BURDINE: 50 YEARS IN MJ

Buridine Supply has been a Mt. Juliet staple for 50 years. If you needed electrical conduit or plumbing supplies for your home, Buridine Supply was and is the place to go. Vincent and Liz Lenning are the hard-working owners of the business.

Vincent Lenning started working for Bob Burdine when he was 14 years old. “Mr. Burdine was a big inspiration to me,” said Lenning. “He was good to me and helped us when we bought the business from him. He helped me learn the plumbing and electrical business and taught me to get the job done.”

The store was first located in the basement of Staggs Pharmacy, close to the intersection of Mt. Juliet Road and Lebanon Road. In February of 2008 Lenning built the current 12,000-square-foot building at 6966 Lebanon Rd.

The majority of Burdine’s business is with plumbers and contractors, who give them a building product list to fill.

When asked if Lowes had affected their business, Lenning laughingly stated, “Yes, Lowes will call us twice a day usually to help a customer find a plumbing or electrical part that they don’t have in stock.”

Unique to Burdine is Trophy Rock (deer minerals), which many people in our community purchase. Orca Coolers are also available.

Burdine Supply is open Monday - Friday from 7:00 a.m. to 5:00 p.m.

AWARD-WINNING PROFESSIONAL FOR YOUR CONSTRUCTION NEEDS

Elizabeth Scruggs, owner of Superior Construction and Design, is an award-winning general contractor, design professional and real estate stager who specializes in remodeling, interiors and color specification.

Superior has been voted Wilson County’s Best of the Best Interior Decorator in Wilson County for five consecutive years and named a finalist each of those years for Best Builder/Construction Company, winning the Main Street Award in 2018 for Best Builder. Scruggs was named by the Real Estate Staging Association as one of the top 10 redesign professionals in the U.S. in 2017, and awarded Best of Houzz for five consecutive years.

From staging real estate, to a complete remodel or new construction, to expert color specification for your interior or exterior space, Superior Construction and Design is a full-service design build firm. Filling the gap in the construction industry, Elizabeth adds the perspective that only a woman can offer to a building or remodeling project.

Elizabeth is a member of the National Association of Women in Construction (NAWIC), on the National Board of Directors for the Real Estate Staging Association (RESA), and VP of the Virtual Chapter Interior Design Society (IDS) and a member of the National Kitchen and Bath Association (NKBA). Releasing her first book last fall co-authored with 14 real estate staging leaders from across North America, “Home Staging: The Power that Sells Real Estate” became an Amazon best seller the day of release.

As a member of the Nashville Influencers Group — a group of Nashville bloggers, designers and media personalities — Scruggs attends behind the scenes events and media and trade shows to keep on top of trends. She considers attendance at Market and the International Builders Show (IBS) and the Kitchen and Bath Industry Show (KBIS) an integral part of staying educated in her field.

Additionally, Elizabeth is excited to announce the expansion of Superior by welcoming Lenneke Driskill to the firm. Lenneke is an incredibly creative and talented interior designer and Mt. Juliet local. Together with Elizabeth and the skilled tradespeople they work with each day, Superior will be able to broaden the scope of projects and help more homeowners.

For appointment consideration, please schedule a discovery call with Elizabeth on Superior’s web site or contact Lenneke at LennekeDriskill@gmail.com.
Wow! Health insurance today is nothing like it used to be, or even what it was created to be.

Insurance in itself was created based on risk. This means that the higher the risk, the subject applying for insurance brings to the table for an insurance company, the less likely that subject is to be approved for insurance. For example, if you apply for life insurance and you are someone who has several DUIs on your driving record, and maybe your health record shows you are also someone who is diabetic but doesn’t responsibly care for your diabetes (since we know you obviously like to drink a lot), and you have extremely high cholesterol, are overweight, etc., you are likely to be declined insurance from the life insurance company. Why? Because you are too high of a risk. You’re careless with your health and with your life which means the likelihood of them paying out a death claim on you is higher than what they would like, based on the opinion of the underwriter. An underwriter is trained to evaluate risk.

So, looking back at health insurance before the famous “Obamacare” or the “Affordable Care Act,” if you called them “Obamacare” or the “Affordable Care Act,” you in the right direction. They will be able to help steer you in the right direction. They have the answers you need to understand the entire system and know how to calculate your subsidy money the correct way so that you do not owe a lot of money back when it comes tax time.

In addition, if you are someone who doesn’t get subsidy money, they have the answers for you as well. Feel free to make an appointment with them for a phone or office appointment and they will be able to help steer you in the right direction.

**HEALTH INSURANCE TODAY**

**ims + HealthCare.gov**

Now a certified Health Insurance Marketplace enrollment center!

Help with subsidy calculation, uploading documents needed by marketplace, etc. Free enrollment assistance by phone or in office.

**Call now to schedule your appointment!**

615-758-8100
GET HEALTHY AND STAY HEALTHY WITH CORN CRIB

With more than 30 years of service to Wilson County and the surrounding areas, Corn Crib continues to grow in products and knowledge as they serve the community.

Corn Crib Health Store recognizes the benefits and life-changing effects herbs, vitamin and minerals – along with a healthy diet – can have on your overall well-being.

With a 20 percent off sale day on the first Monday of each month, discounts, coupons and giveaways, staying connected offers many benefits to the consumer. You can like Corn Crib on Facebook at facebook.com/corncribhealthstore and follow them on Instagram at @corncribhealthstore.

Corn Crib also offers natural health and beauty products, homeopathic remedies, workout supplements, makeup, health books, as well as an in store reference area, nutritional consultations, reflexology, and iridology readings available four times a year.

The health industry is becoming more popular every day as people learn about the incredible benefits from making a few lifestyle changes. Whether you’ve been practicing natural health for years or you need a little guidance, Corn Crib will do their best to make you feel welcome and to help answer any questions that you may have to gain a better understanding of what it means to have a fulfilled life – naturally.

As you learn from them, they also hope to learn from you. Join them as they make those steps to regaining control of our lives, one baby carrot at a time.

Come see what Corn Crib Health Store has to offer at 1645 West Main Street, Suite 2, Lebanon, TN 37087, (615) 444-1143.

OUR FAMILY SERVING YOUR FAMILY LIKE OUR OWN

Life is precious, so let Sellars Funeral Home at Mt. Juliet honor or your loved one’s life in a way that is as unique as the life they lived. At Sellars, the staff can help you honor your loved one through special tributes that are personalized to celebrate the individual’s life. All aspects of the service are personalized with the individual’s favorite pastimes, favorite music and even favorite color. They can light up the funeral home outside and inside with the favorite color of the individual or they can light it up in colors to represent the dedication and service of the individual to our community, for example, blue for police officers or red, white and blue for military.

The facility at Sellars is designed to ensure that family and friends are comfortable while going through this most stressful time. The funeral home is unlike the traditional funeral home. When you walk in, there is a grand stone fireplace surrounded by seating in the lobby. The large windows allow natural light to flood the facility which offers a sense of serenity. There is a feeling of tranquility and calmness when you look out the large windows in the chapel to the waterfall and koi fish pond.

No matter what type of service you choose, traditional burial, cremation or memorial service, Sellars Funeral Home at Mt. Juliet can accommodate. If you choose traditional burial, Sellars can arrange the interment at any cemetery or at the Mt. Juliet Memorial Gardens which is owned by Sellars. If cremation is your choice, then Sellars owns and operates their crematory at their Lebanon location so you never leave their care.

Preplanning your service is also available which can prevent the stress for your family in the future.

The staff at Sellars Funeral Home at Mt. Juliet will be with you and your family every step of the way. Whether it is making funeral arrangements, choosing ways to honor your loved one, taking care of final details or selecting a monument that best memorializes your loved one, the staff is patient, knowledgeable and compassionate. When you use Sellars Funeral Home at Mt. Juliet for your funeral needs, you will walk away knowing you are part of their family. Like their slogan says, “Our family serving your family like our own.”

Jessica Campbell • Certified Wellness Coach
JessicaCampbellNutrition.com

Peggy Petty • Certified Reflexologist
Available Tuesday and Friday • by appointment

M - F: 9am-6pm • Sat 9am-4pm
1645 W. Main St., Lebanon, TN 615-444-1143

Instagram: @corncribhealthstore | twitter: @corncribhealth

Jessica Campbell • Certified Wellness Coach
JessicaCampbellNutrition.com

Peggy Petty • Certified Reflexologist
Available Tuesday and Friday • by appointment

M - F: 9am-6pm • Sat 9am-4pm
1645 W. Main St., Lebanon, TN 615-444-1143

Instagram: @corncribhealthstore | twitter: @corncribhealth
Southern Bank of Tennessee has the unique distinction of being the only bank headquartered and chartered in Mt. Juliet, Tennessee. When Southern Bank started six years ago, they built themselves on the backbone of local and timely decision making, an accessible management team, and strong banking fundamentals. In that span, the bank has grown to more than $260 million in assets and has been consistently rated among the best in the state in terms of asset quality; which isn’t just a testament to the bank, but also to the strong local economies in which the bank operates. In fact, Southern Bank of Tennessee is a past “Business of the Year” award recipient as chosen by the Mt. Juliet Chamber of Commerce, and they plan on carrying that momentum further into the future.

You may have noticed the construction taking place at the corner of Rutland Road and N. Mt. Juliet Road. Late last year, Southern Bank of Tennessee began building a new 24,000-square-foot Main Office at 675 N. Mt. Juliet Rd. Their hope is the design and location will showcase the direction of not just their bank, but also the community of Mt. Juliet. The building was designed by The Hall Group, LLC Architecture and Planning based in Lebanon. Once it’s completed, guests will enter the building through Mt. Juliet’s first revolving door entry. Inside, customers will be welcomed by a host of amenities, such as the two-story customer lobby and lounge filled with northern light, a coffee bar and charging stations. The lower floor is filled with glass front offices, biometric accessed lock boxes, conference rooms, training areas, mortgage services, loan officers, executive suite and support spaces. On the second floor, accessed by both a grand stair and elevator, one can discover the relaxing outdoor roof garden, boardroom, break room, investments, finance and loan departments. The building even includes sustainable features such as LED solar sensing lighting, ultra-low flow plumbing features, recycle stations, low VOC and locally-sourced materials, hi-efficiency elevator, electrical tinting argon filled glazing windows, highly reflective roofing and more.

Southern Bank of Tennessee specializes in business and consumer banking by understanding their customer’s needs, avoiding excessive fees, and having a dedicated, award-winning mortgage team. Their current location in Mt. Juliet is 1499 N. Mt. Juliet Rd., but starting in November, the bank will be located at their new branch at 675 N. Mt. Juliet Rd next to Mt. Juliet Christian Academy. In order to offer a full range of financial services and retirement planning, Southern Bank of Tennessee is excited that local financial advisory firm EPM Financial, LLC* is moving into the finished Main Office as well.

Southern Bank of Tennessee is led by established community bankers David Major and Sam Short. They’ve been banking in Mt. Juliet since 1984, when they joined First Southern Bank in the building that now serves as Mt. Juliet’s City Hall. The first bank they started was the aptly-named First Bank and Trust in 1989, which was also on N. Mt. Juliet Road. Both David and Sam have been inducted into the “Bankers Hall of Fame” as Honored Leaders in Banking Excellence by the Tennessee Bankers Association. At Southern Bank, there are multiple lenders you can trust to understand and help you navigate your unique financial situation. In Mt. Juliet, there’s Jeannetta Watson, Jessica Rogers, Matt Pillow, and Phil Smartt, who is a prior winner of the “Wilsonian of the Year” award given by the Mt. Juliet Chamber of Commerce. There’s also Samuel Short, who was the Mt. Juliet Chamber of Commerce Chairman in 2017, and Shawn Glover, who is a Mt. Juliet native and prior finalist for “Woman of Influence” in the company executive category by the Nashville Business Journal. In Lebanon, you’ll find established community bankers in Laura Taylor, David Penuel, Joe Shade, Jessica Klingler, and Jo Smith. And in Smyrna, Ed Davenport, Brenda Walker, and Barbara Vincion are names the community has always relied on. The award-winning mortgage group is led by Amii Addis, and includes home loan experts Wanda Wilson, Betty Burch, Linda Owen, Jake Addis, Jake Cadwell, and John Pope, who is a recent “Rotarian of the Year” award recipient elected by the Lebanon Noon Rotary Club.

Southern Bank of Tennessee has four offices and employs nearly 60 people across the state. Along with their headquarters here in Mt. Juliet, they are in Lebanon, Smyrna, and Clinton, Tennessee. Feel free to give them a call at 615-758-6600 or visit their website, southernbankoftn.com for more information.

*Products offered by EPM Financial LLC are not insured by the FDIC or any federal government agency; are not bank guaranteed; may lose value; and are not considered a bank deposit.

Southern Bank OF TENNESSEE

1499 N. Mt. Juliet Rd, Mt. Juliet | 615-758-6600 | SouthernBankofTN.com
THE BASEMENT DISPLAYS LOCAL ARTISANS, VENDORS

The Basement Marketplace is one of Wilson County’s favorite shopping experiences. Co-owners Don & Julie Ruesewald, and Daryl & Jennifer Price, partnered to make their one-of-a-kind marketplace full of both modern and vintage items a reality in Mt. Juliet. They just celebrated their 2nd anniversary of being in business.

The Basement features more than 40 booths that are rented by local middle Tennessee artisans and vendors. The store features women’s boutique clothing, children’s boutique clothing, seasonal decor, furniture, wood art, metal art, hand-poured candles, hand-crafted soaps, handmade jewelry, paintings, rustic & farmhouse decor, antiques, vintage jewelry, local honey, jams, jellies and more! They also offer embroidery and monogramming! Vendors bring in new items every single day! The Basement is a great place to shop for gifts for others or for yourself!

The large 6,000-square-foot space is completely renovated and features wide aisles between booths (capable of wheelchairs and strollers), bright lighting, and is a very comfortable place to shop. A flat level parking lot is constructed in the back lot of the property with plenty of available parking spaces.

The Basement Marketplace is currently open Tuesday-Saturday from 10 a.m.-5 p.m. They will be open 7 days a week from Thanksgiving through Christmas. Follow them on Facebook and Instagram to see new products, learn about special events, and see current business hours. They participate in the Shop Late Mt. Juliet event on the first Thursday of each month, which means shopping is available until 8 p.m. on those nights. They often entertain with drinks and appetizers while you shop. The Basement has hosted several food trucks at their events including Cousins Maine Lobster, Mrs. Grissoms, Fried Green Tomatoes and more. They host seasonal Pop-Up Markets and just completed one in September to benefit the Mt. Juliet Help Center. Watch for social media postings about these events!

Christmas gift-wrapping is offered for free during the Holiday season. They are planning a huge event for Small Business Saturday on Nov. 24. The event will include special offers, door prize drawings, refreshments, and possibly a visit from the Jolly fellow from the North Pole!

The Basement Marketplace, located at 14625 Lebanon Road in Suite F, has an Old Hickory address and is in the city limits of Mt. Juliet in west Wilson County. If you have a passion for shopping and treasure hunting for unique products, then be sure to make a stop downstairs in The Basement Marketplace.

The Basement Marketplace is currently open Tuesday-Saturday from 10 a.m.-5 p.m. They will be open 7 days a week from Thanksgiving through Christmas. Follow them on Facebook and Instagram to see new products, learn about special events, and see current business hours. They participate in the Shop Late Mt. Juliet event on the first Thursday of each month, which means shopping is available until 8 p.m. on those nights. They often entertain with drinks and appetizers while you shop. The Basement has hosted several food trucks at their events including Cousins Maine Lobster, Mrs. Grissoms, Fried Green Tomatoes and more. They host seasonal Pop-Up Markets and just completed one in September to benefit the Mt. Juliet Help Center. Watch for social media postings about these events!

Christmas gift-wrapping is offered for free during the Holiday season. They are planning a huge event for Small Business Saturday on Nov. 24. The event will include special offers, door prize drawings, refreshments, and possibly a visit from the Jolly fellow from the North Pole!

The Basement Marketplace, located at 14625 Lebanon Road in Suite F, has an Old Hickory address and is in the city limits of Mt. Juliet in west Wilson County. If you have a passion for shopping and treasure hunting for unique products, then be sure to make a stop downstairs in The Basement Marketplace.

THE BASEMENT MARKETPLACE

GIFTS HOME DECOR ANTIQUES

14625 Lebanon Rd, Suite F, Old Hickory, Tennessee [615] 754-9500

Open Tuesday - Saturday: 10am - 5pm
Open 7 days a week from Thanksgiving to Christmas!

Follow us on Facebook & Instagram for our seasonal hours and to stay updated with our new products!
Victory Baptist Church was founded in 2000 and moved into their current building on Tate Lane in 2004. Church leaders focus on building relationships within the community and connecting people to Jesus.

Their vision is to be embraced by God, be empowered with the Holy Spirit, and engage with people through the power of Jesus.

In terms of evangelism, Victory is a gospel-centered church that wants to reach the community with God’s word.

One way they plan on doing that is through their fall festival Oct. 27. The free event is one of Victory’s biggest with an average of 2,000 attendees. It is like a fair, giving the community the chance to hang out at the church and learn more about it.

Victory’s second goal is to raise up people who will follow in the footsteps of Jesus by bringing people to the church and training them to share their faith with others. Associate Pastor Andrew Coleman said the idea is for disciples to be outwardly-focused on what it means to be a Christian in general. He also said that these values are foundational for every church and believes that is what Jesus was focused on.

The church’s focus on missions has led them to many places around the world. Along with places in the United States, they have served in Costa Rica, Ecuador and Canada and are talking about ways to serve in European countries. Coleman also said that Victory has taken part in planting a church in Hyannis, Massachusetts, a city in Cape Cod with one of the highest rates of drug abuse in the U.S.

Coleman said Victory wants to find partnerships with these places rather than a one-time trip to serve. He said this allows them to more easily see the kingdom of heaven work.

Victory Baptist has two services on Sunday mornings. The more traditional service is at 8:45 a.m. and the more modern service is at 10:45 a.m. Sunday school and small groups meet at 9:45 a.m. Though the worship music may differ in each service, the message is the same. They also have a 5 p.m. service on Sundays. All services are live streamed on their website, and they have a Roku channel that replays the services.

Coleman said Victory is a family-oriented church in that it focuses on impacting every generation. Victory strongly believes in families worshipping together. Children and students are welcome in the service. They have exciting options that can help them learn about the gospel in many different ways.

Complete childcare during both services and Bible study is available for children 3 and under. For children in kindergarten through second grade, they can attend the modern service or children’s worship service. All other children can remain with their families during either service.

The midweek services at Victory begin at 5 p.m. with a family supper followed at 6:15 p.m. by prayer service, adult choir rehearsal, children and student activities, and adult Bible study classes.

Coleman said the church is going to start Life Groups in individual homes starting in January. This will be good way to get younger people more involved who may typically shy away from the traditional church model.

Victory also offers a variety of programs at the church as well besides the typical Vacation Bible School during the summer.

Mother’s Day Out essentially acts as another daycare option that provides a safe, nurturing, and stimulation environment where children can grow spiritually, physically and socially.

They also have Bible-centered children’s and student ministries. The student ministry meets on Wednesday nights to have community and fellowship with each other. The goal is to help them achieve their identity in Christ.

Like other churches in the area that work partner with local schools, Victory has been a partner with Mt. Juliet Elementary School since last year. Coleman said the church assists with needs the school may have, essentially “adopting” that school.

Victory Baptist also does not try to compete with the other multitude of churches in Mt. Juliet, saying the goal is not to recruit new members but to help bring them closer to God and find a place to serve Him. They simply want people to find a place where they will thrive and be plugged in to the community.

What Coleman wants the community to know is that Victory is there for them, and he invites them to be a part of what they are doing at the church.

Victory Baptist Church is located at 1777 Tate Lane in Mt. Juliet. To learn more about the church, visit their website at www.vbcmtj.org or call them at (615) 773-5200.
Horizon Land Title, Inc. began doing business in Mt. Juliet in April of 2005, and is currently located at 1000 Pleasant Grove Place, Suite 100, Mt. Juliet.

The company is managed by its in-house attorney, Dean Robinson, and Tina Brown. These two individuals and its capable staff have more than 80 years of combined experience in the real estate title and closing business.

The company offers complete services related to real estate closings, mortgage closings, bank transactions involving real and commercial property, business organization, the sale and closing of commercial transactions, and real estate services involving intricate issues associated with family law, estates and probate.

Other employees in the office are Debbie Damaschun, receptionist, and Beth Cooper, Processor. Horizon Land Title strives to guarantee the real estate brokers and their clients, banks and mortgage companies and their customers, and all individuals involved in the real estate business or commercial enterprises that the closing of their real estate, loan or commercial transaction will be supervised by the attorney.

The company endeavors to take an active role in the Chamber of Commerce programs, EMTAR, and other important community and educational programs that are beneficial to the business and individuals who make Mt. Juliet home.

In fact, after only one year in business, the company was awarded “Business of the Year in 2006” by the Mt. Juliet/West Wilson Chamber of Commerce.

The company continues to strive to live up to its motto of commitment, “Caring Professionals Providing Superior Service.”

The company invites everyone who may have a need for the expertise provided to visit the company website at www.horizonlandtitle.com for a quick overview of the company information and list of the excellent services provided, or email Tina@HorizonLandTitle.com.
Zoo Crew Pediatric Dentistry continues to offer quality pediatric dental care to the children of Mt. Juliet. They have five board-certified pediatric dentists at their various locations as well as many dental hygienists.

Zoo Crew is a full-service pediatric dentistry that offers a variety of services including dental cleanings, fillings, nightguards, oral hygiene care, and sealants. Zoo Crew guarantees that patients will receive warm, personalized care using the most modern equipment and methods available.

Dr. Frank Tuzzio has been a pediatric dentist at Zoo Crew Mt. Juliet for five years. He recommends parents start taking their child to the dentist from a young age. He said Zoo Crew has patients anywhere from infants to teenagers.

What separates Zoo Crew from other pediatric dentists is that they encourage parents to stay with their children during the appointment. This makes the communication between parent and dentist easier as well as keeps the entire process more transparent. Tuzzio said he likes to have the parents more involved in the decisions during the appointment and have all options made available to them.

Tuzzio said he went into pediatric dentistry because he personally cares about oral health. During his appointments, he also likes to focus on protecting the psyche of the child by treating them humanely and efficiently.

His undergraduate degree in psychology taught him behavior management techniques that he uses with his patients. It is very important to him to make sure they are not afraid.

One way he helps calm them is through the “tell, show, do” method. If he picks up a dental mirror, he will explain to the child what it is, show what it does, and then do it. He also uses positive reinforcement as a means to help the child be less afraid of the dentist.

For patients who are anxious about treatments or are too young to stay calm during delicate procedures, Zoo Crew offers behavior management options including nitrous oxide, conscious sedation, and outpatient general anesthesia.

The waiting room is also specifically designed to keep children relaxed and happy. Toys, books, video games, and movies are available to help keep them occupied before their appointment.

The dentistry area is located in the back of the office and is a welcoming and accommodating environment for all children. Each area has a small television on the ceiling above the chair, acting as a distraction for those who may have a difficult time at the dentist.

Zoo Crew has offices in Mt. Juliet and Hermitage and will soon have a permanent location in Cookeville. They are open Monday through Thursday from 9 am. to 5 p.m. and Friday from 8 a.m. to 5 p.m. They are closed on weekends.

Zoo Crew Mt. Juliet is located at 2025 N. Mt. Juliet Rd., Suite 110. They are currently accepting new patients. To learn more about Zoo Crew or to make an appointment, visit their website at zoocrewdentist.com or call (615) 553-2921.
MAIL BOX STORE DOES MORE THAN SHIPPING

Since December 2010, The Mail Box Store at the Publix plaza on Lebanon Road has been the go-to resource for packing, shipping, printing and business service needs for the residents and businesses of Mt. Juliet. Their team of dedicated, professionally trained experts understand the meaning of Super-Star Customer Care — they focus on saving you time and money by ensuring you get the right products and services at the right price — in a single, quick visit.

Owner Charles Niemi, has an advantage over some of the area shipping stores in that he is not owned by a corporation. That means he can buy a wider variety of shipping products for people to purchase, and it makes for a more satisfied customer when they walk out the door.

The Mail Box Store offers shipping, packaging, full color copies, large format printing key duplication, passport and I.D. photos, computer time rentals, Internet access, business cards and letterheads, graphic design, fingerprinting service, mailbox rentals and so much more.

In addition to the services, The Mail Box Store has shipping supplies, corrugated boxes, packaging supplies, bubble wrap, tape, loose fill, shipping labels, cushioned mailers, decorated boxes and more. They carry a line of office products, stationery supplies, custom paper, a unique line of greeting cards, gifts, and other retail items. They also offer gift wrapping services.

Another service that The Mail Box Store offers is VHS to DVD transfer. Mr. Niemi said that since he will be doing it in house, he will be able to beat others’ pricing in the area.

Owning the place also allows him to sell things other than office supplies. He has started allowing local artists to sell their artwork on his walls, as well as photos. The extra art gives the store a decorating flair, yet another reason to stop by Niemi’s store.

They can pack and ship (almost) anything to (almost) anywhere in the world, but shipping is only one way they can help make your life easier. In addition to their pack and ship services, they are also Mt. Juliet’s premier copy, print and document service center. Large or small, black and white or color; if it can be printed, The Mail Box Store can handle it!

The Mail Box Store is located at 11205 Lebanon Rd., next to Publix. They can be reached at (615) 758-4898, or you can go online at www.themailboxstore.com to learn about some of their services. Experience the Difference!

WILSON BANK: TRADITION MEETS TECHNOLOGY

Since 1987, Wilson Bank & Trust has worked to provide Wilson County (and now all of Middle Tennessee) with an ideal combination of electronic options and outstanding service, along with a comprehensive menu of financial services.

Taking good care of customers is simply part of Wilson Bank’s culture, and that starts with a great team of employees. By cultivating an environment based on faith and family, WB&T has established a positive and effective workplace, recently earning a Top Workplace award from The Tennessean for the fourth straight year. Those values carry over to the customer experience.

Convenience is another staple at WB&T. Branch and ATM locations are plentiful not only throughout Wilson County, but also in all adjoining counties, including an office on West End Avenue in Nashville and a soon-to-open branch in the Cool Springs area of Franklin. Any location can assist with mortgage and construction lending, commercial products, investment services and more in addition to everyday banking functions. In mobile banking, WB&T’s newly updated app now includes features like an integrated money management tool, the ability to tag and search transactions, and more. The bank’s many mobile and online options can also equip customers with conveniences like mobile check deposits, debit and credit card management apps, and identity protection.

Outstanding service and the latest electronic capabilities are vital, but being a hometown institution also means giving back and staying involved. On an annual basis, the bank gives back to communities through an extensive schedule of local events like car shows, Family Fun Days, movie nights, shred days and Oktoberfest. But giving back doesn’t stop there. WB&T branches and departments help support and provide volunteer hours for local nonprofit organizations they select themselves, on top of the bank’s regular contributions to help charities, schools and other causes.

If you like using the newest banking technology to manage your finances, but also want personal service from a local bank that knows and appreciates you and your community, having it all is not out of the question. Wilson Bank & Trust can meet all your needs in ways that make you feel good about where you do your banking. Call or stop by your nearest WB&T office, or visit wilsonbank.com, and find out why Wilson Bank & Trust is Middle Tennessee’s Community Bank.
CHILDREN’S CLINIC EAST OFFERS PEACE OF MIND

Children’s Clinic East – where your child’s health is their priority!

The best care can be provided by seeing the same primary care practice every time you have a health concern.

• They will watch over the healthcare needs of your child.
• All health records will be in one place to provide continuity of care and save time.
• They provide preventative healthcare and directions throughout childhood and will monitor your child’s development and growth.

Sick care is more comprehensive since they have a full picture of your child’s health.

Call with all of your pediatric needs!

Children’s Clinic East implemented a new patient self-scheduling system. Established patients can book their annual well checks or same-day sick visits on their website in real time.

They have received great feedback from current families stating, “They have peace of mind knowing that they won’t have to wait until the office opens to schedule an appointment.” Instead, they are able to focus on taking care of their child who woke up sick in the middle of the night.

With fall approaching, flu season is right around the corner. It is important to protect your child from the flu by having them vaccinated. Children’s Clinic East is now administering flu shots. Please contact one of their offices to schedule your child’s flu shot today.

On Oct. 27 from 8 – 11 a.m. Children’s Clinic East will be hosting its first ever Halloween Dash and Fall Festival at 2025 N. Mt. Juliet Rd., Mt. Juliet, TN 37122. The event is free to the community; however, they ask that you register each race participant online at https://www.eventbrite.com/e/ccc-halloween-dash-tickets-48737228362.

The first 100 child participants will receive a T-shirt, and all will receive a goodie bag. They will also have a Halloween Costume Contest, so wear your favorite costume to the event! For more information on the event please visit the link above.

CHILDREN'S CLINIC EAST

Halloween Dash and Fall Festival

Saturday, October 27th @ 8 A.M.
2025 N. Mt. Juliet Rd., Mt. Juliet, TN

CHILDREN'S CLINIC EAST, PC

Proudly providing pediatric care to the community for over 60 years.

Our mission is to serve the public in providing exemplary and compassionate care while embracing the needs of our patients, employees and the community.

Comprehensive Pediatric Care

Well child check-ups
Sick visits
Minor injuries
Vaccinations
Lab services
Care Coordination
Same-day appointments

www.ChildrensClinicEast.com
MADE TO ORDER AT CULVER’S

Culver’s restaurant brings Wisconsin favorites to Mt. Juliet.

The Mt. Juliet location opened in December 2016 by franchise owner Eric Johnson. He also has locations in Hendersonville and Franklin.

Johnson said what sets Culver’s apart from other restaurants is their focus on hospitality and service, the freshness and quality of the food they serve, and the cleanliness of the establishment. They also want to ensure that every guest who chooses Culver’s leaves happy.

When dining at Culver’s, everything is made to order and can be customized for individual enjoyment. The meat is never frozen, the cheese comes from Wisconsin, and the frozen custard is made fresh every two hours.

Along with the chocolate and vanilla that is served daily, Culver’s offers special flavors of the day. They can also create any flavor in their sundaes and concrete mixers. To see the current flavor of the day, visit their website at www.culvers.com.

Johnson appreciates the support Culver’s has received from the community and hopes to continue building on those relationships.

Culver’s is located at 35 Old Pleasant Grove Rd. and is open every day from 10:30 a.m. to 10 p.m.

CUSTOMER SERVICE A PRIORITY FOR MOUNT JULIET MOTORS

Mount Juliet Motors can be a one-stop place to buy your car, service it and detail it.

As you arrive at Mount Juliet Motors, customer satisfaction is top priority as you are greeted by Emily Young, owner Jody Ussery, or Tony Bartholetti in finance and sales. They are happy to find a particular car for you or help with a trade-in.

Mount Juliet Motors will work on and detail your car whether you buy from them or not. Check out their service prices and you will find that they have the lowest labor prices in town.

Your car will be detailed to be in top condition by Justin Ford. The interior of your car will be top notch as well as the exterior, including the tires.

Servicing your car is an extra service provided at Mount Juliet Motors by James Richardson who can do anything mechanical for your car. The service center is NAPA-certified and they are members of Technet, which provides 2-year warranties on service.

Mount Juliet Motors is open Monday-Friday 8:30 a.m. to 6 p.m. and Saturday 8:30 a.m. to 4 p.m. to service your car needs. Visit the show room and service department at 12603 Lebanon Rd.

DESIGN SPEAKS BEFORE WORDS ARE READ

Alison Griffin is the owner of AM Griffin Design, a freelance design company based in Mt. Juliet that provides graphic, identity and digital design services.

AM Griffin has been operating for 10 years, but Griffin has been in design for 18 years. Griffin has lived in five states, but has been in Mt. Juliet since 2005. She is currently the only designer at her company, but she has contractors to help with various projects.

Griffin said she fell into graphic design by accident. Working on her school newspaper and yearbook led her on a path to receiving a degree in Communication Design.

In her studies, she learned both traditional and new design techniques. Griffin said this has helped her understand how to design for each platform she uses, whether it is print or online.

Griffin has worked on many local projects such as Little Big Dog Treats and ASSET Security Services, as well as with national corporations like KFC and LifePoint Health.

Griffin said she loves working with smaller businesses, whether they want to upgrade their current design or need something new. The creative design is the tool she uses to help businesses move forward and grow. She turns it into something they are proud to show. She also said that though advertising agencies offer similar services, she can offer clients personalized care without the hassle of a large agency.

Though she is the only designer at AM Griffin Design, she has plans to expand in the future, both in location and adding employees. In the meantime, however, she has many contractors to assist with projects. Some help with the creative side of the business, but they are mostly technical support to ensure the online, interactive experience is as seamless for the client as possible.

If someone is interested in becoming a client, she will work with their ideas for a project but will also come equipped with her own suggestions.

She and a business partner also recently started a new company called Welcome Home Portraits.

To learn more about AM Griffin Design and to view a portfolio, visit www.amGriffinDesign.com.
COREY JACKSON, D.D.S., is an accredited dentist in Mt. Juliet, Tennessee, with his company, Mt. Juliet Family and Cosmetic Dentistry.

Dr. Jackson earned his B.S. degree in Economics at the University of Tennessee at Martin. He received his Doctor of Dental Surgery at U.T. Health Science Center in Memphis. He is a member of the American Association of Cosmetic Dentistry and the American Association of Facial Esthetics.

At Mt. Juliet Family and Cosmetic Dentistry, they value their patient relationships, making it a priority to deliver gentle, compassionate care that you deserve from a dentist in Mt. Juliet. They work hard to make you feel at ease by providing exceptional patient care in a relaxed, convenient atmosphere. They strive to develop lifelong relationships with their patients by combining the latest dental technology with a professional and compassionate staff. The result is a beautiful, healthy smile that lasts a lifetime.

Dr. Corey Jackson and Dr. Carol Montee treat each patient individually, making sure all of your needs are specifically met. They also believe that patients should have sufficient information to make educated decisions about their oral health and treatment options. You’ll find all of this important information on their website, including directions to the Mt. Juliet office, service descriptions, patient forms, patient education resources and more.

Mt. Juliet Family and Cosmetic Dentistry is especially interested in making all their patients feel right at home! They put your needs first to achieve efficient and comprehensive treatment. The staff is trained and skilled, and they strive to provide energetic and fun-loving service to each patient. Their office staff has years of experience in treating patients with the highest level of care. They strive to stay informed of the very latest in technology and advances by regularly attending continuing education courses and seminars.

Not only are they a leading dentist in Mt. Juliet, they are a full-service practice providing for all of your dental needs. In most cases, they can perform oral surgery, root canals, orthodontic treatment and TMJ analysis. With years of experience, the staff at Mt. Juliet Family and Cosmetic Dentistry is trained and skilled to provide the services requested by their clients and to provide the highest level of care. The office staff strives to establish an energetic atmosphere and to provide a good experience for each patient.

They always welcome new patients of every age and accept most insurances. They invite you to call their office for additional information.

Office hours are Monday through Friday, 8 a.m. to 5 p.m. Please check out their website at www.mtjulietfamilydentistry.com and our Facebook page at Mt. Juliet Family and Cosmetic Dentistry. The office is located at 40 W. Caldwell St., Ste. 101, Mt. Juliet, TN, 37122. Call and set up an appointment with Mt. Juliet Family and Cosmetic Dentistry at 615-754-5840.

Drs. Carol Montee and Corey Jackson of Mt. Juliet Family and Cosmetic Dentistry. The staff is pictured on top.

Mt. Juliet Family and Cosmetic Dentistry is excited to announce Dr. Carol Montee to the practice. Dr. Carol brings years of experience to our growing practice.

“Dr. Carol Montee is originally from Detroit, Michigan. She completed her undergraduate degree at Villanova University, located just outside of Philadelphia, Pennsylvania. She graduated from the University of Pennsylvania School of Dental Medicine in 2004 and moved to middle Tennessee that same year. She enjoys all aspects of dentistry and is passionate about patient care. She has been an Invisalign provider since 2005 and she has a special interest in oral appliances for Obstructive Sleep Apnea. She is a Fellow in the Academy of General Dentistry, an award that requires over 500 hours of continuing education and an extensive written exam. She enjoys spending her spare time with her three children, exercising, golfing and watching Villanova College Basketball (Go Wildcats!!)”

Mt. Juliet Family and Cosmetic Dentistry would also like to introduce Kristen Craig to our team. Kristen has been a Registered Dental Assistant for over 23 years. She is a graduate of the Volunteer State Community College. She currently resides in Lebanon with her husband and two boys. Outside the office, Kristen enjoys baking, gardening, and spending time with her family and friends. Please help us welcome her to the practice.
RE/MAX Exceptional Properties OUTSTANDING AGENTS AND RESULTS

Debbie Melvin has been helping clients find their perfect home in Wilson County for more than 32 years. Five years ago, Melvin began Re/Max Exceptional Properties, becoming broker/owner. Re/Max Exceptional Properties also represents Eastland Construction, Inc. and Cornerstone Homes, Inc., two premier home builders in Wilson and surrounding counties. Agents working with her office are highly trained professionals in this industry who truly care about their customers and clients. Re/Max Exceptional Properties enjoys giving back to the community. Along with other charitable support, they donate to schools and sports teams around Mt. Juliet and Wilson County. Re/Max Exceptional Properties is a big supporter of the Empower Me Day Camp and the Mt. Juliet Community Help Center. The agents at Re/Max Exceptional Properties gladly donate a portion from each closing to an office charity fund. The account can be used to help people inside the community should the need arise. Many agents also help by donating to the Children’s Miracle Network which benefits the local Vanderbilt Children’s Hospital.

In support of the employees, Re/Max Exceptional Properties and Eastland Construction, Inc. also offer scholarships to their employees, agents and their eligible family members. They awarded nine scholarships this year for a total of $17,200. Re/Max Exceptional Properties has grown significantly over the last five years, and they look forward to the future as Wilson County continues to grow. Their goal is to service the community that most of them grew up in, as much as they possibly can.

Owners Teresa Reed and Vera Smith would like to thank Mt. Juliet for supporting Salon Galleria and Salon G2 and their highly trained professionals. Salon Galleria is located at 2768 N. Mt. Juliet Rd. and Salon G2 is located at 12020 Suite F on Lebanon Road.

Both salons offer many options from their beauty professionals. Private, spacious luxury suites give clients a one-on-one beauty experience. Double suites accommodate two salon professionals.

Many of the stylists have been in the beauty industry more than 25 years and love to share their experience and knowledge to help you with all your beauty needs. A large group of stylists who have been in the beauty industry 10 years or less are very knowledgeable and enthusiastic about building their clientele.

Education is the key to being on top of the latest fashion trends. All the stylists attend classes and travel across the United States to attend hair shows each year.

Whether you are looking for a completely new look or just want to breathe fresh life into your current color, this highly trained staff is here to accommodate all of the latest fashion trends. This includes balayage, multiple toned or monochromatic coloring, body waves, straighteners, deep conditioning treatments, formal styling or blowouts, braids, eyelash tinting, hair halos, extensions, makeup and much more.

Salon Galleria has the best nail technician in Mt. Juliet. Kham offers manicures, pedicures, beautiful acrylic nails, pink and white, and polished or shellac nails.

Misha Harkovich offers a wide range of aesthetic skincare services. She uses naturally-derived, medical-grade products to tackle the underlying issues associated with aging. Misha also offers full-body waxing, including Brazilian wax.

Glo Body by Shanna offers high-end air brush spray tanning at the Salon Galleria location.

Teresa and Vera encourage you to explore www.salongallerias.com and salonG2.com to read about the wonderful professionals working at the salons. To avoid disappointment, they strongly recommend calling in advance for all their services, although walk-ins are certainly welcome.
THE UPS STORE OFFERS MORE THAN SHIPPING AND PACKING

The UPS Store of Mt. Juliet at Providence Marketplace is owned and operated by Myro and Karen Kuzym. Myro and Karen became the owners of The UPS Store last summer and have continued to grow their business throughout the year. According to Myro, the store has grown to be very productive and can help anyone from small business owners to individual customers.

Myro thanks the community for their support and for making him and his family feel welcome. Myro and Karen are currently expecting their second child and are grateful they can raise their family in the community.

The UPS Store provides a multitude of services to be a one-stop shop for its customers. Some services include shipping, mailing, printing, packing, notable and much more. In addition to UPS, they also ship DHL and U.S. Postal Service. They do not mark up UPS services, which can save customers up to 60 percent.

The UPS Store provides its customers with quality service and additional benefits, such as discounts for AAA and AARP members and for public service workers. Because Myro served in the military himself, he can relate to and has an appreciation for those who work in public service.

What sets The UPS Store apart, Myro said, is the personal touch customers receive with every transaction.

“We want to see our customers succeed and to provide them with the resources needed to do so every step of the way,” said Myro.

The UPS Store offers a pack and ship guarantee and enhanced declared value to cover packages up to $50,000. They also guarantee all UPS shipments will be delivered on time or customers will get their money back.

If The UPS Store does not have the best shipping cost in Mt. Juliet, Myro said they will offer 25 percent off the competitor’s price. They are currently offering 10 percent off ground shipping through Sept. 30.

The UPS Store is located at 401 S. Mt. Juliet Road in Providence Marketplace. To see their hours of operation, visit their website at www.theupsstore.com/6148.

DISCOVER MJ’S BEACH IN A BOX

Winner of 2017 and 2018 Best Spa is Mt. Juliet’s very own Third Coast Salt, at 1283 N. Mt. Juliet Rd. They share a roof and parking lot with Smoothe King. Right in the middle of town, discover Mt. Juliet’s very own “beach in a box!”

Third Coast Salt offers Salt Therapy, IV Therapy, Skincare/Waxing/Nails and Couples Massage in Salt Room and soon will be offering the hottest thing...Sweat Pods. The winner of Best Spa offers an array of incredible treatments and specials. You can learn about them by liking them on Facebook and by changing your notifications so you can learn about “pop up” specials and upcoming Wellness Workshops.

Grateful Owner Shari Arnold said, “We strive to be our best as well as offer the best at the Third Coast Salt. We take pride in every moment with our customer. We educate/excite them on the benefits of Salt, our Skincare line, etc. We love them like family and truly enjoy celebrating the wins in health and beauty with each beautiful soul. We are truly blessed to be engaged in this amazing community and thank you for believing in us! It’s been a fun two years...”

To reward customers for voting Third Coast Salt as Best Spa for the last two years, Shari and her staff offers 1/2 price salt therapy when you schedule online at www.thirdcoastsalt.com/scheduling (pick BEST SPA).

The focus in this Business Review is to thank The Chronicle and all their readers for supporting them and neighboring small businesses. They couldn’t do it without you. They want to please remind you that gift cards are a great purchase for holiday gifts for your business relationships as well as your family members. You can call and put “virtual money” on someone’s account or you can get a physical gift card. Lastly, Third Coast Salt is great for all ages. They host Little One Spa Parties too. Did you know that they host Private Salt Sessions too? Yup...fun and healing for ALL ages!

Call them at (615) 200-6365 or email them at thirdcoastsalt@gmail.com to learn more.

• SALT THERAPY
• SKINCARE/WAXING/NAILS
• COUPLES MASSAGE in SALT
• IV THERAPY
• SWEAT PODS
• PRIVATE EVENTS (little one spa parties too!)
• WELLNESS PARTNERS (acupuncture, sound therapy, chair yoga, meditation, etc)

“Grateful for my family, the Salty Sweethearts, our loyal customers, our Medical Director, Dr. Ethan Kellum and fellow Small Business Owners,” Arnold said.
CHILDREN’S MEDICAL HAS YOU COVERED

Children’s Medical Group is here to serve your family through excellent medical care. They will supervise your child’s health through well child checkups and school physicals, and care for his/her medical problems, both acute and chronic. They provide consultation for health-related issues such as school and behavior problems, bed-wetting and weight problems. They believe a personal relationship with a pediatrician as a partner in health care is important for the continued health and well-being of your child.

Children’s Medical Group welcomes Dr. Vicky Phillips to the practice. Dr. Phillips recently completed her pediatric residency at Vanderbilt Children’s Hospital. She is looking forward to serving the families of Mt. Juliet.

Children’s Medical Group is locally owned and has served the Mt. Juliet community for more than twenty-five years. All physicians are board-certified pediatricians. Same-day sick appointments are available with extended hours during cold and flu season. Most insurance companies are accepted and they are accepting new patients, newborn through 18 years of age.

To schedule an appointment or learn more about their practice, please call (615) 883-2200. Children’s Medical Group is located at 3786 Central Pk., Suite 130, Hermitage, Tenn.

SMITH PROVIDES CHIROPRACTIC CARE FOR THE COMMUNITY

Smith Chiropractic & Rehabilitation is an established and growing clinic in the heart of Mt. Juliet. Dr. Smith became a chiropractor because he personally experienced the power of chiropractic care and wanted to provide the great people of his hometown the same possibility of natural healing.

His dedication is showing well as he received the 1st Runner Up for “Best Chiropractor” in the 2016 Best of Mt. Juliet and was a finalist for 2017 and 2018 as well, every year he’s been nominated.

His dedication is showing well as he received the 1st Runner Up for “Best Chiropractor” in the 2016 Best of Mt. Juliet and was a finalist for 2017 and 2018 as well, every year he’s been nominated.

Smith Chiropractic offers a variety of services including, but not limited to, manual adjustments, mechanical traction, electric muscle stimulation, spinal decompression and kinesio taping. The clinic accepts most major insurance providers and offers a time of service discount to those who do not have health insurance coverage.

Check out their website, www SmithChiropracticTN.com, for more information, and give them a call at (615) 758-8560 to set up your appointment today!

LET STEWART TITLE CLOSE YOUR HOME

The focus of Stewart Title-Mt. Juliet is to provide a professional, friendly atmosphere and an enhanced level of service to all clients. Their focus on timeliness, accuracy, communication and technology has made them one of Middle Tennessee’s leading escrow companies. With their staff of experienced title professionals and an international infrastructure, Stewart Title has the ability to complete title searches in a timely manner.

Many times, rush searches can be completed within hours. Timeliness on their part means you can focus on growing your business of satisfied clients. Stewart Title also has the capability of mobile closings, as well as the advantage of multiple locations across Tennessee. The staff works hard to accommodate all of your closing needs.

Stewart Title’s focus on accuracy helps you reduce liability. The staff reviews every title search and document for execution and legal descriptions before you receive the final product. Also their experience means that you will be notified ahead of time if there are any issues. The staff will never surprise you. They always want your transaction to be smooth. They will even let you know if a search needs to be further reviewed by their on-staff attorney Donald R. “Buddy” Barrett. Stewart Title-Mt. Juliet has more than 98 years of combined real estate closing experience.

Technology is another reason to use Stewart Title-Mt. Juliet. The software system, SureClose, gives you access to real time order information. SureClose is a web based pre-closing system that you and your clients can use securely. You can keep track of your order as it moves through the system. It is a great tool for everyone involved to stay in touch throughout the closing process.

Stewart Title may be one of the largest title and escrow companies in Middle Tennessee, but their staff is made up of local people with values you can trust. Closings can be a stressful time, and they strive to treat every transaction as if it were their own. The staff prides themselves on treating you and your clients like family. Come visit them at Stewart Title-Mt. Juliet today and see the difference.

Stewart Title's Vision: Teamwork + Passion + Integrity = Innovation

Closings and Customer Service are Our Passion.

Ask Your Real Estate Agent or Lender to Contact Us Today!

100+ years of Combined Real Estate Closing Experience

p: 615-773-5400  f: 866-580-4957
13026 Lebanon Rd. Ste. 100, Mt. Juliet, TN 37122
HORNE PROVIDES INSURANCE, FINANCIAL SERVICES

State Farm Insurance Agent, Darian Horne, is a one-stop shop for insurance and financial services in Mt. Juliet.

The agency is located at 1400 N. Mt. Juliet Rd., Suite 103. They offer services such as Business Insurance, bank products (i.e. Vehicle Loans, Home Mortgages, Home Equity Loans & Lines of Credit, Credit Cards, etc.) Life Insurance, Hospital Income Insurance, and much more.

With more than 30 years of State Farm experience in his office, Darian and his team promise to deliver a wonderful customer experience.

His current Team Members consist of Sheila McKaskle, Brandon Brock and Rex Foster.

Regular office hours are Monday through Friday from 8:30 a.m. until 5 p.m.

The agency also provides 24/7 assistance and is available whenever you need them. No matter what time of day or night, you are able to speak with a live representative. Not all insurance companies offer this unique service.

Please give Darian a call at 615-754-4604. You can also visit him online at www.darianhorne.com. Be sure to like and follow Agent Darian Horne on social media at www.facebook.com/mtjulietagent.

Tim Leeper Roofing got its start in 2004 when a property manager took a chance on a young contractor just wanting to do a good job. Tim and his wife Alanna own Tim Leeper Roofing and have lived in Wilson County since 2006. They are active in the community and are presently working to renovate Elmer Elkins Park, a place for youth baseball/softball and adult softball to be played once it is finished. They attend The Bridge Fellowship and have two children ages 17 and 20.

Tim has always believed in “seeding back” to the community. He believes that if local communities support the local businesses, they have an obligation to reinvest some of that support in the form of sponsorships of local youth softball and baseball teams. Supporting local ministries, Boy Scout projects and other areas benefit the very people who use their roofing services.

Tim Leeper Roofing believes in good work and accountability, which is why he still works with the guys on the roofs. He has a ladder rack that is put to use daily. When your installers know there is a chance for the owner to climb up on a roof and inspect the work, they are always on their game to be sure the standards are met and exceeded. How many owners have you seen over the years to get comfortable with a situation and allow quality to take a back seat to doing more volume? There is no substitute for good work for a fair price. That is what has built their reputation and that is what will keep them going for years to come.

From all of the family at Tim Leeper Roofing ... THANK YOU MT. JULIET FOR YOUR SUPPORT!
ABUNDANT LIFE
IS OPEN TO ALL

Abundant Life Church has been a staple in Mt. Juliet for 34 years, hosting their weekly services at 9:30 a.m. and Youth meet each Wednesday at 7 p.m. Small groups are held at different places around the community, such as at church members’ homes or at Billy Goat Cafe. There are varying small groups that meet every day of the week except Friday.

Grainger said the advantages of having one service on Sunday is twofold: The church is not having multiple services just for the sake of it; and it frees up members of the congregation to spend quality time with their family at home.

Abundant Life Church has a great children’s department with an in-house curriculum. The youth group also does a lot of service with Teen Serve, where they go to a different town for a few weeks to help serve those communities.

Abundant Life Church fellowships with other churches around the community. They have worked with Victory Baptist Church on a regular basis.

Abundant Life Church is located at 1000 Woodridge Place in Mt. Juliet. To learn more, visit www.alcmjuliet.com.

Guaranty Trust: Home Loan Expert

Sherry Carney is the Assistant Vice President and Branch Manager of Guaranty Trust, Mt. Juliet. She has been with the company since 1998 and in the mortgage industry for 30 years. In 1998, Carney has consistently been a top producer. She is a member of the Mt. Juliet/West Wilson County Chamber of Commerce, The Eastern Middle Tennessee Association of Realtors, and the Tn Mortgage Bankers Assoc. Carney is a licensed lender and has completed various certifications through the American Institute of Banking. Since 1986, Guaranty Trust has been a leader in residential mortgage lending. Being locally owned and operated in Tennessee means you receive friendly personal service from a hometown team. Guaranty Trust is one of the Top 100 mortgage lenders in America. From conventional, Jumbo, FHA, VA, Rural Development, and THDA loans their experts can guide you through the process with speed and ease. GTC has seven offices in Middle Tennessee including Mt. Juliet and are licensed in thirty-two states.

If that isn’t enough, Guaranty Trust was recognized as a Top Workplace in Middle Tennessee for the last five consecutive years. Which means they are one of Tennessee’s best workplaces too!
**MIDTOWN CONTINUES TO SERVE MT. JULIET COMMUNITY**

Midtown Healthcare is a locally-owned family clinic that has been serving the Mt. Juliet community for five years. They have thoroughly enjoyed serving the Mt. Juliet community and take great pride in providing the best care possible to the people of Mt. Juliet. At Midtown, medical care is approached with a “golden rule” attitude. The staff lives in this community and their children are part of this community, so it is important to treat their patients as family.

“I, Chad James, have had the pleasure of practicing medicine in Mt. Juliet for 15 straight years. It has been the biggest pleasure to grow with the people here and become a part of the community,” stated James, owner of Midtown.

Midtown Healthcare provides family and acute care for both adults and pediatrics. They also provide services for worker’s comp, driver’s physicals (DOT), sports physicals, weight loss shots, and much more. They always welcome new patients and thoroughly appreciate their established patients’ continued business.

Visit Midtown Healthcare and see why they continue to be voted in the best of Mt. Juliet.

**ADVANCED HEARING SOLUTIONS**

Advanced Hearing Solutions has been proudly serving the Mt. Juliet and Wilson County community since 2007. Dr. David Gnewikow and Dr. Erin Chambers, along with their staff, help patients reconnect with the people and activities they love, through better hearing.

Hearing loss is a sensitive topic for many. Research shows that individuals with hearing loss often delay seeking help for many years due to concerns about cosmetics, cost, or benefit. Dr. Gnewikow explains the importance of treating hearing loss earlier in its progression.

“Hearing loss is a sneaky villain that gradually steals our ability to understand words and communicate effectively. More importantly, hearing loss can rob us of our connection to family and friends, and have significant long-term effects on our health. Recent studies have shown strong links between untreated hearing loss and cognitive decline, dementia, Alzheimer’s disease, risk of falls, depression, social isolation and more. There is a lot more at stake than just the TV volume.”

Fortunately for those experiencing hearing loss, Advanced Hearing Solutions makes getting help easy. Dr. Gnewikow explains, “Getting help for hearing loss shouldn’t be a scary or uncomfortable task. We offer first-time patients a free consultation and a free trial with hearing aids if he or she is a candidate. Fit correctly, many of today’s hearing aids are automatic and require no adjustment on the part of the user, no battery change, are extremely small, and comfortable. Hearing aids that are easy to use and comfortable to wear make for successful, happy patients.”

Advanced Hearing Solutions accepts many insurance plans and will be glad to check and explain hearing benefits to you. They also offer no-interest, long-term, in-house financing to help make hearing aids easier on the budget. They have been recognized as the Best of Mt. Juliet and Best of Wilson County for the last two years.

Hearing loss doesn’t have to rob you of the best sounds and times of your life. Call 615-758-7999 to set up a free consultation and learn how easy, comfortable and affordable better hearing can be.

**CREATING LASTING MEMORIES**

By the end of an average workday, Mt. Juliet photographer Melanie Gnewikow is often tired and dirty. Her days consist of dancing in front of babies in her studio, laying in a field to get the perfect family shot, or even balancing on a ladder in the woods, hair filled with fake snow, shooting Christmas Card pictures. A quick perusal of her website or Facebook page will show her love of children, families and natural light.

“My job is capturing moments and emotions,” explains Melanie, “a baby’s first year, an expectant mother’s loving anticipation, the precocious grin of a 3 year old, the glowing beauty of a high school senior, the perfect imperfections of real family life, an aging couple’s knowing eyes. These moments pass quickly, but I give my clients the gift of a beautiful lasting memory. I love using nature and light to show my clients how beautiful they really are.”

Melanie has been recognized in the Tennessean Reader’s Choice Awards and voted “Best of Wilson County.” Her work has appeared in local and national publications. To learn more or schedule a session, go to www.melaniegphotography.com or find her on Facebook.

By the end of an average workday, Mt. Juliet photographer Melanie Gnewikow is often tired and dirty. Her days consist of dancing in front of babies in her studio, laying in a field to get the perfect family shot, or even balancing on a ladder in the woods, hair filled with fake snow, shooting Christmas Card pictures. A quick perusal of her website or Facebook page will show her love of children, families and natural light.

“My job is capturing moments and emotions,” explains Melanie, “a baby’s first year, an expectant mother’s loving anticipation, the precocious grin of a 3 year old, the glowing beauty of a high school senior, the perfect imperfections of real family life, an aging couple’s knowing eyes. These moments pass quickly, but I give my clients the gift of a beautiful lasting memory. I love using nature and light to show my clients how beautiful they really are.”

Melanie has been recognized in the Tennessean Reader’s Choice Awards and voted “Best of Wilson County.” Her work has appeared in local and national publications. To learn more or schedule a session, go to www.melaniegphotography.com or find her on Facebook.

**MIDTOWN HEALTHCARE**

Genuine, Efficient, Quality.

**What we do:**

- Family medicine | Work comp | DOT physicals
- Sports physicals | Drug screens
- On-site labs | Other general medicine
- Pediatric care for 1yr & up
- Minor surgical procedures (sutures, toenail excision, etc.)

Chad James, FNP-C
615.288.3267
1097 Weston Dr, Ste 3, Mt. Juliet, TN 37122

**www.hearlife.org** 808 N. Mt. Juliet Rd. 615-758-7999
DIAMOND DANCE ENTERS EIGHTH YEAR

Diamond is so excited to be into their 8th season.
With enrollment booming and so many new and returning students, they are so excited to see what their 8th year brings!
Their staff is energetic and ready for an amazing year.
Their dance team will begin their season in January, ending it with nationals in June.

For registration information, please email them at diamondacademyofdance@gmail.com.
Your first class is always FREE!

MELISSA KNOWS MT. JULIET

There have been recent business closings here in Mt. Juliet which have gotten comments on social media of, “I didn’t even know they were there,” which saddened local REALTOR Melissa Robinson. “I have lived here my entire life,” said Robinson, “and local businesses are what makes Mt. Juliet unique and gives it the small town character and charm.” So she set to work to make a change in her community.

“After talking with family and doing some research, I got the idea to do video interviews with local businesses,” explained Melissa. Since June of 2018, Melissa has interviewed dozens of local businesses for her Facebook videos.

To see all of her videos, go to her website: livenearnashville.com or follow her Facebook page Melissa Knows Mt Juliet.

CAPELLA’S SALON BRINGS SPA EXPERIENCE TO MJ

Capella’s Salon and Spa Inc. is a family-oriented, friendly salon that offers a wide variety of services. The salon prides itself on being customer oriented and an inviting place for all to come.

Owners Cheryl and Erick Jones, who have put heart and soul into making the salon their dream come true, attribute the fun and relaxing atmosphere to their 12 independent stylists and 2 massage therapists. The salon feels like home for stylists and clients alike.

Jones said she couldn’t be more proud of her team. “They are all so very talented they stay up-to-date on current trends and techniques. We all support each other and are happy to assist each other and our clients anyway we can.”

Capella’s offers a variety of salon and spa services that have grown to include hair extensions, Brazilian blowout, and a multitude of therapeutic massage services. They carry a wide variety of products for hair including Unite, Enjoy and Milkshake.

Their location is easily accessible at 1400 N. Mt. Juliet Rd. Suite 102.

Some comments from their clients include “My hair is in the best shape ever, I get more compliments on my color and cut than ever before. The whole staff at Capella’s in Mount Juliet is awesome. I always get a confirmation call, they do their absolute best to accommodate my schedule and are always friendly. All of this in a beautiful salon with a reasonable price. You can’t beat Capella’s Salon!” “Each time I visit Capella’s Salon I have the best experience. Everyone is pleasant, courteous, friendly and the staff goes out of their way to be sure each customer is taken care of.” “I have been getting my hair done here for a while now. Always a relaxed atmosphere, very friendly. I think that all the people that work here do a great job.”

Capella’s also believes in giving back to the community that is so good to them by supporting local schools and sports teams and donating their time to worthy causes such as Pantene Beautiful Lengths Program. For more than four years they have supported the Lions club in their annual pecan sales.

For more information or to schedule an appointment, contact 615-754-0570. You can also check them out at www.Capellasalonandspa.com.
Backyard Living in Mt. Juliet is an award-winning pool service company that is celebrating its 10th anniversary. John Paul Williams took over 100 percent ownership of the business in 2016.

The company was created in 2008 as a leap of faith during a tough economy. At the beginning, the company had three weekly services, but it has grown to service more than 75 customers weekly.

The company was named as a Finalist in the Best of Mt. Juliet for Best Pool Service in 2014, 2016 and 2018, and they won the category in 2015 and 2017. They have also earned their A+ rating from the Better Business Bureau.

Backyard Living offers everything that the company offered before.

Backyard Living still offers full construction of vinyl, fiberglass, and gunite/concrete in-ground pools.

Backyard Living has had the same service staff for the past seven years with Adam Abernathy. The full repair department is headed by Eric Pryor, who is in his ninth year as service/repair manager.

They want to thank their customers for supporting them over the past 10 years and look forward to the what the future holds.

Backyard Living is located at 2320 N. Mt. Juliet Rd. They can be reached by phone at (615) 444-9000.

There has never been a more perfect time to stop in or call Backyard Living, where all of your pool needs will be answered.

2320 N. Mt. Juliet Rd, Mt. Juliet
615-444-9000 | backyardlivingllc.com
BE TREATED LIKE FAMILY
AT MULLINS REALTY

Mullins Realty Group, LLC is a locally owned and operated, full-service, family managed real estate company established in 2011 by Trent and Sherry Mullins. Their desire when opening the company was to meet the needs of homebuyers and sellers in Mt. Juliet and all the surrounding areas of Middle Tennessee with professionalism and excellent service, while continuing to maintain an uncompromising personal level of trust. Since that time, Mullins Realty Group has served hundreds of families moving into and out of the area. Their goal is to treat everyone the way they would like to be treated, and that includes more than just their clients. They always strive to treat other agents, lenders, title companies and other members of the industry and community with the kind of professional courtesy and kindness that they will always remember and always want to come back to.

On a daily basis, Sherry uses her nearly 25 years of real estate experience as Principal Broker to hire, train and motivate agents to be the best they can be. Trent obtained his license in 1998 and loves to assist in showing property, lend a helping hand to an agent in need, or lighten everyone’s mood with his easy-going nature. Their daughter, Rachel Mullins Harrell, is also a licensed agent, but she currently uses her real estate sales experience to serve as Marketing Director and Office Manager. Rachel is also a top notch photographer and is always ready when someone needs professional photos of a new listing. The three of them continually work on new ways to make the company more technologically advanced, without sacrificing the personal level of service they have become known for. As you can see, Sherry’s face may be everywhere, but it takes everyone working together for Mullins Realty Group to serve others with excellence every day.

Today, Mullins Realty Group is more than 20 agents strong and they are continuing to work hard to hire and train the right people to help you obtain the home of your dreams ... OR sell the one you have for the most amount of money in the least amount of time! “With Mullins Realty Group, we always remember there would never be an “us” without you and you’re more than just another closing to all of us ... you’re family!”

UNIQUE DECOR, GIFTS AT THE DRAGONFLY

The Dragonfly Consignment Boutique has been a part of Mt. Juliet and a member of The Chamber of Commerce since December of 2011. After relocating to 3548 N. Mt. Juliet Rd. in 2013, their business began to grow rapidly. In 2015 they leased the adjoining space and doubled their size to 4,800 square feet.

The Dragonfly sells gently used furniture and home decor items on consignment with an inventory that literally changes every day. They also carry some new items if you are looking for a quick gift idea.

The Dragonfly carries “Chalked Country” chalk paint if you are looking to update an existing piece of furniture. They also paint and sell furniture and will also custom paint your favorite piece.

The goal of owners Carla and Todd Takacs is to offer great customer service in an atmosphere not found in typical consignment stores. The store is frequented by folks looking for furniture, home decor, or simply wanting to discuss decorating ideas. They have become the hot spot for both professional and novice designers. If you haven’t shopped consignment before, you are missing a lot of great finds at discounted prices.

The Dragonfly makes it easy to make money on items you have decided you don’t need any more. When you consign, their split is 50/50. Your items will be on the sales floor for 90 days and any unsold items will either be returned or donated to local charities and fund raising events.

Since 2013, the Dragonfly Consignment has been voted by the readers of The Chronicle “Best Home Decor,” “Best Furniture” and “Best Consignment.”

The Dragonfly Consignment Boutique is located across the street from Mt. Juliet Middle School, in a shopping center with Pizza Hut and Sassy Daisy. Store hours are Tuesday through Friday 10:00 – 5:00 and Saturday 10:00 – 4:00. Call the store for more information or to make an appointment for consigning at (615) 758-4700.
Since 2011 Elite Audiology has been serving the hearing needs of the Mt. Juliet community. Dr. Jennifer McGlothlin is fulfilling her dreams of helping people to hear well in her own private practice. Elite Audiology is in its eighth year of business.

Dr. McGlothlin, a Nashville native, attended Goodpasture Christian School, earned her Bachelor of Arts in Communication Disorders from Harding University in 2001 and her Doctorate of Audiology from the University of Tennessee in 2005.

Dr. McGlothlin’s Clinical Fellowship was completed at the Children’s Hospital HEAR Center in Birmingham, AL, where she was on the Pre-Cochlear Implant Team. Upon completing her fellowship, she moved back to Nashville and began working at Middle TN Ear, Nose & Throat, where she evaluated and treated hearing and balance disorders in adult and pediatric populations. She then accepted the audiologist position at the Metro Nashville Public Health Department.

Dr. McGlothlin was inspired to start her own practice while working in the ENT setting where there was not enough time allowed to focus on her hearing aid patients due to the high volume of patients needing diagnostic evaluations. She is now able to give her patients plenty of time to ask questions, thoroughly explain their results, and let them try new hearing instruments in the office. “Improving the lives of our patients through better hearing is our mission,” said Dr. McGlothlin.

The hearing experts at Elite Audiology & Hearing Care, PLLC take the time to evaluate your hearing, explain the results, answer all your questions and find a hearing solution that fits your hearing needs, lifestyle and budget.

In addition to treating her patients’ hearing needs, she strives to educate people on what to look for when having hearing problems. Dr. McGlothlin states, “There are signs that tend to go unnoticed that can be detrimental to our patients’ health. Studies have indicated that people with hearing loss often isolate themselves and then a part of the brain is not stimulated. Adults with an untreated, mild hearing loss are three to five times more prone to Alzheimer’s and Dementia and they also have a higher frequency of falling.”

Dr. McGlothlin says there are five common warning signs of hearing loss: 1) bumping up the volume on the television or radio; 2) family or friends having to repeat themselves; 3) background noise interfering with conversa- tion; 4) trouble understanding people if you cannot see their face; and 5) music not sounding the same as you remember it. She reminds us to always listen to our loved ones… If they say it’s time for a hearing check, then it is probably a good idea to get it checked out!

Elite uses cutting-edge technology to enhance your hearing. Today hearing instruments are compatible with iPhones, iPads, Google Phones and Samsung Galaxy devices so you can make adjustments to your hearing instruments with your phone. The cell phone app even has a hearing aid finder program available in case of a lost instrument. Today, many adjustments can be made including reduction of background noise and treating tinnitus. The Tinnitus Sound Generator (TSG), also built into your hearing instrument, distracts one’s brain from the ringing or other tinnitus sounds.

Service is very important at Elite. After the hearing evaluation and fitting of the hearing instruments, patients receive four years of service, which includes: office visits, batteries, annual hearing evaluations, and re-programming of the hearing aids. Elite works with the top manufacturers of hearing instruments including: GN Resound, Oticon, Widex, Siemens/Signia, Phonak, Starkey and Unitron.

Dr. McGlothlin is a Fellow of the American Academy of Audiology and a Member of the American Speech-Language Hearing Association. She serves on the Board of the Mt. Juliet Senior Activity Center and is a member of the Mt. Juliet Noon Rotary Club. She is also a Member of the Mt. Juliet Chamber of Commerce and the Donelson-Hermitage Chamber of Commerce. She has gone through Leadership Wilson (class of 2013) and Leadership Donelson-Hermitage (class of 2017).

Outside of the office, Dr. McGlothlin enjoys spending time with her husband, Neil, and their two sons. She is active in her church and loves reading, exercise (including kickboxing and hiking), and watching UT football games.

“Keep your brain sharp and get a Hearing check-up at Elite Audiology. I am excited to have had the opportunity to serve Mt. Juliet for over seven years and I look forward to many more years in my community.”

Call 615-758-7118 to schedule your baseline or annual hearing test today (at no charge through October 2018 when you mention this article). Or take a free online screening and check out our reviews at www.EliteAud.com.
RM PRINTING PROVIDES HIGH STANDARD SERVICE

RM Printing and Promotions started doing business in Mt. Juliet 30 years ago, and is currently located at 7803 Lebanon Rd., Mt. Juliet. The company is family owned, as well as family operated; the plan is to keep the business running in this circle.

The individuals that make up this team rely on each other to get any job done; with six employees all jobs merge together to get one project done. The longest employee at this company has been there for 15 years.

After doing 20 years of business in the printing industry, the company found that print had started to go more paperless. They expanded into doing promotions for companies including cups, hats, shirts, invites, etc.

Though the company has been in business for so long, they actually have around 40 to 50 customers who have been with them since day one.

When walking into the office, it is not hard to miss the friendly bulldog or cat that will want to be greeted immediately. Some major projects that the company has had over the past few decades includes doing personal business like prints and invites for Charlie Daniels himself, and his company.

The biggest reward for them is being able to hear customers tell them that people they knew referred them. Word of mouth is something that this company enjoys to hear; because that means that their customer service is to the highest standard.

This company stands out from other printing companies due to their quality, the fact that they have never missed a due date, and how honest they are with customers. Regardless of how much a job costs or how big a job is, each one is measured equally in importance.

The company really strives to be a part of the community. They are also greatly involved with Big Brothers, and helping out at West Elementary. RM Printing and Promotions helps out when they can with fundraisers. They provide a discount price with printing or will donate the printing materials when possible.

RM Printing and Promotions appreciates their clients and the friendships they have with them.

If you want to learn more about the services the company does, they invite everyone to visit their website at www.rmprinting.com.
Legends Title Services is a full-service title insurance agency dedicated to providing their clients with quality, dependable and professional service. The firm offers guidance and expertise in all phases of real estate transactions.

From the beginning, Legends Title Services has used their expertise to provide exceptional service for real estate agents and lenders. Legends has become one of the top title companies in the Middle Tennessee area. They won the Best Title Company in the 2015 Best of Mt. Juliet and finalist in years since. The firm recently won the Top Producer Award for volume with Fidelity National Title Insurance for the third year.

The staff consists of Carolyn Christoffersen, Attorney; Jackie Heathery, Executive Director; Tammy Sexton, Senior Escrow Officer; Rhonda Paul, Executive Assistant; Sandy Mitsos, Escrow Officer; Jodie Pelley, Escrow Officer and Closer; and Christi Johnston, Escrow Officer.

The staff brings experience from Mississippi, Kentucky, Georgia, Texas, Florida and Tennessee. While they may have some demographic differences, they are all very much alike with their professional knowledge and integrity. With more than one hundred years of combined experience in the title industry, the staff gives their clients confidence in their abilities to provide the best possible service in real estate closings. All the staff is committed to live up to their motto, “Where our service is legendary.”

Carolyn Christoffersen joined the team as legal counsel in 2012. Christoffersen graduated from The University of Mississippi School of Law in 2005 and has been in practice for thirteen years. Christoffersen is involved in various organizations in the community, and serves as the Mt. Juliet City Judge.

In 2012, Legends Title moved its office location from Lebanon to the heart of Mt. Juliet. “It just seemed to be a natural progression with all the growth Mt. Juliet and Wilson County in general has seen,” said Christoffersen. “It is very important to have in house legal counsel. We are more than a title company. We are affiliated with a law practice that conducts real estate transactions. There is a definite difference in a “title company” and Legends Title Services. Legends Title is very honored to be able to assist our clients with an in house attorney.”

Tammy Sexton has been a charter employee of Legends Title since its beginning in 2008. She comes from a financial background and has 15 years in the title industry. She does an outstanding job and is senior processor and assistant manager of Legends Title.

Rhonda Paul joined Legends Title as an Executive Assistant. Rhonda has a legal background in real estate working for one of the top real estate law firms in Georgia and has many years in the industry.

Jackie Heathery joined the Legends Title team in June 2015 when she merged her title company with Legends Title. Heathery has 28 years of experience in the title industry. “I am very honored to be working with the great staff at Legends Title. They are very experienced and a very strong office that I am proud to be part of.” Heathery has served the Mt. Juliet community in various leadership roles with the Mt. Juliet Chamber of Commerce, Mt. Juliet Noon Rotary Club, several community and city boards, and is a 2009 graduate of Leadership Wilson.

Jodie Pelley has twenty years of experience in the industry with a lending background and has been with Legends Title for almost three years. Jodie has been an excellent addition to the company and brings a lot of knowledge and expertise.

Clients with complicated real estate problems created by probate or divorce also turn to Legends Title Services for solutions. They also offer classes to new agents and loan officers as this is not a textbook industry and their knowledge to be shared.

Legends Title Services is honored to serve Mt. Juliet and the surrounding Middle Tennessee area. Their office is located at 2492 N. Mt. Juliet Rd., Suite 300 and available to assist with mobile closings at no additional charge. You can reach them at (615) 449-8400 or email them at docs@legendstitleservices.com.
AFFORDABLE VETERINARY CARE

615-788-8008
WWW.AVCMJTN.COM
11314 LEBANON ROAD, MT. JULIET

HELPING CLIENTS STAY ORGANIZED

Personalized Bookkeeping and Tax Services, Inc., was named best accountant in Mt. Juliet in 2018.
Donna Blackwell originally opened Personalized Bookkeeping in 1990 at a location in Antioch. In 2007, she opened her current location at 2334 N. Mt. Juliet Road.

Though she built up her business in Mt. Juliet, many of her Antioch clients make the drive to use her services, highlighting her work ethic and how much they trust her with their information.

Donna Blackwell is an IRS Enrolled Agent, meaning she represents a variety of clients before the Internal Revenue Service. As an Enrolled Agent, she is granted unrestricted rights to represent clients before the IRS.

She is also the only Certified Acceptance Agent (CAA) in Wilson County. In this capacity, Donna Blackwell can certify passports, birth certificates and other foreign identifications for people who cannot qualify for a Social Security Number when applying with a W-7 form in order to get an ITIN (Individual Taxpayer Identification Number) which means they can leave her office with their original ID’s.

Because Personalized Bookkeeping has a large Latino market, they also have an employee fluent in Spanish, Alejandra Argueta, who can assist with clients to make their process easier.

Affordable Veterinary Care provides low cost, high quality veterinary medicine in a clean, modern environment. The veterinarians, technicians, and assistants at AVC are experienced and friendly! AVC makes it easy to provide healthcare for your animal friends.

Affordable Veterinary Care offers all routine veterinary care. Vaccinations, general surgery, and dental cleanings, as well as emergency care. AVC has electronic medical records, on-site blood chemistry and cbc machines, digital x-ray, as well as a wide array of heartworm prevention and flea and tick control for your pet. The only services they do not provide are grooming and boarding animals.

Affordable Vet Care is open Monday through Friday from 7 a.m. to 7 p.m. and Saturdays and Sundays from 9 a.m. to 5 p.m. AVC recommends appointments every day except Sundays which are reserved for walk ins all day. The prices are still the same on Sunday as they are on any other day of the week.

Affordable Veterinary Care is located at 11314 Lebanon Rd. near Kroger. To learn more, visit their website at www.avcmjtn.com or contact them by phone at (615) 788-8008.
Way back in 1963, a small group of business men and women in Mt. Juliet met over a cup of coffee and decided to start a Chamber of Commerce in hopes of building a stronger business community. In the beginning, the Chamber was more of a social networking club; however, these like-minded business people had a vision for the future. They rolled up their sleeves and with a lot of hard work and determination, began formulating programs and services which still exist today. That same spirit of innovation and the dream of a more successful business climate still drives everything we do.

For more information visit www.mjchamber.org today!
Medicare seems to be such a confusing issue to even bank CEOs and industrial engineers! There are many options and companies to choose from. Maybe some of the confusion is that one company can have a product in each of the options that you can choose from! The mail! The phone calls! The opinions from friends, family members and from people you don’t even know — it is all just overwhelming to most people and they just dread even talking about it or making a decision about their own Medicare coverage.

The role of an independent agent is to help you with your Medicare selection process and to determine the best plan for your particular situation. Your agent should spend one-on-one time with you to evaluate your needs, including your specific doctors and medications. They should explain any changes in your current plan and advise you on other plans and benefits available that might better meet your needs. They assure that you understand all the options available to you.

Independent agents should never charge you for their services. They represent many carriers for Medicare supplements, Medicare Advantage, and Part D plans. They are paid by all of the insurance companies, preventing bias towards any one plan.

An experienced independent agent should be able to clearly explain the differences between Medicare supplements versus Medicare Advantage and where Part D drug plans come into play. Not only can they explain all of the new Medicare Advantage plans available, but they can assist you in applying for extra help with your medications and/or the Medicare Savings Program, which may reduce your Part B premium or even eliminate your plan copays. These programs are dependent on income and resources, though many are unaware that they may qualify for them.

Some pay for expensive Medicare supplements, and while they may be curious about how Medicare Advantage plans work, they are hesitant to leave their current plan. The good news is that there is a federal law that allows a 12 month trial period for Medicare Advantage. If at any time during that 12 month period they want to go back to their previous plan, they can do so, even without medical questions. That makes it easy to try something new and less expensive, with nothing to lose.

Your agent may suggest that you stay on your current plan, in which case no action is necessary. In other cases, they may determine that you could benefit from changing to another plan. Some examples of extra benefits include dental and vision coverage, hearing aid benefits, gym memberships, over-the-counter products, meal delivery after hospitalization, no referral requirement, transportation, and more.

There is no disadvantage to seeking the services of a qualified independent agent to review your needs and compare your current plan with other policies available. At the very least, you may leave with a better understanding of how Medicare and your own plan works. At best, you could find a better plan that saves you money and/or gives you needed benefits — and an agent who is a valuable resource you can call with questions throughout the year.

IMS is a qualified independent agency with more than 35 years of experience in Medicare products. They represent more than 20 carriers of Medicare supplements and every Medicare Advantage plan available in Tennessee. They are conveniently located at 2365 N. Mt. Juliet Road. Their friendly, helpful, and knowledgeable agents will be happy to spend time with you to discuss your specific needs. Give them a call at 615-758-8100 to set an appointment. Plan information is available beginning Oct. 1. You have nothing to lose, but so much you could gain!