as PTSD with a therapeutic outdoor recreational activity. Kathy’s home Auxiliary Unit No. 281 will be hosting a Pancake Breakfast Benefiting Healing Waters Fly Fishing on Saturday, Oct. 13, 2018, 7:30-10:30 a.m. at Victory Baptist Church, 1772 Tate Lane Mount Juliet TN 37122. Tickets are $5 each or $20 for a family of five or more.

www.tcomj.com
Amy and Jair Hawkins celebrate his graduation from Portland High School last spring.

From TORNADO, PAGE 7

Vol State and then transfer to MTSU for their Aviation program."

Amy is doing well, but still has pain from her injuries. Jair thinks back to that tragic day and said his mom did something special. “If she didn’t do what she did, I wouldn’t be here right now.” And Jair adds that there are other ties from the past to the present. “A few of my buddies at the station where I volunteer have dads that worked at the station that day, and responded to help us.”

Amy and the family recently took a vacation in Florida. It was the first time she had been in the ocean since the tornado. Jair wants to graduate, continue with Advanced EMT, and then complete the Paramedic program. He has already applied for paid positions at fire departments, including Portland and Murfreesboro. His goal is to eventually be a fire captain.

“I’ve known since he was 2 that Jair would be a fireman,” Amy said. And as for how the tornado has changed their lives, she replied: “I look at challenges as a positive thing. We lived through this. It’s a celebration of life we do each year.”

Pioneer Days at Fiddlers Grove

Staff Reports

The Pioneer Days program is once again being offered by Fiddlers Grove Historical Village at the James E. Ward Ag Center.

It was originally established to provide the fourth grade students an enhancement to their studies of the history of Tennessee and Wilson County. More recently, the program has been modified so that it can be changed as needed to suit the educational needs of each grade level.

Fiddlers Grove has much to offer as the village shows progression from pioneer life to life in the early 20th century. You can visit each individual museum and see how transportation, communication, and electrification have evolved over the years.

The newest addition, the Heritage Barn Museum, will also be included in some of the tours so that the evolution in agriculture can be seen.

From life in a one-room cabin, education in a one-room school house, and the progression from ringing a bell to cell phones and broadband, students will see how progress has changed our lives. There are still some vacancies for schools to tour the Grove.

Encore presents chilling show to kick off fall season

Staff Reports


Directed by Barbara Hartman, the show opened Friday, Sept. 14, and will run through the Sept. 23. The Friday and Saturday shows are at 7:30 p.m. and the Sunday matinee is at 2:30 p.m. The house opens 20 minutes before show time.

A classic haunted house chiller, Pam Fitzgerald and her brother, Roddy, seeking an escape from London, discover a charming house in the west of England, overlooking the Irish Sea called Cliff End, that has long been empty, and they are able to purchase it at a suspiciously low price from Commander Brooke, the village curmudgeon. The reason is soon apparent: The house has an unsavory reputation.

Slowly the Fitzgeralds begin to sense the evil spirit that still inhabits the house, announcing its presence with a sudden, bone-chilling cold. Their housekeeper’s cat will not enter the nursery, where the sound of a weeping woman adds to the tense atmosphere, and the scent of a flowery, exotic perfume called mimosa comes and goes. The village doctor, the local gossip, and a former governess visit, with strange stories of the beautiful lady with a terrible past.

If we are going to realize the fullness of Jesus’ joy in our lives, we must abide in Him; in other words there must be fellowship and communication with Him, by His Spirit. It is a great thing that by His death, burial, and resurrection, we have unobstructed access to the throne of God to receive mercy and grace in our time of need.

There is no longer a veil and we do not need a priest to enter the holy of holies on our behalf. We can anywhere and anytime go before the throne of grace in prayer and meditation.

Let’s not allow all the really good things that we may do to substitute for that time in His presence where the “melody He gave to me within my heart is ringing.” Religious activity can never replace intimate fellowship with the True Vine. Let’s find joy in the garden.

From F & M, PAGE 6

it is then that we will abide in His love. And then He speaks these words. “And these things I have spoken to you, that My joy may be in you, and that your joy may be full.” Now, don’t you want your joy to be full? The fullness of our joy is found in the garden.

Often we get occupied with doing religious activities and we give our attention to the accoutrements of Christianity. We might attend church regularly, sing the songs, give some money in the offering plate, and maybe even serve on some outreach ministry. Allow me to hasten to point out these are all commendable things and we should be doing them. But are we attempting to allow these external activities to replace the walk with Jesus in the cool of the day in the garden of fellowship? Does He walk with us and talk with us? Maybe the better question is are we walking and talking with Him?

For the joy that we seek in possessions, power, esteem, and societal advancement can only be found in “the sound of His voice, which is so sweet the birds hush their singing.” If we are going to realize the fullness of Jesus’ joy in our lives, we must abide or remain in Him; in other words there must be fellowship and communication with Him, by His Spirit. It is a great thing that by His death, burial, and resurrection, we have unobstructed access to the throne of God to receive mercy and grace in our time of need.

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Photo submitted
SFMO shares safety tips during Carbon Monoxide Awareness Day

Staff Reports

The Tennessee State Fire Marshal’s Office is using the state’s annual Carbon Monoxide Awareness Day (Sept. 18) to remind Tennesseans of the dangers associated with carbon monoxide, often called the “silent killer.”

Carbon monoxide (CO) is an odorless, colorless gas created when fuels (like gasoline, coal, natural gas, propane, oil, methane or wood) burn incompletely. In the home, heating and cooking equipment that burn fuel, such as barbecue grills, fireplaces, and fuel-powered heaters are potential sources of carbon monoxide. Dangerous levels of carbon monoxide can also be produced by portable generators and vehicles.

“Carbon monoxide is especially worrisome since it is colorless and odorless,” said Tennessee Department of Commerce and Insurance (TDICI) Commissioner and State Fire Marshal Julie Mix McPeak. “We encourage every Tennessean to be aware of the dangers carbon monoxide presents. Installing and maintaining a working carbon monoxide alarm could prevent tragedy from striking.”

In 2015, legislation was signed by Governor Bill Haslam declaring Sept. 18 of each calendar year as Carbon Monoxide Awareness Day in Tennessee. The legislation was sponsored in the House by Tennessee State Representative Joe Pitts (D-Clarksville) and in the Senate by Senator Mark Green (R-Clarksville).

The designation was made in honor of five friends killed as a result of CO poisoning on Sept. 18, 2011, in Clarksville. Jon and Kathryn Watson Over, Jim Wall, Tim Stone and Allison Bagwell-Wyatt lost their lives at a children’s charity fundraiser when carbon monoxide fumes from a generator seeped into their rented RV. The RV’s carbon monoxide detector, which could have prevented the deaths, was later discovered to have no batteries.

Since the tragedy, progress has been made to protect consumers and raise awareness of CO poisoning. Tennessee law now requires that rented RVs must have functioning carbon monoxide detectors before being leased for use. The law also holds RV rental companies responsible if they fail to document and test the CO detectors in their leased vehicles.

The SFMO offers the following tips to help Tennesseans reduce the risk of carbon monoxide poisoning:

• Never use a gas generator inside your home, garage, carport basement, crawlspace or outside near a window, door or vent. A generator should only be used outdoors at least 15 feet away from buildings.

• Never use a gas range or gas oven to heat your home. Do not use a gas or charcoal grill indoors, and do not burn charcoal in your fireplace.

• Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open.

• Do not use fuel-powered equipment in the garage.

• Have fuel-burning heating equipment and chimneys inspected by a professional every year before cold weather sets in.

• When using a fireplace, ensure the flue is open for adequate ventilation.

• Common symptoms of carbon monoxide poisoning include headache, dizziness, nausea, vomiting, shortness of breath and confusion. Many of these symptoms are similar to common colds or seasonal flu. Breathing high levels of carbon monoxide can cause loss of consciousness or even death.

• If carbon monoxide poisoning is suspected, turn off possible sources of the gas.

• Carbon monoxide detectors are important in protecting against CO poisoning, and are widely available at home and hardware stores.

• CO alarms should be installed in a central location outside each sleeping area and on every level of the home or RV. For the best protection, interconnect all CO alarms so that when one sounds, they all sound. Choose an alarm that has the label of a recognized testing laboratory and always follow the manufacturer’s instructions for installation.

• If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the structure is accounted for. Call for help from a fresh air location and stay there until emergency personnel arrive.

Robert Sullivan and his grandson Holden Sullivan are the oldest and youngest members of the Sullivan’s of Hickory Hills, one of the oldest families in Wilson County. Holden is holding a can that is passed down from generation to generation, always belonging to the oldest member of the family. The Sullivans have been in Wilson County since Florence Sullivan, Jr., came to present-day Mt. Juliet around 1800.

www.tcomj.com

THE CHRONICLE of Mt. Juliet

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Office Location: 1400 N. Mt. Juliet Rd
Mt. Juliet, TN 37122

Telephone: 754-6111 • Fax: 754-8203
Office Hours: 9 a.m. to 5 p.m. M-F
Classified Deadline: 1 p.m. every Monday
Display Deadline: 5 p.m. Monday

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OBITUARIES

DAVIS, Herbert Haskell

Mr. Herbert Haskell Davis, age 82 of Lebanon, passed away Sept. 15, 2018, at his home. He was born in Wilson County, the son of the late Charles Rhea Davis and Callie Morse Davis.

In addition to his parents, he was preceded in death by two brothers: Charles Rhea Davis Jr. and Hugh Winston Davis. He is survived by his wife of 59 years, Evelyn Shipper Davis; four children: Herbert Haskell (Shemeka) Davis II, Dr. Adam (Julie) Davis, Eugenia (Kevin) Shearon, Madron (Tim) Sawyers; sister, Edna Katherine Schubeck; 11 grandchildren, one great-grandchild; several nieces, nephews and cousins; special golf buddies: Sue Drummond and Jeanne Jackson.

A celebration of Herb’s life with Full Military Honors will be held at a later date. Memorial contributions may be made to any of the following charities: Vietnam Veterans of America Chpt. 1004, P.O. Box 128, Lebanon, TN 37088/ St. Joseph’s Indian School, give.stjo.org/Alice Lloyd College, alc.edu/St. Jude Research Hospital, Memphis, TN.

LIGON & BOBO FUNERAL HOME, in charge of arrangements. www.ligonbobo.com

Twelve new students were inducted into the Springdale Elementary Junior Beta Club.

BETA Induction Ceremony held at Springdale Elementary

Staff Reports

On Monday, Sept. 10, the Springdale Elementary Junior Beta Club held its induction ceremony and inducted 12 new members into the BETA club.

BETA consists of fourth and fifth grade students. Each student is asked to take a pledge where they declare to uphold the standards of the National Club to be honest and truthful, maintain a creditable scholastic record, be of service to teachers and fellowmen, conduct themselves in an ethical and moral manner, and reflect credit upon their school and community.

These students will be working hard this year as some compete at the end of the month in Bowling Green for the Leadership Summit, and then all will compete in academics and various arts at the state level in November. They also will be working on service projects throughout this year within their school and community.

The teacher sponsors are Lisa Redditt and Kimber Bugwell.

From TOURISM, PAGE 1

awarded were competitive in nature and limited to available funds, as well as the number of requests received.

“Those marketing grants create an opportunity for our partners across the state, especially in rural areas to double their resources for a project to promote their area,” said Tourism Commissioner Kevin Triplett. “We are glad we can make this program available.”

“The Wilson County Tourism Department is thrilled to receive this grant to help us continue our marketing efforts for the sports, group and leisure travel markets,” said Amy Nichols, tourism director for Wilson County. “We are pleased to announce that our recent Economic Impact of Travel numbers that were released last month, have shown an increase from our previous year’s and we hope to continue this pattern of growth with our upcoming marketing projects.”

In 2017, the Tourism Marketing Grant budget increased from $855,000 to $1 million in funds. The grant has allowed tourism organizations across Tennessee to expand marketing efforts thus expanding exposure for the entire state.
Face the Fall, Ya’ll!

“Is there a better time of year to do certain procedures?”

Yes! Many procedures involve post-care instructions to remain out of the sun for protection from unwanted side effects. What are the best fall and winter procedures? For sun worships, chemical peels, microneedling, lasers and spider vein injections are all treatments that are best done during colder months, due to post-care sun restrictions. Direct sun exposure without proper protection can cause aftereffects such as facial burns, hyperpigmentation or brown discolorations. Can these procedures be done all year round? Absolutely! For those who are not particularly conscientious with sunscreens or diligent with reapplication, we recommend waiting until the colder months, due to post-care sun restrictions. Direct sun exposure without proper protection can cause aftereffects.

Not one to avoid the sun? Botox and fillers can be done throughout the entire year!

Everyone is talking about elderberry!

What’s with all the hype?

Elderberry (Sambucus Nigra) is a natural remedy that has recently gained popularity for its effectiveness in fighting the flu, colds, and as a general immune booster. However, it isn’t anything new at all! Elderberry remedies & tonics date back to ancient Egypt. And it isn’t just a kitchen remedy anymore; clinical trials have been done to show the effectiveness of elderberry against the flu – bringing the duration from 6 days down to 2 or 3. In Europe, it is approved for fevers, cough, colds, & bronchitis. One study done in 1995 called Elderberry a “complete cure,” against the flu. It is also commonly used against sinus infections, to lower blood sugar, & against allergies. As with any other immune-booster, elderberry shouldn’t be used carelessly. Individuals who have an autoimmune disorder should ask their Naturopaths or doctors before beginning this or any other immune boosting herb. Research elderberry and see if it is right for you!

To paint or not to paint? That is the question…

Many home sellers look around their home and really wonder what they should do to sell their home quickly and for the most amount of money. Often, the question of painting comes up when talking to a seller, but unfortunately there is no general answer to this question.

In addition to listening to your REALTOR®’s suggestions, you may also want to walk around your house and take a closer look with fresh eyes. Pretend you’re the buyer. Are there things you see as a buyer that you normally don’t see as you live there day in and day out?

At Mullins Realty Group, LLC, we have a Seller’s checklist to help you determine what needs to be done before you put your home on the market. When we preview your home for the first time, we will review that list with you to see what needs to be done and what is feasible for you to do in order to accomplish your goals. If you’re thinking about selling your home and you’re not already working with a REALTOR®, call us today at 615-773-8872 and we’ll put one of our professionalsto work for you!

My son plays football and I was wondering if we should wait for braces until the season is over?

Great question! Here at Oxford Orthodontics we have lots of patients getting their beautiful smile while participating in various sports. We have mouthguards that we give our patients that can be used with the braces to protect their smile! Another option is Invisalign Teen treatment. So, bring your son in for his complimentary smile evaluation and we can discuss how we can get the smile you always wanted for him even while he plays football!

I leave the pool open year round, but these leaves are driving me nuts. Any suggestions?

It’s really quite simple. Get with your local pool store and purchase a leaf net. They are fairly inexpensive and they catch the leaves when they hit the top of your water. You hold it down with a few water bags, pull them back and toss the leaves off with the net! They make life a lot easier for a couple of months in the fall.

As always, feel free to email us your questions for a personal response! Send those to davidwcowan@poolkrafters.com

We speak Medicare.

Medicare “Open Enrollment” is coming up. How do I know if I should change plans or not?

By October 1 of each year, you should receive your ANOC, Annual Notice of Change, for your Medicare Advantage Plan or your Medicare Part D Prescription Drug Plan. It should easily explain any changes that your plan will make for the next year. If you are ok with those changes and do not wish to look at any of the new plan options for the next year, then you have nothing that you need to do to stay where you currently are enrolled. If you would like to make a change, you have until December 7th to do so. If you would like to compare your current plan with any of the new plans that are coming for 2019 or compare your current drug plan to see if you are getting the best benefit for your exact set of drugs, call our office and make an appointment with one of our licensed agents. There is no obligation and never any cost associated or owed to an agent to compare or help you enroll into another plan. We are very honest with you and will tell you if you need to stay where you are or if it may be best for you to make a change. We represent every plan in our state and are happy to help you understand all of your options. Our annual open house is October 13 - 16 from 10 - 5 each day and will have great food, fun give-aways and all of the Medicare information you could ever want to take home with you. Hope to see you then!

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As always, feel free to email us your questions for a personal response! Send those to davidwcowan@poolkrafters.com
PUBLIC NOTICE

The Board of Commissioners of the City of Mt. Juliet will have a Work Session beginning at 5 PM on Monday, September 24, 2018 to discuss the proposed Transportation Plan beginning with page 62. A Public Hearing will be held Monday, September 24, 2018 at 6:15 p.m. to hear comments on the following items to be considered on 2nd and final reading along with the FY 18/19 Grants/Donations submission from new applicants:

• Presentation from the new 501C3 applicants that have requested funds from the City of Mt. Juliet
• Amend the FY 2018/2019 Budget for Training Expenses related to the Police Department for the K-9 Program
• Amend the FY 2018/2019 Budget to accept a federal grant from the Nashville MPO for Lebanon Road Sidewalks,
• Amend the FY 18/19 Budget to accept a federal grant from the TN Department of Transportation (TDOT) for the Intelligent Signal System, Phase II
• Amend the FY 2018/2019 Budget to accept a federal grant related to the Police Department for the K-9 Program
• Amend the FY 2018/2019 Budget for Training Expenses

The public is invited to attend and comment.

Kenny Martin, City Manager
City of Mt. Juliet

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PUBLIC NOTICE

The Chronicle of Mt. Juliet, SEPTEMBER 19, 2018

PUBLIC NOTICE

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The City of Mt. Juliet is seeking candidates for the following positions: Full-time Sewer Operator I for the Public Works Department. Selected candidates will be required to complete a pre-employment physical, drug screen, background check, and other testing as deemed necessary. You will need to hold a valid TN driver’s license. Applications must be filed electronically through the City’s website, www.mjtju- liet-tn.gov. We will accept electronic applications until Monday, October 1, 2018. The City of Mt. Juliet reserves the right to stop accepting applications at any time. For questions, regarding the electronic application process, please call (615) 754-2352. The City of Mt. Juliet does not discriminate based on race, color or national origin in federal or state sponsored programs, pursuant to Title VI of the Civil Rights Act of 1964 (42 U.S.C. 2000d), EOE/Drug-free Workplace.

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**CLASSIFIEDS DEADLINE:** MONDAY 1PM | 615-754-6111

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*The Chronicle of Mt. Juliet, SEPTEMBER 19, 2018*
TELLING TALES

Join my circle

By Angel Kane
Wilson Living Magazine

When I was growing up, there were just two ways most Moms could snoop.

They’d either read your diary or they’d ever so gingerly … pick up another phone in the house while you were on the line.

Some mothers were better at the spy business than others.

Mine was a pretty bad spy, so the diary hidden under my mattress remained mostly blank, except for a few pages to lead her off track, and every time I’d hear the faint “click” of the other phone being picked up, my conversation would turn to homework.

These days, however, stalking your children has become a multi-million dollar business. No doubt my mother missed out on a treasure trove of surveillance techniques that would have increased her spy success rate tenfold!

From monitoring who they are talking to, what is being said when and where, to video surveillance of every nook and cranny of the house, windows and doors, nothing can be missed by those who want to know.

And I want to know.

Over the years, I’ve monitored their calls with various apps, done my fair share of social media stalking and, when the coast is clear, have been known to break through a password or two in order to get to the good stuff.

Their invasion of privacy has not come easily nor without a fight.

But my rule is, if I pay for it, I can see it.

So it came as quite a surprise to me that I had missed out on “Life 360.”

The ultimate spyware that allows me to not only pinpoint the exact whereabouts of my little family but to also monitor their speed and driving abilities.

Install is simple. Download the app and then invite your family members to join your circle.

Having nothing to hide, I included myself in the circle, then invited my husband and our three children - ages 21, 18 and 15 to join.

Crickets.

I resent the text invite.

Nada.

Then I started hollering, “You all better join my circle or your phones are mine!”

The 21 year old has refused and her father is backing her up. Something about her being an adult now.

From ENCORE, PAGE 8

The 18 year old tried to swing wide open!

But she is backing up. Some-what to join your circle.

And although she is old enough to vote, she also likes the finer things in life such as a paid for phone, wardrobe and vehicle.

She accepted the invite. Once the 18 year old folded, the 15 year old knew resistance was futile.

My 15 year old calls the circle prison. Maybe so. But I’ve explained to him that when he can pay his own bail, the door will swing wide open!

That may be why they call the app, “Life” 360.

Until then, we are now a circle of three!

To read more of Angel and Becky’s columns go to www.wilsonlivingmagazine.com

Taking the same ridiculous stance, my husband has also refused, claiming he is an adult too.

The 18 year old tried to play the adult card as well. And although she is old enough to vote, she also likes the finer things in life such as a paid for phone, wardrobe and vehicle.

She accepted the invite. Once the 18 year old folded, the 15 year old knew resistance was futile.

My 15 year old calls the circle prison. Maybe so. But I’ve explained to him that when he can pay his own bail, the door will swing wide open!

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From ENCORE, PAGE 8

tiful Mary Meredith, who once lived in the house and of the striking, unstable Carmel, who posed for a painting that led to her destruction.

With the help of Mary’s daughter, Stella, a beautiful young girl whose mysterious birth holds the key to the puzzle, and a seance arranged by an actress friend of the Fitzgeralds, the action builds steadily to a truly terrifying climax in which the ghost is discovered to be not only real but dangerous.

A tragic family past, a mysterious locked room, cold chills and bumps in the night – this show has it all.

The show stars Briana Finley, Jeremiah Bender, Rae Phillips, Tama- sins Platt, Mic, Rex, Sara Dhom, Emma Brown, Fer-

ando Ochoa, Doug Allen and Linda Patrick.

For tickets visit Tick-etNashville.com; tickets are $15 for adults and $12 for youth and seniors. You can also reserve seats and pay at the door by calling 615-598-8950.

Encore Theatre Compa- ny is located at 6978 Leb- anon Road in Mt. Juliet (just east of Highway 109, behind Misty Blue event center).

OPEN HOURS Tues–Thurs from 11:30-5:30. Mt. Juliet Animal Care & Control 115 Industrial Drive, Mt. Juliet, TN 37122

Please call the shelter at 615-773-5533 to schedule an appointment to meet Lexie, or come during open hours.

Lexie is a fun-loving gal that likes to sing and dance. She is super smart and very affectionate. Lexie is looking for a loyal best friend who enjoys going on runs or long walks. She is up to date on age appropriate vaccines, heartworm negative, spayed, and is micro-chipped.

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THE SHOW STARS
Briana Finley, Jeremiah Bender, Rae Phillips, Tam...
Mt. Juliet Pow Wow to be held this weekend

Staff Reports

The 37th Annual Mt. Juliet Pow Wow will be held this weekend at Mundy Memorial Park. Exhibition times are Saturday from 10:30 a.m. to 9 p.m., with competition dancing starting at noon.

Gates open Sunday at 10:30 a.m. and competition dancing begins at 1 p.m.

The Mt. Juliet Pow Wow aims to educate and entertain the public in the Native American and American Indian culture through dance, native arts, crafts and food booths.

The Pow Wow is a time-honored tradition of celebration and gathering with friends and family. Through this exciting competition of intertribal dancing, gourd dancing, chicken dancing, drum contest, Native American Arts/Crafts booths, and Native American food, visitors’ hearts will delight with the beauty and passion of a Competition Pow Wow.

Because bleachers will fill quickly, event organizers ask for attendees to bring lawn chairs. Admission is cash only, and an ATM will be on site. Ages 5 and under get in free, ages 6–12 are $5, ages 13 and up are $8, and seniors 65 and older are $5.

Mundy Memorial Park is located at 300 Mundy Blvd. in Mt. Juliet. Middle Tennessee Pow Wow, Inc. is a non-profit organization.

From MJPD, PAGE 1

Anyone with any information about this crime is encouraged to call the Mt. Juliet Police Department at (615) 754-2550. Information can also be given anonymously by calling (615) 754-TIPS (8477) or via the Mt. Juliet Police Department website at http://www.mjpd.org/.

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Suicide rate continues to climb in Tennessee

Staff Reports

September, recognized nationally as Suicide Prevention Awareness Month, places a focus on the continuing rise of deaths from suicide nationwide and the preventive steps that might be taken to help reduce the number of lives lost each year.

According to the latest data provided by a number of sources including the Tennessee Suicide Prevention Network, the state’s suicide rate remains one of the nation’s highest at 16.2 deaths per 100,000 people and is the highest on record for Tennessee dating back to 1981.

The suicide rate for the nation is 13.4 deaths per 100,000 people.

Based on 2016 records, the latest statistics available, suicide was the second leading cause of death among youth 10 through 14 years of age in Tennessee and among adults between 25 and 35 years old. And suicide was the third leading cause of death for persons in the 15 to 24 age group. In all, 1,110 lives were lost in the Volunteer State in 2016 as a result of suicide.

Nathan Miller of Cumberland Mental Health Services, an agency of Volunteer Behavioral Health, described suicide as a mental health concern being fueled by a number of issues in today’s society from peer pressure to addiction.

Miller said suicide “essentially touches all of us. It is a part of our society that has no bounds, no age limitations, and can strike rich and poor alike.”

There are a number of warning signs that may alert someone that a friend, co-worker or relative may be considering taking their own life.

Among the warning signs are a person talking about wanting to die or to kill oneself; looking for a way to kill oneself; talking about feeling hopeless or having no purpose; talking about feeling trapped or being in unbearable pain; talking about being a burden to others; increasing the use of alcohol or drugs; acting anxious, agitated, or reckless; sleeping too little or too much; withdrawing or feeling isolated; showing rage or talking about seeking revenge; and displaying extreme mood swings.

If any of these signs persist with someone you know or if it’s believed a person may be considering suicide, Volunteer Behavioral Health urges that calls be placed to the agency’s 24-hour crisis call center at 1-800-704-2651.

For more information about this topic visit www.vbhhs.org or call Volunteer Behavioral Health at 1-877-367-6051. Serving 31 counties in Middle and Southeast Tennessee and the Upper Cumberland Region, Volunteer Behavioral Health, a nonprofit organization, is a leading mental health provider.

www.tcomj.com