As grand or as intimate as you would like your wedding to be, The Mill at Lebanon provides an historic landmark setting of architectural significance with detailed personal services.

Imagine a cozy ceremony in the cedar-lined Loft with the soft warm glow of over a one hundred year old natural cedar, or a more traditional ceremony on the dramatic stairway of the expansive Atrium with its massive cedar columns. Still, you may prefer a more magnificent spectacle on the stage of Edgerton Hall. Within The Mill’s statuesque complex, you will find the place for the ultimate wedding.

Reception options are as numerous as the wedding options.

The Mill will be glad to discuss the pricing of these venues with you at any time. Email laura@themillatlebanon.com or call 615-443-6901 extension 1.

If you have any questions, or require additional information, please do not hesitate to send an email or give The Mill a call. They look forward to helping you plan your “special day.”

### EXPERIENCE THE MILL

**Houston’s Can Meet All of Your Catering Needs**

When planning your engagement party, bachelorette/bachelor party, wedding reception, a special banquet event, or just a family meal, the place to shop for the food is Houston’s Meat & Produce in Mt. Juliet. Quality food is a must for any special event and this can always be found at Houston’s.

Preparing any special meal begins with meat selection. Houston’s is the premier, old fashioned butcher shop in Middle Tennessee. Whatever your taste, be it USDA Choice beef, Premium pork, or fresh, never frozen chicken, Houston’s is setting the table for you. Their experienced meat cutters strive every day to make every meal a memorable one.

For over twenty years, Houston’s has been cutting meats and creating special dishes for the people of Mt. Juliet. Jerry Houston started in the grocery business in 1972 at Green Hill Market. His family continues to grow the family business every day and continues his legacy.

To meet the needs of their customers, the idea of catering began to grow and Houston’s expanded from the little meat market in Mt. Juliet to Houston’s Fine Meats and Catering. The feedback from customers influenced the menus that are being used today.

Traditional southern fare at its finest is on the catering menu at Houston’s. Recipes from the Houston family, as well as special food dishes that have been perfected over the years can all be served at your reception or next special event. Pick-up, delivery, and on-site service are all available. Houston’s specialty is on-site grilling.

A multitude of dishes are available on the catering menu at very reasonable prices. Choose beef stroganoff, pastas, smoked or grilled meats or a boxed lunch served with a wide variety of vegetables. Topping off your special meal with Mississippi Mud Pie or banana pudding will make the meal complete.

Hor D’oeuvres, party trays, cheese trays, fruit trays, veggie trays and meat trays are also available to compliment any catered meal.

Having a delicious meal to help celebrate your special wedding day, family event or meeting makes the day a success. Call or e-mail Houston’s Meat and Produce to receive a proposal for your next party, meeting, reception, or celebration.
TERIAN FARMS EVENT CENTER

Voted one of Nashville’s “Top 10 Wedding Venues”. This secluded paradise, just minutes from Nashville, provides All Inclusive Ceremonies and Receptions. From horses grazing in the fields to the perfect sunset portraits in the woods, Terian Farms gives every couple a “once-in-a-lifetime” memory. This ALL INCLUSIVE wedding venue removes the stress and uncertainty of planning and executing special events. The professional design team gives personal attention and service, so that couples and guests simply enjoy their Big day. Contact Terian Farms: tess@terianfarms.com or 615-202-2020. Mention this ad for a free S’mores bar or fire pit. TERIANFARMSEVENTCENTER.COM

2891 Callis Rd, Lebanon, TN 37090

615.202.2020 | terianfarmseventcenter.com
LET THIRD COAST SALT MAKE YOU GLAMOROUS FOR YOUR SPECIAL DAY

Attention beautiful Brides!

“You deserve the best in this new chapter with your handsome Groom... why not let the BEST SPA help you with your skincare? Why not decrease your stress levels through Salt Therapy? Relax with a Couples Massage with your love? Weight loss and detoxification with Sweat Pods? Gorgeous glam Microblading Brows? We’ve got ya!” says Shari, owner of Third Coast Salt.

In less than three years, one of Mt. Juliet’s newest and brightest small businesses has won Best Spa and Wellness Center for three years! Third Coast Salt couldn’t be more proud of this honor and promises to love on any bride that enters their doors.

Third Coast Salt is located at 1283 North Mount Juliet Road inside the same building as Smoothie King. Visit soon. “We are here to stay,” says Shari, grateful owner. “Let us heal you.”

They specialize in halotherapy (salt therapy), skincare, massage including Couples Massage on the second and fourth Saturday, sweat pods and microblading.

Salt Therapy is what put them on the map — plus it’s in their name! Breathing issues and skin disorders as well as anxiety are just a few of the reasons people do salt therapy.

Their esthetics room carries two organic lines, Indie Lee and Suntregrity. They offer an array of treatments in their skincare rooms, both results-driven such as Wilson County’s first Dermalinfusion Facial as well as productive treatments like chemical peels and microneedling. Don’t forget waxing and microblading.

To celebrate winning Best Spa and Wellness Center, they are offering half-price salt for all of 2019 when you pre-book and prepay through their website. Visit www.thirdcoastsalt.com or call 615-200-6365 to learn more.

“A huge thank you to all of our brides for believing in us,” said Shari. “Allow us to help you be your most confident, beautiful self for your wedding day. Call us to discuss private events for your bridal party, schedule a Couples Salt Massage or schedule months out to get your skin youthful for your most memorable you.”

MOSS’ FLOWER SHOP, TRADITION WITH A MODERN FLAIR

For decades the Moss name has been synonymous with beautiful weddings. Whether simple or lavish they can make the wedding you’ve always dreamed of a reality.

Stylish and unique floral creations have been provided to brides throughout the southeast. Bouquets, corsages, boutonnieres, church settings and reception decor - all are their specialties. Their flowers are delivered fresh from flower markets across the globe. Moss’ also uses locally grown specimen flowers. They are familiar with all the local venues for on-site setup and design.

Let this award winning florist and their master designers create the perfect setting for you to say “I DO”. Call 615-758-5972 today to schedule an appointment.

“Never Underestimate the Power of a Flower”

Let us help create the wedding of your dreams with unique floral designs.

Call for an appointment today!
A champagne toast. A fine scotch shared between father and son. A custom bourbon bar for the reception. The perfect wine to complement your exquisite menu. These are the parts of your big day that will be remembered for years to come.

The friendly and knowledgeable staff at Mt. Juliet Wine and Spirits knows the importance of your special day, and can offer the expert advice and information you need to make the perfect selection of wine and spirits to serve to your friends and loved-ones. From brainstorming signature cocktail ideas to how much you should plan to serve during cocktail hour and the reception, the staff can help ensure you have enough to keep your guests happy.

When it comes to wedding-day wine and spirits, Mt. Juliet Wine & Spirits is your key to finding delicious options that will fit your budget and keep your guests’ glasses full. The staff researches wine and spirit offerings and can provide custom tasting notes for your bar or staff to share with guests. From reds and whites to bubbles and bourbon, the possibilities are endless. Your wines can be chilled at pick-up or delivery per your specifications.

Grooms are no longer just along for the ride, special orders of hand-picked bourbons, whiskeys, and scotches can be made to cater to guests’ tastes for your special day.

Want your family and friends involved? Plan a wine tasting for your bridal shower. Whatever your price range, the staff can help you find just the right beverages to serve to pop the cork on your celebration. Don’t forget bridal showers, announcement parties, bachelor and bachelorette parties.

The city of Mt. Juliet’s very first fine wine and spirits store, Mt. Juliet Wine and Spirits is a warm and unique place of never-ending conversation. The weekly tastings every Friday night from 4:00 to 8:00 pm offer a social atmosphere where you can learn the history, origin, and notes of the world’s finest wines, spirits, and high gravity beers. More importantly, the tastings can help you decide on what kinds of wine and spirits you enjoy and would like to feature on your special day.

If you already have a special beverage in mind that is not available, special orders can be placed. Quantity discounts are available for weddings. Call or stop by to schedule a consultation with Mt. Juliet Wine & Spirits’ staff to discuss your needs, wants, and budget. The staff aims to please and make this part of your wedding plans as easy as possible.

Not your average wine and spirits store, Mt. Juliet Wine and Spirits offers high-level knowledge, class, and most importantly, the finest quality wines and spirits. The staff attends tastings all over the region to ensure the store offers the highest quality wines and spirits available today. Let them help you make your wedding day exactly how you always pictured it to be.

CHOOSE THE PERFECT PAIRING
AT MT. JULIET WINE AND SPIRITS

Let us help you prepare for your special day!

Special quantity discount | Champagne for your wedding toast | Pre-chilled beverages
Wedding consultations | Bourbon Bar for groom
Special orders available with one week notice.

11344 Lebanon Rd, Mt Juliet | (615) 288-3496
ENHANCE YOUR BEAUTY WITH LASH EXTENSIONS

When planning for your big day, the first thing that comes to mind is the lasting memory of looking into the eyes of your forever person and looking your very best. Accentuate your eyes with eye lash extensions from an Xtreme Lash trained and certified professional.

Never worry about your mascara running for your big day and ruining your wedding pictures. Bring your eyes to life with eye lash extensions.

Your beauty experience is done one synthetic lash at a time joining one natural lash with a medical grade adhesive. If your eyes are sensitive, simply ask for the special sensitive formula.

Your day of pampering begins with a customized consultation to design your best look. After three hours of gentle application in a relaxing, painless environment, you are rejuvenated with dynamic results. You will awaken with beautiful lashes, which you helped to design.

Becky at Stylemasters offers a relaxing experience with an expertise that will enhance your glow. Receive your extensions in a professional setting from a licensed cosmetologist certified by Xtreme Lash. Becky also offers lash lifts and lash and brow tints. Available are award winning Xtreme eye liner, pencils, mascara and cleansing lotions.

Becky is happy to set an appointment for you. Simply call or text her at (615) 438-1905.

A beautiful day needs beautiful lashes!

Contact Becky Pettis at Stylemasters, Mt. Juliet: call or text 615-438-1905
Xtreme Lashes trained & certified!
Call today for your FREE consultation.
10% OFF when you bring in this ad!
HAVE AN ECO-CONSCIOUS GREEN WEDDING

When planning a wedding, there are certain things on the minds of brides and grooms. But an eco-conscious ceremony might not be among those concerns. However, there are easy ways to include “green” practices in your wedding without compromising on style or statement.

- Condense. Think about how much time and gas are used driving around to different wedding vendors to coordinate flowers, linens, music, etc. That can contribute to one large carbon footprint simply for your wedding. If a catering hall offers packages that include other elements of the wedding, it may be more affordable and convenient to just go with them.
- Move outside. It can take a lot of energy to cool (or heat) a large, indoor reception site. Moving the ceremony and party outside can alleviate some environmental impact due to energy usage. Choose a picturesque setting to tie the knot.
- Give monetary gifts. Wedding guests often fret over what to give the happy couple as a wedding gift. If you purchase something they may not like, it was a wasted trip to the store and the couple will have to return the item or it may end up in the trash. One of the safest and greenest gifts is money. Not sure what denomination to give? Think about at least covering the cost of the wedding dinner. A guest couple can offer between $100 and $200 for a gift.
- Embrace history. If your mother has offered her wedding gown to wear, seriously consider it. Think about how much money you will save and the energy that will be conserved by not having to construct an entirely new gown. Furthermore, a gown from Mom is a sentimental gesture she will no doubt appreciate.

ENGAGED? CONGRATULATIONS! NOW WHAT? HAVE NO FEAR; HERE ARE SOME TIPS FROM A PHOTOGRAPHER’S POINT OF VIEW.

First, always hire vendors you like on a personal level not just a professional level. It helps to have a good friendship and trust with your vendors. It makes the planning and wedding day go so much smoother.

Secondly, if you’re not interested in splurging on a wedding planner, just do yourself a favor and hire a day of planner. Trust me the day easily gets away from you and you’ll want someone to lean on to answer all the last minute questions on your behalf. They can keep things rolling and on schedule and give you less to have to think about. Less stress on you equals a happy bride!

Now what about a “First Look,” do you or don’t you? If I could give one piece of advice to couples, it would be to strongly consider doing a first look. Let me just say I’ve never had a couple regret doing a first look, but I have had them regret not doing a first look. Here’s why; it takes all the nerves and jitters away and puts you both at ease and you’re so much more relaxed during your big day. It’s an actual romantic and private moment between the two of you that you’ll never forget.

I had one groom say to me that he wished he had done a first look because all day leading up to their ceremony all his friends and family kept gushing to him about how beautiful his bride looked. He wished he could have been the first one to see her. Come on, could that be any more romantic! This gives you more photos and a special picture of your first look.

Lastly, don’t forget the wedding is one day, but your marriage lasts forever. Don’t sweat the small stuff. Don’t let the planning become all consuming and so stressful that you can’t enjoy it. Just breathe and focus on forever as Mr. & Mrs.

Tori Wharton Smith is a photographer and co-owner of Wharton Photography
MUSIC MISTAKES TO AVOID AT YOUR RECEPTION

Wedding guests are usually anxious to head to the reception, where they can let loose and party. Music is an essential component of a lively and fun wedding reception, and there are some musical miscues couples should look to avoid to ensure the music is not memorable for all the wrong reasons.

- Blocks of silence: Nothing makes time seem interminable more than silence. Always have a constant flow of music to avoid awkward silences. This includes the time guests are waiting prior to the ceremony as well as when they’re entering the cocktail hour. Music will help everyone feel comfortable, and it creates a pleasing atmosphere, so make sure music plays throughout the festivities.

- Second-guessing a professional: In an effort to curb costs, some couples provide their own playlists via an mp3 player or a streaming service for the music. This is often a mistake. Hiring a professional means you will not have to worry about managing music on top of your many other wedding day responsibilities. A band or deejay usually also serves as the emcee for the event, announcing key moments of the reception as well as getting guests up on the dance floor.

- Playing only one type of music: Playing too many songs from one genre of music will alienate some of the guests who simply are not interested in that type of music. Professional deejays or performers know how to offer a great mix that will appeal to the masses, and they are often well worth the cost. Try to span different decades and genres to keep as many of your guests on the dance floor as possible.

- Failure to make a song list: Some songs you may feel are essential to the wedding and others may be on a do-not-play list and are associated with negative memories. Band leaders and deejays are not mind readers. Give your band leader or deejay ample time to review your requests so that he or she has time to find a song that may not be in his or her collection.

- Dancing to long songs: Pay attention to a song’s length, and choose spotlight dance songs wisely. Remember that guests will be watching you dance with parents or each other, and a five-minute song can seem never-ending while others are waiting around. Avoid very long songs, as the mix of music should be upbeat. The wedding isn’t the time to play “American Pie” by Don McClean, Queen’s “Bohemian Rhapsody” or Lynyrd Skynyrd’s “Free Bird.”

- Inappropriate lyrics and volume: Keep the music at an acceptable volume, and avoid songs with suggestive language or curse words that are inappropriate in a family setting.

Music is a key element of any good party, including a wedding reception, and it’s essential that couples take steps to avoid any musical miscues.
When you are walking down the aisle, besides everyone noticing your beautiful dress, hair, shoes and of course glowing smile & face, don’t forget your gorgeous radiant skin that compliments all of these. South Beach Tanning Company is your bridal destination for the perfect wedding day color.

First opened in November 2006, South Beach Tanning Company is proud to be Mt. Juliet’s only locally owned and operated tanning salon by Mt. Juliet residents Alex & Michele Friedrichsen. Offering 5 Levels of tanning, whether it is their air-conditioned Premium Beds, their exclusive High Pressure Beds imported from Germany, their state-of-the-art UV FREE Norvell Sunless Booth or their Custom Airbrush Tanning by a Certified Artist, they are able to give you the perfect skin tone for your special day.

SBTC has the best equipment and prices in Wilson County. You have enough decisions to make for your day and they will help relieve some of that stress by guiding you to the perfect plan. Being part of the South Beach Tanning Family, members are also able to visit any of their current (and growing) 45 locations nationwide.

The South Beach Difference? – Providing you with an experience that exceeds your expectations and delivers exceptional results, a beautiful tan & energized spirit. And the South Beach Staff…guaranteed to make your special day and each of your visits an incredible tanning experience.

Inspired by the art deco look of South Beach Miami and accented with bright colors, the result is a unique salon with a South Beach Chic appeal. Just like the hottest destinations, customers say South Beach Tanning Company has become the place for tanning. From the moment you walk through the door, you will know this is not your ordinary salon.

So before that amazing day, go visit them for a personal consultation and tour so they can help get you to the perfect shade you desire!
Incorporate some custom elements into the wedding ceremony to give it a unique flair.

Steeped in tradition, weddings have featured many of the same components for centuries. Those about to tie the knot may feel somewhat limited in their ability to shape their weddings into unique celebrations of their relationships and love for one another. Although it may not seem like there are many opportunities to put your own stamp on the wedding, there are plenty of ways to do just that.

When looking to personalize your wedding ceremony, determine if there might be anything blocking you from doing so. For example, if yours will be a religious ceremony, there may be certain rites that need to be followed. Secular ceremonies may offer more opportunities to customize.

- **Vows**: Vows are one of the easiest ways to put a personal touch on your wedding. You can select the words you want to exchange during the ceremony as well as any readings during the service. Work with your officiant to narrow down particular phrasing or sentiments that fit with your vision of the wedding and relationship.

- **Participants**: Wedding party members fulfill certain roles during the ceremony, but they are not limited to those tasks alone. Consider asking wedding party members or other friends or family members to take on specialized roles in the wedding. They may be able to do certain readings, escort guests to their seats, light candles, or sing and participate in other ways.

- **Musical interludes**: Choose music that connects with your personalities as a couple rather than selecting standard songs merely because they are the easier route. Work with the organist or other musicians and request that they perform or play musical pieces that you enjoy.

- **Candle lighting**: Many couples like to incorporate candle-lighting components to their ceremonies. Lighting unity candles blends two families together into one in a symbolic way. Other couples choose different traditions, such as mixing two different-colored sands in a new vessel, to represent the joining of two lives together. You can consider these types of additions for your wedding ceremony or come up with your own unique tradition.

Impart a special touch to a wedding ceremony in any number of ways. Doing so will help set this special day apart in the minds of guests and make it even more memorable to look back on as a couple.
Beautifully secluded historic circa 1850 log home nestled among pastures and century old trees. We offer shaded ceremony sites complete with a beautiful white tent with pleated draping and crystal chandeliers on a 3200 square foot patio for your distinctive wedding or events. Contact us for your personal showing.

Call or email us today to schedule a tour of Iriswoods.
(615) 773-0872 | Iriswoodsevents@gmail.com
You have been dreaming about your fairy tale wedding for quite some time, from what to wear to the perfect location. Tuckers Gap Event Center and their fabulous team can make all your dreams come true!

There are over 13,000 square feet of climate-controlled space nestled on 53 beautiful private acres. Three outdoor ceremony sites are available with one under cover and completely protected should the weather not cooperate on your special day.

Amenities include a 5000 square foot main hall, perfect for large weddings with plenty of room for dancing, a separate Bar area, catering kitchen, Groom’s Lounge and an elaborate 2200 square foot Bridal Suite embellished with crystal chandeliers, beautiful mirrors, two bathrooms, kitchenette and a fully lit makeup mirror for the most exquisite “getting ready” pictures!

A few dates are available in 2019 and reservations are now being accepted for 2020.

Photography by Stevie Ramos.